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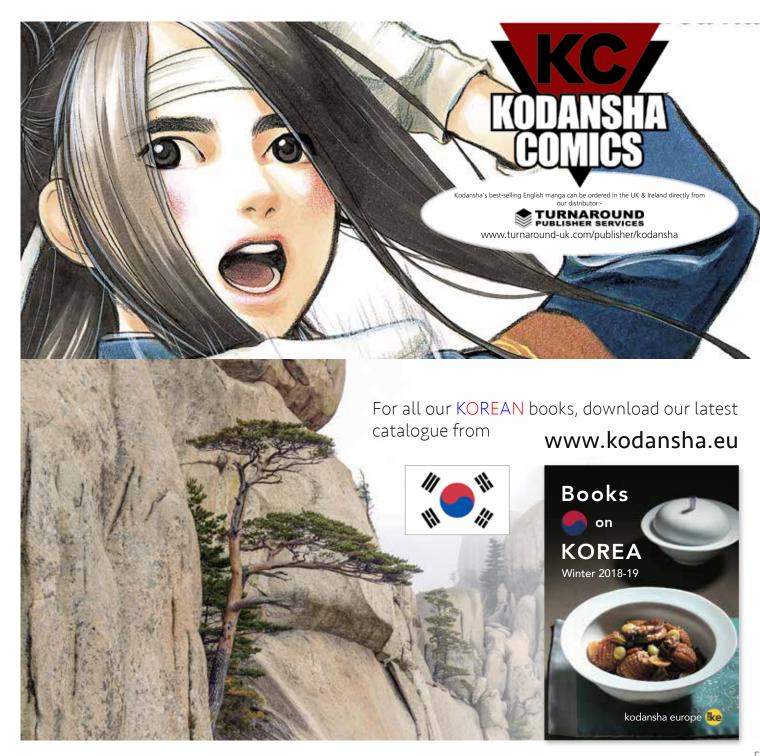
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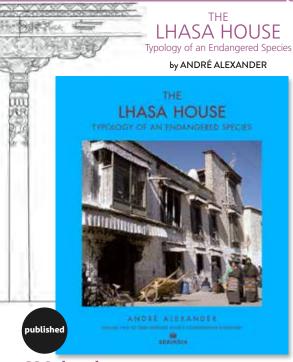
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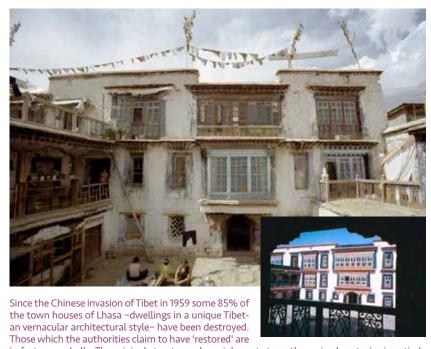


larchitecture



£90 hardcover; 408 pages; 279 x 235mm; 475 colour, 61 b/w photographs; 585 plans + elevations; 11 maps; **isbn 978-1-932476-84-2**

By January 2010, this had dwindled to less than 100.



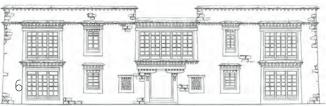
in fact mere shells. The original structure whose inherent strength survived centuries is entirely gone, to be replaced by a concrete and steel frame whose interior bears little or no resemblance to the original, and whose faux-Tibetan façade serves to deceive the casual observer while furnishing those wielding the power with plausible policies to defend, if required.

The Tibetan capital of Lhasa is more than just a city of timber and stone, glass and steel. For centuries, Lhasa's prestige and influence as both cradle and centre of Tibetan Buddhism gave it a pivotal role within Tibetan civilisation. Contemporary Lhasa is a deeply troubled place, and questions of cultural identity play no small part in the conflicts of interest behind the troubles.

The present work examines a particular indigenous type of architecture that has developed in the Tibetan capital. This is not the somewhat more well-known monastic architecture of Lhasa. This book is concerned with the traditional vernacular architecture, in the form of the historic Lhasa Town House, as it was built and lived in from the mid-17th to the mid-20th centuries. The traditional society that created the Lhasa House abruptly ended with the fundamental events of the year 1959. According to the earliest existing proper survey of the city, Lhasa in 1948 consisted of around 700 traditional Tibetan town houses. In 1993, little more than 300 of these remained.

This work defines the Lhasa House as a distinct variety of traditional Tibetan architecture by providing a technical analysis, discussion of the cultural framework and the development of a typology. It starts with an account of the circumstances under which data has been gathered on site and describes the available source materials and methodologies used. Next comes a brief overview of the spread of Tibetan civilisation and general information about Tibetan architecture, based on secondary sources and own observations. Then is a detailed history of the city of Lhasa from its founding in the 7th century to the present day, compiled from both secondary and primary sources. Then follows important new research about the city and society of Lhasa around the time of the 1948 survey. It includes information about the organisation of artisans and the construction of traditional houses in Lhasa based on hundreds of interviews conducted over a decade.

The architectural surveys form the core: photographs and descriptions of 127 historic buildings, arranged in form of a typology. The data is used to explain fundamental characteristics of structure and form of the Lhasa House. The last part describes the decline of the Lhasa House. The work concludes by summarising the cultural significance of Lhasa's architecture.







This book looks at a particular type of indigenous architecture that has developed in the Tibetan capital Lhasa. The focus is not on the relatively well documented monastic architecture, but rather on the vernacular residential architecture in the form of the historic Lhasa Town House, as it was built and lived in from the mid-17th to mid-20th century. The book defines the Lhasa House as a distinct variety of traditional Tibetan architecture by providing a technical analysis and discussing the cultural framework and the development of this endangered typology.







André Alexander was born André Teichman in 1965 in Berlin, where his background did little to suggest a future as a scholar. Although he studied History and then Architecture at university in the city, he did not complete his studies. Instead he was more interested in becoming a comic book artist: a favourite character was the sailor Corto Maltese, who he often emulated in dress. Shortly after Tibet opened up for the first time to tourists in 1987, he travelled there as a backpacker. On October 1 that year he happened to be in the main square in Lhasa when the first major protest of the modern era broke out; he narrowly avoided being shot when police opened fire on the crowd, leaving 10 protesters dead.

Teichman (who wrote under his grandfather's surname, Alexander, and eventually adopted it as his own), gradually took a serious interest in Lhasa, spending extended periods there and paying attention to the physical fabric of its buildings. At that time the old city was still mostly preserved: "One could easily get lost in the narrow winding alleyways framed by low whitewashed stone buildings," he wrote. But as he returned, things changed. "On each subsequent visit, houses had vanished – stone by stone, block by block, alley by alley." Alexander became determined to draw the old city's buildings and to list their features: in 1993 he produced a complete inventory of every remaining historic home in Lhasa with British friend Andrew Brannan. This they compared with those structures on the hand-drawn map of the city produced in 1948 by Peter Aufschnaiter and Heinrich Harrer (whose celebrated sojourn in Lhasa is recounted in Seven Years in Tibet).

Alexander and Brannan's modern initiative, then called the Lhasa Archive Project, proved timely: of the more than 400 buildings they described in 1993, only 150 or so were still standing by 2001. The rest had been demolished in the frenzy of urban construction that characterised Chinese modernisation in those years, and which assumed – incorrectly, as Alexander showed – that concrete replica buildings would be more suitable for the climate and more popular than renovated traditional courtyard houses.

Alexander was not content with merely chronicling the loss of Tibetan heritage – he became committed to reversing it. In 1996, with the Portuguese artist Pimpim de Azevedo, and helped by the British Tibet scholar Heather Stoddard, he founded the Tibet Heritage Fund. It was under the banner of this organisation that he achieved what other Western experts had previously considered impossible: persuading, through charm and persistence, several leading officials in the Lhasa government to permit preservation work, despite the general reluctance of Chinese officials in Tibet to agree to cooperation with foreigners there.

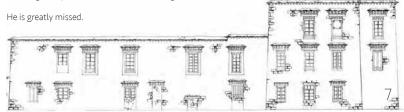
Alexander's approach was entirely different from that of most conservationists, focusing not on state monuments but on buildings used by local Tibetans. He showed that such repair work could rejuvenate communities as well as their fabric. They located the few remaining Tibetan craftsmen in the city and raised funds to pay for younger Tibetans to learn the ancient Tibetan arts of building and construction. By 1998 they had created a workforce of up to 300 Tibetan craftsmen in the city, renovated 20 historic buildings, and persuaded the local government to list a total of 93 others as protected sites.

As the work of THF became better known, it received funding from the German government and UNESCO, among others. However, in 2000 the government in Lhasa (possibly because of growing international concern about its demolition programme) abruptly threw Alexander out of Tibet, replaced his workforce with its own team, and denied the Tibet Heritage Fund further permission to work there

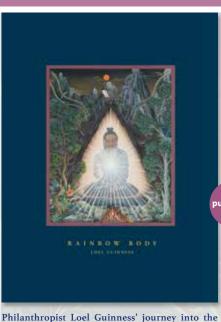
Alexander did not let this dismay him. Instead he applied himself to saving buildings, both religious and secular, in other areas of the Tibetan cultural world. He and de Azevedo launched renovation projects in eastern Tibet (now part of Qinghai and Sichuan provinces in China), Mongolia, Ladakh and Sikkim, as well as a conservation project involving residents in three traditional areas of the old city of Beijing.

In particular THF assisted local communities in recovery from the earthquake in Yushu (Qinghai) in 2010 and the flash floods in Ladakh (north-western India) that same year. Their work was recognised by a United Nations Best Practice Award, three UNESCO Heritage Awards, and the Global Vision Award.

Alexander became an architectural authority, defying those who emphasise the preservation of religious architecture while ignoring lay heritage. His publications include *The Temples of Lhasa* (Serindia, 2005) and *A Manual of Traditional Mongolian Architecture* (THF, 2005); *The Beijing Hutong Conservation Study* (THF, 2004); *The Old City of Lhasa* (THF; 2-vols., 1998, 1999); as well as countless field reports and articles. In 2011 Alexander was featured in the BBC television series 'Heritage Heroes'. André Alexander, who had been in good health, died suddenly in Berlin after suffering a suspected heart attack in 2012, age 47.



iconography: bön religion



RAINBOW BODY

by Loel Guinness

£IIO; large format hardcover 304 pages; 340 x 260mm; all-colour: 68 colour plates endnotes; bibliography; glossary; index

isbn 978-1-932476-87-3

published

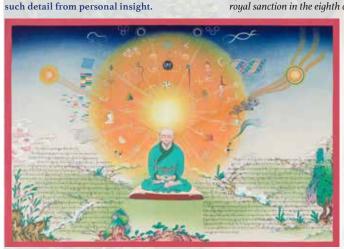
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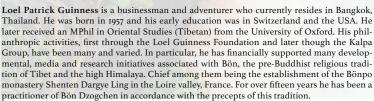


SERINDIA.

Bön (Wylie: Bon) is a Tibetan religion almost indistinguishable from Tibetan Buddhism in terms of doctrines and rituals, but differing in nomenclature, religious authority and historical tradiacademic study as well as physical experiences in the high Himalaya is stunningly evoked in this deluxe work of extraordinary depth and colour. Never before has Bön Dzogchen been revealed in such detail from personal insight.









Dzogchen (Wylie: rDzogs chen) or "Great Perfection", Sanskrit equivalent: Atiyoga, is a tradition of teachings in Tibetan Buddhism aimed at discovering and continuing in the natural primordial state of being. It is a central teaching of the Nyingma school of Tibetan Buddhism and of Bön. In these traditions, Dzogchen is the highest and most definitive path of the nine vehicles to liberation.



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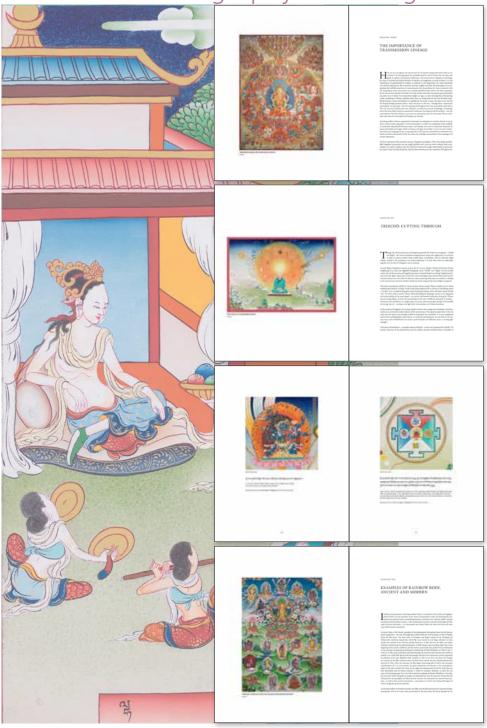
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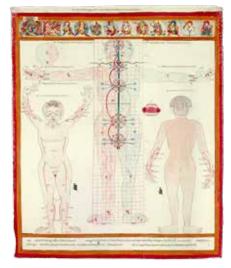
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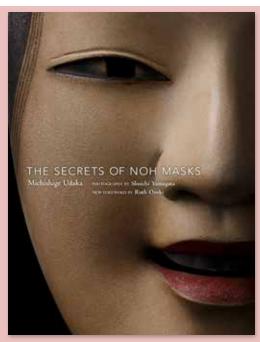


There is no better illustration of the radical transformative power of the ancient Tibetan contemplative teachings of Dzogchen than the extraordinary phenomenon of bodily disappearance or "rainbow body", which is considered its ultimate fruit. In this groundbreaking study of rainbow body in the Bön tradition, which is the first of its kind in a western language, the neophyte reader is guided into the profound insights of Dzogchen, while all the components required to understand this most mysterious and enigmatic of phenomena are laid out gently and methodically.

Illustrated by unique thangkas commissioned especially for this study, the book's emphasis is on clarity of exposition. Simple enough for the layman, but detailed enough to do justice to these ancient and subtle traditions, Rainbow Body serves both as an introduction to Dzogchen, and as a ground-breaking study, based on Tibetan textual sources, of its ultimate fruit. It is offered to the public in the hope that as many people as possible may benefit from the profundity of this ancient wisdom. For as the author states in his preface:

"Dzogchen is not just for monks. It is as suitable for the businessman, the academic, the adventurer, or the practitioner. The insights of Dzogchen are relevant for all".

lart: noh masks



THE SECRETS OF NOH MASKS

by Michishige Udaka photography by Shuichi Yamagata

Nov. 2018

£20 pb

first softcover edition isbn 978-1-56836-590-9

252 x 190 mm; 164 pages: 144 colour pages, 100 colour photographs; 32 masks.

Noh master Michishige Udaka is the only living actor to continue to create masks while still performing and teaching. In this book he presents 32 of the more than 200 masks he's made to date, accompanied by compelling revelations about the masks and the highly nuanced ancient dramatic art of Noh itself. Ruth Ozeki, who studied Noh theatre under Udaka in Japan, has contributed a new Foreword to further complement the stunning photographs.



Noh, in which few performers employ a range of intricately understated movements and gestures to weave myriad tales on a compact stage, must be one of the world's most elemental forms of theatre. Its superficial simplicity, with only a very limited number of stage props and sets, has been a factor in masks playing a sustaining and central role. Noh masks, with their unique and nuanced fusion of real and imaginary, may be carved from wood to fixed designs, but the subtle movements of a talented, well-trained actor render them infinitely expressive. Making a Noh mask demands profound insight into the relevant role, combined with an original interpretation. While on stage, the mask must embody the actor's intentions perfectly. To fulfill these two requirements simultaneously and add an extra dimension to his performances, Michishige Udaka makes his own masks. He is the only Noh master to do so, and his book presents rare insights into the heart of soul of both masks and Noh itself.







Noh 「能」—its name derived from nō, meaning "talent" or "skill"— is one of the oldest extant theatre forms in the world, having been performed since the 14th century, when it was formalised by Kan'ami and his son Zenami. It is unlike Western narrative drama. Rather than being actors or "representers" in the Western sense, Noh performers are simply storytellers who use their visual appearances and their movements to suggest the essence of their tale rather than to enact it. Little "happens" in a Noh drama, and the total effect is less that of a present action than of a simile or metaphor made visual. Educated spectators know the story's plot very well, so that what they appreciate are the symbols and subtle allusions to Japanese cultural history contained in the words and movements. Needless to say, the most iconic feature of this unique performing art is the MASK itself....

A RARE INSIGHT INTO BOTH THE THEATRE OF NOH AND ITS UNIQUE MASKS, BY THE ONLY ARTIST WHO IS AN ACKNOWLEDGED MASTER OF BOTH

Michishige Udaka, a *shite*, or leading role Noh actor, is a member of the Kongo School, where he was apprenticed to Iwao Kongo 11, the late hereditory head (*'iemoto'*) of the school. At present, Udaka is the only Noh maskmaker who also performs on stage. For his contribution to the arts, Udaka has been designated a *National Intangible Cultural Asset* by the Japanese government. In addition, he teaches actors, dancers, designers, mask-makers, musicians, psychologists, and scholars from all over the world at the International Noh Institute, which he founded in Kyoto in 1986.



This first softcover edition of the 2011 original offers the reader a surprisingly profound appreciation of the depth of nuance of the elements comprising this inimitable performing art. This is achieved not only through the author's telling of his own story, but through the stunning visual feast which the photos present. Noh is, after all, a highly visual art form.





"Noh masks are not mere props but the face of living beings."







Known as 'Noh-men" 「能面」 in Japanese, these stylised, beautiful creations are art forms in their own right and the artists are greatly admired. They are carved from blocks of Japanese cypress, or "hinoki", and painted with natural pigments on a neutral base of glue and powdered seashell. There are approximately 450 different masks, mostly based on sixty genres, all of which have distinctive names. Noh masks signify the characters' gender, age, and social ranking, and by wearing masks the actors may portray youngsters, old men, female, or nonhuman (divine, demonic, or animal) characters. Only the shite, the main actor, wears a mask in most plays, even though the tsure, or supporting actor, may also wear a mask in some plays to represent female characters.

cooking: fine cuisine



This is the fourth book in the series and the second of two dedicated to mastery of the crucial art of cutting techniques. While the first book looked mainly at fish; this one begins with some remaining fish genres, then eels, lobster, crab, and prawn, on to poultry and finally vegetables – including the intricate decorative skills Japanese cuisine excels in. FOR SERIES - see pages 22-24.

This book is part of the Japanese Culinary Academy Complete Japanese Cuisine series, which aims to set forth the fundamentals and background of traditions and techniques. The focus here is on the cutting techniques for fish, crustaceans, shellfish, poultry and vegetables: a subject that has not received detailed attention in most national cuisines.

Japanese precision in butchery and decorative skills are recognised features of the natuonal cuisine. In a traditional Japanese restaurant, the term mukoita encapsulates these skills. The mukoita chef is steeped in knowledge of the flavour, aroma, and texture distinctive of each kind of ingredient and trained to know how to enhance its umami while preserving freshness. The mukoita chef holds the highest status in the preparation of washoku cuisine. In every detail of the techniques, moreover, are arts for presenting this simple fare in an attractive manner.

This book presents widely used cutting techniques in Japanese cuisine, with detailed photographs of the processes. It provides a systematic guide to all aspects of preparation for the professional or highly-skilled amateur.





"The sharpness of the knife is an important determining factor in the flavour. The cleanness of the cut makes for fine differences in sensation that can be appreciated on the palate."

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978-4-908325-09-0 (English edition) 978-4-908325-10-6 (Japanese edition)

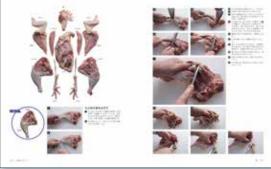
288 x 218 mm; 256 pages; full colour throughout: 1,116 colour photographs; includes basic knife skills & care; covers fish, shellfish, crustaceans, poultry, vegetables; endmatter includes glossary, index & conversion tables (from metric).

published by SHUHARI, publishing arm of The Japanese Culinary Academy

'By Chefs For Chefs'







travel writing



A CLASSIC OF THE TRAVEL WRITING GENRE

- This book was a massive bestseller on both sides of the Atlantic, and is considered a classic of travel writing.
- Osa's text is charming and conveys the danger and excitement of their adventures. The love they shared also shines through.
- New black and white photos have been added to this edition, as well as other material such as original letters written by the Johnsons.
- The Johnsons were national celebrities of their time: their films, lectures, and writings attracted huge audiences.
- In addition to their film work, the Johnson's were pioneers in aviation and aerial photography. Osa Johnson is included in the National Air and Space Museum's "Women in Aviation and Space History" exhibit.
- The Martin and Osa Johnson Safari Museum opened in Chanute, Kansas (their hometown) in 1961.
- They helped develop the Africa exhibits at the American Museum of Natural History; some of their films and photos are housed in the Museum's archives.
- Osa was considered a fashion icon and entrepreneur: she was named one of America's 12 best dressed women in 1939, and launched safari-inspired clothing and jewellery.

I Married Adventure

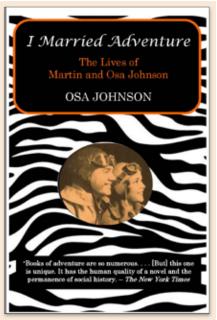
The Lives of Martin and Osa Johnson



£17.99 PB; 978-1-56836-587-9

 218×136 mm; 432 pages; 64 pages b/w photos; 138 original photos taken by the Johnsons.

First published in 1940 by J.B. Lippincott Company. Revised edition published in 1989 by William Morrow, and by Kodansha in the 'Kodansha Globe' series in 1997. This Kodansha USA edition is revised to include additional photographs, original letters &c...



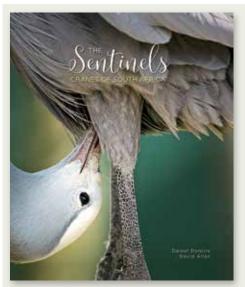
The original 1940 best-selling travel writing classic story of love and adventure, supplemented with additional black & white photos, intimate letters and more...

With Martin holding the camera and Osa wielding the gun, these two native Kansans documented the indigenous people and wildlife they encountered in groundbreaking films such as "Among the Cannibals of the South Pacific" (1918) and "Simba" (1928). Osa's engaging and exciting text is complemented by scores of the dramatic black and white photos that made the couple famous. After Martin's death in a 1937 plane crash, Osa carried on alone. One of several books written by her, this was thie biggest-selling non-fiction title of 1940 and is considered one of the finest examples of the travel-writing genre.

"Books of adventure are so numerous... (but) this one is unique. It has the human quality of a novel and the permanence of social history." — THE NEW YORK TIMES

THE CLASSIC MEMOIR OF TWO PIONEERS Before Joy Adamson went to Africa, before Margaret Mead sailed to Samoa, before Dian Fossey was even born, a Kansas teenager named Osa Leighty married Martin Johnson, a photographer just back from a round-the-world cruise with Jack London. Together the Johnsons flew and sailed to Borneo & the South Seas, to Kenya, and to the Congo, filming Simba (1928) and other popular nature movies, with Martin behind the camera and Osa holding her rifle at the ready in case the scene's big game star should turn hostile. This bestselling memoir retraces their careers in rich detail, with precisely observed descriptions and startling, sometimes distressing anecdotes. Illustrated with scores of the dramatic photos that made the Johnsons famous, it's a classic bestseller available once more – a book that should hold pride of place in every travel-writing library.





A stunningly illustrated account of the 3 species of Southern African crane: the Grey Crowned Crane the Blue Crane & the Wattled Crane



The Sentinels Cranes of South Africa

Daniel Dolpire (photography) David Allen (text)

£39 hardcover French-folded dust jacket isbn 978-0-639-94733-4

OCTOBER 2018

305 x 260 mm; 176 pages; all colour. 164 colour photographs 5 maps





In September 2013, photographer Daniel Dolpire set off on a passionate odyssey that would consume the next five years of his life. The Sentinels – Cranes of South Africa is the culmination of that epic journey. It is little wonder that cranes so captivated Daniel's heart. These are amongst the most stately and spectacular of all birds. The largest of them are the tallest flying birds on the globe. Their plumage is typically striking and the family is acclaimed for the intricate patterning on their faces and heads. The habits of these elegant birds are no less entrancing. Their joyous and acrobatic dancing is simply breath-taking. The sounds of their resonant trumpeting calls are amongst the most powerful and evocative in the avian world

Sadly, cranes also feature amongst the most threatened of birds. No less than II of the world's 15 species are now considered in danger of extinction. The main dangers come from the wanton destruction of the expansive wetlands that these birds are so reliant on for their continued survival. But other perils intrinsic to our increasingly crowded planet also take their toll. The demise of cranes is by no means unavoidable though. They are adaptable animals capable of living alongside humans if they are afforded a measure of tolerance.

South Africa supports three crane species. The courtly Blue Crane occurs nowhere else in the world and is the country's national bird. The majestic Wattled Crane is one of the most critically endangered birds in South Africa. The ornate Grey Crowned Crane is one of the world's most beautiful birds but, worryingly, it seems to be decreasing across its broad African range even faster than the other two species. The Sentinels is a photographic festival celebrating the beauty and uniqueness of these remarkable birds. Daniel travelled through the heart of South Africa's 'crane country' meticulously documenting these birds in their natural habitat. He shares with us priceless images of cranes as they go about their daily routines. Daniel draws us deep into the hidden lives of these species, revealing the most intimate details of their activities. Towards the end of the project, Daniel brought in local ornithologist David Allan to ensure that the volume was underpinned by a scientifically rigorous text.

The Sentinels provides an unmatched window into the allure and wonder of South Africa's cranes and focuses our attention on the very real dangers they face.



Daniel Dolpire gave up a successful business career to focus his energy and passion on becoming an accomplished nature photographer. In 2013 he became captivated by cranes and undertook to photograph all 3 South African species, a task which took him 5 years. Often rising long before dawn and finishing a shoot after sunset, he captured tens of thousands of images

and travelled many thousands of kilometres. The project became an endeavour of epic proportions as he realised the importance of these birds as sentinels of the fragility and health of our natural resources, particularly wetlands and water catchments. The Sentinels provides insight into the threatened life of cranes and their habitats – a world that we need to protect and nurture. We owe him a huge debt of gratitude.

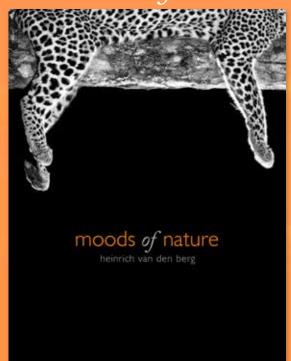


David Allen has been Curator of Birds at the Durban Natural Science Museum for 22 years. Before this he worked for nearly a decade at the FitzPatrick Institute of African Ornithology and the Avian (now Animal) Demography Unit, both at the University of Cape Town. His research at the former was mainly on Blue Cranes and formed the basis of his MSc degree. During his ornithological career he has worked on raptors and threatened Highveld birds and developed a close in-

terest in cranes, working on Wattled Cranes in the Steenkampsberg. The author of several books on birds of prey, David has also written a volume on geographical variation in southern African birds. He was a co-editor of The Atlas of Southern African Birds, a landmark two-volume treatise, and has a wide range of additional publications to his credit, both scientific and popular. He has been a regular contributor to the magazines Africa: Birds & Birding and African Birdlife.



moods of nature heinrich van den berg (text+images)



The MOOD colour of nature is that of the sunset. Heinrich van den Berg's eloquence in the black & white medium is brilliantly juxtaposed with natural orange to evoke the soul of every subject, living & eternal.

£45 hardcover with French-folded jacket isbn 978-0-639-94731-0 338 x 265 mm; 144 pages; printed in full colour:

105 b/w photographs 9 colour photographs

- free-verse text elevates the moods of nature
- 8-page insert contains captions and comments



The Nature Series consists of four books: Art of Nature (p. 56), Shades



The huge success of the duotone-printed masterpiece **Shades of Nature** (p. 55) revealed an epiphany Heinrich had experienced with black and white photography. In his own words:

"The breakthrough for me came when I discovered that the medium of black and white is not based on subtraction, but addition. When converting a colour image into a good black and white image, you need to add more to the image than the colours you remove. I realised colour sometimes hides a photograph's deeper meaning. It tends to mask emotion and character, and when you convert an image to black and white correctly, that emotion and character magically appear. For me black and white is not about sight, but about the deeper emotion. Colour photography is like a novel that spells everything out in detail, whereas black-and-white photography is like poetry – its strength isn't in what's said: it's in what's left out."





Oct. 2018

black & white photography at its finest





THE BIG SEVEN ADVENTURES IN SEARCH OF AFRICA'S ICONIC

SPECIES Gerald Hinde (photos) Will Taylor (photos + text)

£45 hardcover; French-folded jacket; isbn 978-0-639-94732-7

300 x 250 mm; 176 pages; all colour; 106 super-high definition photos; finest repro & binding





The traditional "Big Five" are Leopard, Rhinoceros, Buffalo, Lion and Elephant: add Cheetah and Wild Dog for "The Big Seven".

Gerald Hinde & Will Taylor

The Big Seven





The Big Seven are the most exciting, charismatic and, in some cases, dangerous of Africa's big game species. This book covers the lives of these animals and the authors' adventures in both words and photographs to bring the experience of tracking down the Big Seven to life. Filled with magnificent imagery and evocative text, this book offers the reader a rare and intimate insight into the lives of these magnificent animals.

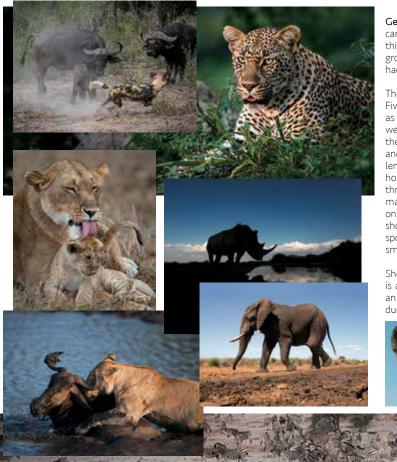












Gerald Hinde and **Will Taylor** have spent over thirty years recording African animals, people and landscapes in both moving and still imagery. Over this time, it became clear that they were particularly drawn to a specific group of the most intriguing, exciting, dangerous and rare animals they had photographed.

The classification of lion, leopard, rhino, buffalo and elephant as the Big Five has always had associations with a hunter's world. However, they felt, as photographers, that there were, in fact, seven species of animal they were most interested in seeking out and recording on film. The addition of the increasingly rare cheetah, with its blinding speed and natural elegance, and the exciting, ruthless wild dog with its complex social society and relentless hunting style, has created The Big Seven. Within these pages they hope to have captured not only the lives of these animals, but also the thrill of their adventures over years in the company of Africa's most charismatic and fascinating animals. The text and photographs aim to take you on a journey, and make you feel as if you are present, rather than just to showcase images: to feel the dappled light of the riverine forest as a lithe, spotted cat slinks by your vehicle, or to feel the thunder of hooves and the smell of dust as a herd of buffalo take flight from a pride of hunting lions.

Shot over fifteen years throughout Africa's big game areas, The Big Seven is a collection of these photographers' best and most exciting work, and an insight into some of the adventures and close calls they had while producing it.









art photography

MERCHANTS in MOTION published Loes Heerink

Merchants in Motion The Art of Vietnam's **Street Vendors** by Loes Heerink

978-988-14938-6-6

Hardcover with Jacket

245 x 195 mm; 168 pages; full colour throughout: 144 colour photographs;

hardcover



Dutch photographer Loes Heerink has captured the street vendors of Hanoi from a unique vantage point. The result is this stunning collection of colours and shapes set against the tarmac grey of the city's roads. Together with short interviews with some of the vendors, Merchants in Motion portrays an essential part of the enduring charm of the Vietnamese capital.





"On numerous occasions I tried to take a picture of the vendors. But I wasn't happy with the results. There was too much going on in the background: stores, people, trees, trash, houses, motorbikes. I decided to find a higher vantage point and eliminate all the background noise and just have the bike and the vendor in the photograph. While waiting on the bridges my obsession grew. From above you could perfectly see how well everything was arranged. And because I was spending so much time waiting I got a glimpse in the lives of the vendors. They talked a lot to each other, greeted each other and sometimes I saw vendors who were walking together. I even got to talk to some of the vendors. Such incredible stories! And they were so nice and

grateful. And I loved how they just opened up to me. These women were away from home a lot, had to work so hard for many hours and when I asked how they felt about their work they told me they liked the flexibility! It made me feel a little bit spoiled. If I had to walk 20km every day carrying around 50kg on my shoulders, I think it would break my back! I have so much respect for these vendors. I can't believe they let me into their lives by telling me their story. And now I get to tell it to you."





Loes Heerink (1989) is a Dutch photographer currently based in the Netherlands. She picked up photography in her teens and never got rid of her camera. From 2012 till 2015 Loes lived in Hanoi. The Vietnamese capital with its vibrant street life proved a photographer's dream, resulting in this amazing, idiosyncratic book.





sprin season . On a good day I self amond wight have been quate picky and abmanding



buddhism

THE BUDDHIST SOCIETY see also pages 29-30

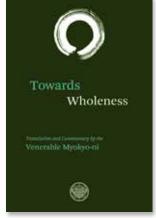
TOWARDS WHOLENESS

Translations and Commentary by the Venerable Myokyo-ni

The Venerable Myokyo-ni wrote several books that describe Zen practice in an accessible and clear-minded way. She stressed that Zen was part of Buddhism, as all schools were true to the same core principles: "Many schools; one way." Before her travels to Japan, she had undergone Jungian analysis, and spoke of Buddhist practice as a way of transforming the psyche and bending the heart towards compassion and wholeness.

Towards Wholeness collects nineteen essays by Venerable Myokyo-ni which explore her thoughts on Zen Buddhism and its place in daily life. It includes her well-known analysis of the Bull-Herding Series, as well as pieces on Jung, meditation, Zen practice and study. Essays such as The Quest for Wholeness, The Need for Transformation and Going Beyond provide further examples of Myokyo-ni's incisive and insightful thinking, always rigorous but often deeply compassionate.

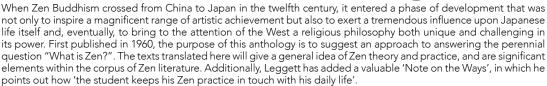
The Venerable Myokyo-ni (1921–2007) whose name means 'mirror of the subtle nun', was born Irmgard Schloegl in Leitersdorf, Austria. She received a PhD in physical sciences from Graz University and then came to England in 1950, where she lectured in mineralogy at Imperial College, London. After becoming interested in Buddhism she joined the Zen class at The Buddhist Society. In 1960 she travelled to Japan and underwent Zen training at Daitokuji in Kyoto. She was ordained as a Rinzai Zen Buddhist nun in 1984. She later became head of the Zen Centre in London and wrote several books describing Zen practice and translated a key Chinese Rinzai text by Lin Ji.



£12.99 PB: isbn 978-0-901032-49-2 195 x 150 mm; 288 pages

A FIRST ZEN READER

by Trevor Leggett (published in association with the Trevor Leggett Adhyatma Yoga Trust)



The author's inimitable strength lies in his ability to render Japanese Zen thought accessible to a wide readership through his translations and interpretations. He lays no claim to being a Buddhologist. The essence of this book is represented principally by two contributions, the most extensive being Rinzai Master Amakuki Sessan's interpretation of Hakuin's 'Song Of Meditation' (坐禅和讚 Zazen Wasan), supported by the then Soto Head Takashina Rosen's essay on teaching and practice. However, this anthology and commentary of Leggett's remains the most efficacious introduction to Zen for general readers. As he himself declares in his introduction:

"the sentences and paragraphs are thrusts designed to awaken the sleeping prajña wisdom. When it wakes, the Buddha

nature is recognised... This, and not discussion, is the aim of the authors".

a first zen reader Translated by Trevor Leggett

isbn 978-0-901032-50-8; £12.99 PB

195 x 150 mm; 240 pages

A SECOND ZEN READER

(published in association with the Trevor Leggett Adhyatma Yoga Trust) by Trevor Leggett

Every page of this profoundly erudite book is written with compelling insight. There are five sections, each reflecting in depth a different emphasis by a particular Master or School of Zen. The most important section is the first, an inspired and inspiring commentary on a sūtra considered by some to be the very kernel of Mahāyāna Buddhism: the Heart Sūtra [般若波羅蜜多心經 Prajñāpāramitā-hrdaya-sūtra].

PART ONE

On the Heart Sutra: a commentary by Abbot Obora of the Soto Zen sect (contemporary)
I. The Immutable Scripture

- The Circle of Life
- 3. Awakening to the Character of our Individuality 4. The True Character of the Human Self
- 5. Transcendence 6. The Experience of Emptiness

- 7. The Bodhisattva Spirit 8. The Experience of Nirvāna 9. The Power of Prajñā

Yasenkanna (method of physical and spiritual rejuvenation) - by

1. Introductory Note by the Translator
2. The Preface, by Cold Starveling, a disciple in Poverty Temple

3. Yasenkanna ('a chat on a boat in the evening'), by Zen Master Hakuin

PART THREE

The Tiger's Cave and other pieces

I. The Tiger's Cave

2. The Lotus in the Mire

3. Poems by Zen Master Mamiya

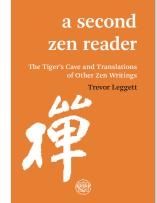
4. The Dance of the Sennin Immortals Maxims of Saigo

Zen by Takashina Rosen, Primate of the Soto Zen sect (contempo-

rary) I. The Sermon of No Words

2. Stillness in action

From a Commentary on Rinzai-roku classic, by Master Omori Sogen



isbn 978-0-901032-50-8; £12.99 PB 195 x 150 mm; 240 pages

JCA's Complete Japanese Cuisine

THE JAPANESE CULINARY ACADEMY'S

COMPLETE in 9 Volumes JAPANESE CUISINE £50 /vol. HB

4 volumes published: remaining volumes 2019 ~ 2023



Available in English and in Japanese Editions...

Unprecedented. Multi-Volume. For ALL Professionals.

A richly illustrated multi-volume series dedicated to revealing every aspect of the fine art of traditional Japanese cuisine to the world in full and practical detail.

Already published:

Scheduled for 2019~2023:



published in April 2018:



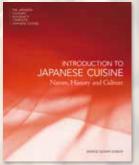
index.



These two books present widely used cutting techniques for fish (Mukoita I) and other key ingredients in Japanese cuisine (Mukoita II), centring on those practised by the mukoita or cutting chef, with detailed photographs of the processes. The first book provides a systematic guide to the preparation of sashimi and other dishes, from the spiking of freshly caught fish, to filleting or dividing the fish into its parts, and slicing fillets. The second teaches the techniques for other seafood (like octopus, squid, crustaceans, shellfish...), poultry (such as chicken, duck, quail) and a huge variety of different vegetables - not only for food prep, but also to carve the edible seasonal decorations that are such an intimate part of presentation in Japanese cuisine.

JCA's Complete Japanese Cuisine

October 2015 978-4-908325-00-7



True Japanese cuisine cannot be understood –let alone mastered– without an understanding of the culture from which it evolved. This first volume in the series is therefore dedicated in its entirety to cultivating an appreciation and empathy that will create the essential foundation upon which the chef's skills introduced in subsequent volumes can be built.

Also available in Italian: 978-4-908325-01-4 **and Japanese:** 978-4-908325-02-1

April 2016 978-4-908325-04-5



Japanese cuisine is built around flavours and seasonings derived from umami-rich natural ingredients such as miso, dried fish, varieties of seaweed, shiitake mushrooms and many others. Clearly this is a crucial next step to mastering and understanding Japanese cuisine for any chef. This richly illustrated book offers insight, demonstration, instruction and ultimately familiarity with the essence of Japanese food taste and harmony.

Available in Japanese: 978-4-908325-05-2











"by chefs for chefs"

Japanese cuisine is inextricably tied to the bounty of nature and the cycle of the seasons. This amazing series offers the chef a rare opportunity to gain mastery of all its many technical aspects and challenges. Uniquely, the first book Introduction to Japanese Cuisine is dedicated entirely to the cultural environment of Japanese cuisine and presents a rare opportunity to gain empathy for and understanding of this culture – essential to anyone aspiring to create dishes to the same level of expertise as Japan's top chefs.

There is no doubt that interest in Japanese food has really burgeoned in Europe over the last 15 or 20 years. Perhaps the health benefits were an important catalyst in the growth of its popularity, but large numbers of people now appreciate Japanese food for its intrinsic good flavours and textures born of its sensitivity to season, freshness and presentation. The last 20 years have seen a lot of Japanese cookbooks appear from local publishers across Europe, with a noticeable accent on ease of preparation and a contemporary fusion style, interacting with local tastes and ingredients. Yet at the same time professional chefs have become increasingly influenced by Japanese cuisine and it is conspicuous how frequently the TV chefs have been referring to it in their shows. The words 'dashi' and 'umami' have even entered the English language! This has contributed to an increasing demand for a reference source on more 'pure' Japanese cuisine.

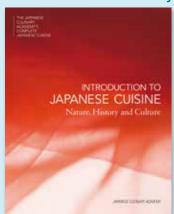
This epic project from the Japanese Culinary Academy and its publishing arm Shuhari Initiative is very exciting precisely because it fulfils this need for a definitive publication on traditional Japanese cuisine that will empower both the professional chef and the skilled amateur to master the art. The fact that The Japanese Culinary Academy's Complete Japanese Cuisine is a project that is ongoing over nine volumes and is conceived, designed and written by teams of Japan's foremost chefs and culinary experts makes it very special and completely unprecedented in its scope. Furthermore, the sheer beauty of the layout / design and the quality of the photography, writing and book production combine to create a series that will be the standard work on Japanese cuisine for many, many years to come.

Published in April 2017, the second book Flavor and Seasoning - Dashi, Umami and Fermented Foods contains absolutely everything that the chef or serious cook needs to both appreciate and apply the deeply satisfying yet delicate Japanese approach to flavouring dishes. Further, the photography and production quality is superb. The third title was published in August 2017 Mukoita I - Cutting Techniques: Fish imparts detailed knowledge on the knife skills needed to prepare fish to Japanese standard, using well over a thousand colour photographs. The fourth book (April 2018) is Mukoita II - Cutting Techniques: Seafood, Poultry, Vegetables. It presents the same, but for all the other key ingredients in traditional Japanese cuisine – with a similar number of photographs. It also teaches the intricacies of decorative carving with vegetables.

Anyone with a serious desire to understand the art that is Japanese cuisine will relish the opportunity this series offers. It is without rival.

Complete Japanese Cuisine: £50/vol.

already available:



October 2015 978-4-908325-00-7

FLAVOR

AND SEASONING

Dashi, Umami and Fermented Food

April 2016 978-4-908325-04-5



August 2017 978-4-908325-06-9



August 2018 978-4-908325-09-0



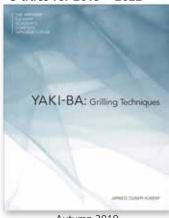




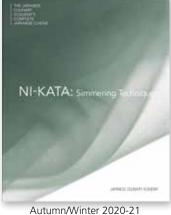




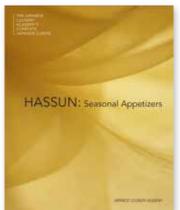
5 titles for 2019 ~ 2022----



Autumn 2019



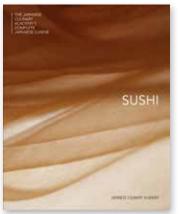




Autumn/Winter 2021-22



Autumn/Winter 2022-23



Autumn 2023



THE JUST BENTO COOKBOOK 2

Make-Ahead, Easy, Healthy Lunches To Go

by Makiko Itoh

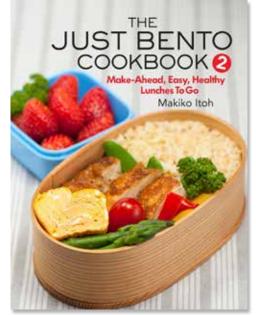






SUCCESSOR to the massively popular **The** Just Bento Cookbook - Everyday Lunches To Go [see page 79), the emphasis in Makiko Itoh's new book is on healthier options and speedier prep. It will appeal to newcomers seeking practical guidance; busy adults and college students who want quick, easy, healthy, and convenient lunch alternatives; parents who want to make nutritious and appealing school lunches for their kids.

The Just Bento Cookbook 2: Make-Ahead. Easy, Healthy Lunches To Go offers hundreds of delicious new recipes that are easy to follow and quick to prep. Here Itoh focuses on bentos that can be made ahead of time, super-fast 'express bentos', and bentos filled with vegetarian, vegan, low-carb, low-fat, and low-salt dishes. Her step-by-step recipes, friendly tips and full-colour photos, will make prepping these lunches as enjoyable as eating them.



£16.99 softcover

isbn 978-1-56836-579-4

252x190mm; 128 pages: full colour; 100s photos

The straightforward approach merges recipes with informative passages detailing everything from how to pack your bento to utensils, using bento for dieting and how to cook perfect rice every time. The bento menus are a tasty mix of Japanese and not-so-Japanese and are guaranteed to please the palates of people all around the world!

KEY FEATURES

- Emphasises healthy dishes including many vegetarian, vegan, low-carb, low-fat, low-salt options
- Ingredients are all readily available in the West the book also includes a resource section
- Proves that bentos are perfect for busy adults and college students they're not just cute lunches for kids!
- Will appeal to the many readers of the first book, as well as followers of Makiko Itoh's hugely popular blogs JustHungry.com and JustBento.com



Praise for The Just Bento Cookbook

"Itoh guides readers to build a beautiful bento lunch that is also nutritious and filling for both adults and children. Recommended for fans of bento lunchs and anyone trying to get out of a lunch rut!" - Library Journal

"Equal parts recipe book and bento how-to. . .an elegant guide to making lunch more fun. " - Serious Eats

MAKIKO ITOH has been writing about Japanese culture since 2000. She runs the popular Japanese food blogs JustHungry.com and JustBento.com, writes a monthly food column for The Japan Times, and is the author of the best-selling Just Bento Cookbook. Born in Tokyo, she has lived in the UK, the US, and Switzerland. She currently resides in Provence, France. She has been hugely influential in popularising bento in the West.

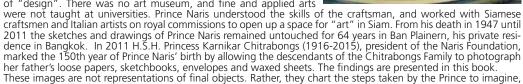
lart & design

PRINCE NARIS: A SIAMESE DESIGNER

by M.L. Chittawadi Chitrabongs

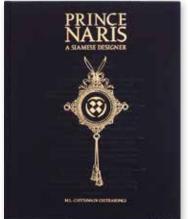
H.R.H. Prince Narisaranuvattiwongse (1863-1947) was a son of H.M. King Mongkut, Rama IV, and half-brother of H.M. King Chulalongkorn, Rama V. Popularly known as Prince Naris, he became the principal court designer during the reigns of Kings Rama V to Rama VII.

When Prince Naris began to draw, there was no Siamese conception of "design". There was no art museum, and fine and applied arts



These images are not representations of final objects. Rather, they chart the steps taken by the Prince to imagine, visualise and design those final objects. He intended these drawings to move from their initial two-dimensional state to three dimensions in their completed form. These preliminary drawings are the corpus of Prince Naris' artistic output.

HRH M.L. Chittawadi Chitrabongs is an Assistant Professor in the Department of Architecture, Chulalongkorn University. She earned her MA and PhD degrees from the Architectural Association School of Architecture, London. Her work has been presented in both the UK and Thailand, and includes Crematoria, submitted to the 'Death, Dying and Disposal Conference' at the University of Bath; The Politics of Dressing Up, published in 'AA Files 60' and presented at the National Museum Volunteers' symposium 500 Years: Europeans in Siam; and The Politics of Defecation in Siam of the Fifth Reign. She is the great-granddaughter of Prince Naris.



£99 Deluxe HB; jacket + carton isbn 978-1-932476-85-9

Black cloth binding embossed in gold French-folded gold embossed jacket Presented in a protective carton box 310 x 250 mm; 292 pages, all in colour 279 illustrations.; all texts by the author



"I consider myself a designer of environments. There are no boundaries. As a landscape architect I've been taught to protect the earth and environment, and as an architect I want to do the same." — Bill Bensley

Since 1989 Bensley has designed more than two hundred properties in 30 countries, and this book showcases his imaginative world: lush, detailed, lively, playful and seductive. From the Royal Istana in Malaysia, a private beach house in Phuket, the renowned Siam Hotel, to his latest the InterContinental Danang in Vietnam, more than 500 pages of vivid photographs in large format are included, from 26 projects in 12 countries. Bill Bensley is Harvard-educated in urban design. His wild and untrammelled designs have won numerous prestigious awards. ESCAPISM is a visual journey through his profound contributions to hospitality designs, untrammelled in turn by wordy explanation, so enjoy the visual feast...







LARGE FORMAT (380 X 280mm) 510 PAGES: ALL IN FULL COLOUR

DELUXE; BOXED £99 HE





SAVUTE Botswana's Wildlife Kingdom

Photographs and Text by James Gifford

£30 HB isbn 978-0-9946924-2-9



Hardcover, jacket 245 x 260mm; 168 pages 130 colour photographs 15 b/w photographs

SAVUTE is a wildlife destination like no other. Unpredictable, unforgiving and unfathomably diverse, this unique, constantly evolving environment illustrates Darwinism in its purest form and

represents a never-ending battle for survival for its wild inhabitants. Its fortunes are governed by an extreme cycle of flood and drought which has resulted in some of the continent's most extraordinary animal behav-

In a quest to capture this behaviour, acclaimed photographer James Gifford embarked upon a project spanning two years, during which he tracked and followed Savute's inhabitants, sharing their struggles, triumphs and tragedies. His photographs depict their fascinating, interconnected stories, balancing form with content in his authentic style. The result is a kaleidoscope of exceptional and occasionally astonishing images, but this book is much more than a collection of beautiful photographs. It is an incredible story of wildlife adaptability and resourcefulness triggered by an unforgivingly erratic environment. In this concentrated, unpredictable corner of Botswana's wilderness, the exceptional becomes commonplace; the fantastical, ordinary and every event is simply the first link in a complex chain of consequences, echoing throughout the animal kingdom.

Amidst Africa's myriad wildlife highlights, Savute must rank as one of the most spectacularly enigmatic: a river that rarely flows, a marsh that metamorphoses from wasteland to watery paradise and, towering over them both, a silent parade of prehistoric hills. Within these habitats lies a complex web of wildlife whose fascinating tales are vividly brought to life in this book – a stunning visual journey that will delight, astonish and inform



Multi-award winning photographer Hannes Lochner spent 5 years continuously living in the Kalahari Desert to produce his widely acclaimed books. He felt he needed water. So he spent the next 21/2 years living in the Okavango Delta doing what he does best — capturing those once in a blue moon moments that define his amazing talents, then writing about them. This is a stunning book ing about them. This is a stunning book. The Okavango delta is a very large inland delta that lies in the north of Botswana. It is produced by sea-

sonal flooding. The Okavango River drains the Jan-uary–February rainfall from the Angola highlands and the surge flows 1,200 kilometres in about one month. The waters then spread over the 250 km by 150 km area of the delta over the next four months (March–June). The flood peaks between June and August, when the delta swells to three times its permanent size, attracting animals from far and wide and creating one of Africa's greatest concentrations of wildlife. of wildlife

> 380 x 290mm; 220 pages; all-colour; colour in Chroma, b/w in Sepiana 200gsm fine art paper (matt)

PLANETOKAVANGO

Introducing Hannes Lochner's masterwork on the unique biosphere which is Botswana's inland delta...

PLANET OKAVANGO

Hannes Lochner

£59 978-0-620-75145-2 deluxe large format hardcover









Kapama Latina Latina

KAPAMA Private Game Reserve

Photographs by Heinrich van den Berg

£50 hardcover with jacket

isbn 978-0-620-47406-1 330 x 250mm; 152 pages

133 colour photographs, 24 black & white; map

What can be more relaxing after a rewarding day on safari than to return to lodgings whose tasteful luxury is almost seamlessly integrated into its environment? The legendary Kapama lies on the western edge of Kruger National Park, is abundant in wildlife of all kinds and is recognised around the world as South Africa's best private game reserve.









Stretching across 13,000 hectares of spectacular wilderness just west of the Kruger National Park, lies a sanctuary of pristine beauty and abundant wildlife. Kapama Private Game Reserve is one of South Africa's most prestigious wildlife destinations and is home to the Big Five: lion, leopard, elephant, buffalo and rhinoceros, as well as a myriad other animals and birds. Offering an authentic African safari experience, Kapama embodies a range of stylish accommodation across four sophisticated bush camps and lodges, with a wellness centre.

Each camp is meticulously positioned within this enormous wildlife sanctuary to ensure secluded and private accommodation options for every preference. Kapama's trackers and guides' intimate knowledge brings game drives to life and ensures fascinating encounters with the prolific wildlife all around.

HPH KGALAGADI SELF-DRIVE Routes, Roads & Ratings

Photos by Van den Berg; Texts by Philip & Ingrid van den Berg, Heinrich van den Berg and Jaco Powell

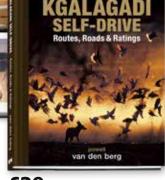
KEY FEATURES

- Comprehensive guide to all roads and routes
- Easy-to-read maps of each route and road with conditions and advice
- Useful information on all aspects of the Park: lodges + camps, what you can expect to see: where and when
- Accurate navigational and geographic information (GPS)
- · Hard cover for practical use in a vehicle
- · All wildlife photographs taken from a vehicle on regular routes

This book is a product of exceptional teamwork - sometimes independently, at others in a group - but always towards this book as a common goal. Over the years, each member of the team has developed something of a love-affair with the Kgalagadi. The authors know every single bend and cranny of the roads and tracks, where to look and what animals to expect where and when. Like its predecessor *Kruger Self-Drive* (p.60), this book is peerless in its perfection, offering everything that driver-visitors need to ensure their self-drive safari experience is successful in

getting them to where they need to go for various sightings in comfort and safety, and making sure all their needs can be catered for.





£29 Hardcover isbn 978-0-9946924-5-0

280 x 220 mm; 288 pages: full colour throughout; 100s photos, maps, charts, routes, spotting tips

Buddhism



THE BUDDHIST SOCIETY



58 Eccleston Square, London SW1V 1PH, United Kingdom info@thebuddhistsociety.org | www.thebuddhistsociety.org

Patron: H H The Dalai Lama

The Buddhist Society is one of the most prestigious and highly regarded Buddhist organisations in the world. It was founded in 1924 by Christmas Humphreys and is one of the oldest Buddhist societies in Europe. The object of the society is to publish and make known the principles of Buddhism and to encourage the study and practice of those principles.

The Society has a long and distinguished publishing history and introduced such names as Edward Conze, Alan Watts, D.T. Suzuki and Christmas Humphreys to the general public. It continues to publish books of relevance to students, scholars, practitioners and devotees, as well as many introductory books for the general reader. Its recent publications include a three-volume edition of D.T. Suzuki's selected writings, in association with the University of California Press, and a translation of the Śūramgamasamādhisūtra, by the University of Hawai'i Press. The Society will continue to publish academic and scholarly works from all traditions and schools of Buddhism: now under its own imprint as well as with its partners.

The Buddhist Society list will be represented in the book trade in the UK & Ireland through Turnaround and in Scandinavia, Eastern and Western Europe by Bill Bailey Publishers Representatives. Kodansha Europe will represent the list directly elsewhere.

LOOK AND SEE Buddhist Teaching Stories with Commentaries by The Venerable Myokyo-ni

Over twenty Buddhist teaching stories are included, with commentaries by the Venerable Myokyo-ni. The stories are collected from various Buddhist sources, but have in common the Buddhist way of facing the trials of life. Stories from the Southern schools, such as 'The Parable of the Poisoned Arrow' are included alongside Northern training stories like 'The Taming of the Harp' and 'The Great Wave.' Each story is followed by the thoughts and observations of the Venerable Myokyo-ni.

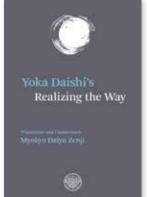
'Stories and parables are an integral part of traditional teaching texts. They are of such simplicity that one is inclined to smile at them as rather childish and as of no relevance to our lives today. Yet on closer acquaintance they reveal a profound insight into human nature, expound perennial verities and serve as pointers or guides. They console, succour, direct towards a more conducive attitude and a fuller, more meaningful partaking in life.'

-The Venerable Myokyo-ni, from the Introduction to the book

The Venerable Myokyo-ni (1921–2007) whose name means 'mirror of the subtle nun', was born Irmgard Schloegl in Leitersdorf, Austria. She received a PhD in physical sciences from Graz University and then came to England in 1950, where she lectured in mineralogy at Imperial College, London. After becoming interested in Buddhism she joined the Zen class at the Buddhist Society. In 1960 she travelled to Japan and underwent Zen training at Daitokuji in Kyoto. She was ordained as a Rinzai Zen Buddhist nun in 1984. She later became head of the Zen Centre in London.



£12.99 PB; 978-0-901032-46-1 195 x 150 mm; 288 pages; *Published with the support of the Hokun Trust.*



£12.99 PB; 978-0-901032-45-4 195 x 130 mm; 288 pages

YOKA DAISHI'S REALIZING THE WAY

Translation and Commentary by Myokyo Daiyu Zenji

In this volume, The Buddhist Society presents Yoka Daishi's *Realizing the Way*「證道歌」, a T'ang Dynasty Chinese text known as *Zhang Dao Ge*, or *Shodōka* in Japanese. This 12th century Japanese edition has been translated by the Venerable Myokyo-ni and accompanied throughout by her own commentary on the text. The sixty-seven verses of Yoka Daishi's "Song on the Realization of the Way" lie at the heart of the Zen approach to Mahayana thought and symbolise the germ of the Buddha-nature inherent in all sentient beings – hidden and dormant, but containing the potential and promise of liberation. The title, which is variously translated, is most commonly known as 'The Song of Enlightenment'. With vivid imagery and striking turns of phrase, these verses weave in and out of the various Mahayana doctrines. Each section of the Song, which The Venerable Myokyo-ni describes as 'a very carefully considered and expounded summary that has the whole of the teaching in it', is accompanied here by her extensive and illuminating commentary.

Yoka Gengaku Daishi (665–713), or Yongjia Xuanjue as he is known in Chinese, was a Zen scholar and monk, who belongs to the early period of the Zen School. He was born in Yongjia in Zhejiang Province, from where his name derives.

Myokyo Daiyu Zenji is the posthumous name of Myokyo-ni (previous title). This is her final work.

Buddhism



£18.99 PB; large format 978-0-901032-44-7; 300 x 220 mm; 96 pages; 54 colour illustrations

FURTHER STORIES FROM THE OLD SILK ROAD

Retold by Eric Cheetham; illustrated by Roberta Mansell

This new publication from the Buddhist Society brings together twenty-one stories with over fifty colour illustrations, which are accompanied by a map of the Old Silk Road and an extensive glossary. In Further Stories From The Old Silk Road the reader is transported to a world of flying monks and hidden jewels, where a magical stupa appears and then vanishes and where heroes undertake extraordinary quests across ancient empires.

These remarkable stories, retold here by Eric Cheetham and illustrated by Roberta Mansell, contain within them an extraordinary degree of warmth and humour and provide a powerful insight into the Buddha's teachings. These stories from the Old Silk Road between India and China became the stock-in-trade of itinerant storytellers, who journeyed with the caravans in both directions. They would entertain the travellers by re-telling tales of this kind around the campfires in the desert wilderness or in the caravanserais. Apart from the traditional mix of a hero's exploits and of wondrous events, these stories display an extraordinary degree of warmth and humour. It is to be hoped that the reader will derive as much pleasure and gentle instruction from these stories as the writer did when finding them and re-telling them to others.

Eric Cheetham has been an influential teacher and lecturer on Buddhism for over fifty years. He is the author of a number of significant works, the best-known of which is Fundamentals of Mainstream Buddhism. After studying Fine Art and Philosophy in California, Roberta Mansell moved to England in 1961. Between 1962 and 1990 she taught art and illustration and worked as a freelance illustrator. Since 1980 she has been a Zen trainee with Venerable Myokyo-ni and Martin Goodson at the Buddhist Society and the Zen Centre in London and the Hampshire Buddhist Society in Southampton.

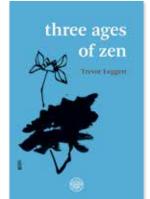
ZEN AND THE WAYS by Trevor Leggett

Originally published in 1978, Zen and the Ways is the first publication in a series of books published by the Buddhist Society in association with the Trevor Leggett Trust. In Japanese Zen, every activity in life, including the martial arts, flower arrangement and serving tea, are considered a field for practising inner control, meditation and inspiration, and can be termed the 'Way' when practised in this manner. In this book, Leggett collects together translations of texts relating to this phenomenon and offers his own thoughts and observations on the subject.

Zen and the Ways is divided into six parts. Part One presents Zen in the words of twentieth-century masters, and deals particularly with the koan or riddle system that developed in China. Part Two, 'Kamakura Zen', describes the warrior Zen of the first three hundred years in Japan. It contains the classic text, 'On Meditation' by the master Daikaku, who was one of the founders of Zen in Japan. Part Three covers 'The Kamakura Koans' and in Part Four 'The Ways' are presented by texts from traditional sources, including the so-called 'secret scrolls', which were preserved in the schools of the Ways. Part Five presents extracts from the less cryptic parts of scrolls themselves, while Part Six includes some of the stories of the Ways in practice. These sections are accompanied by historical appendices and an index of names and technical terms.



£12.99 PB; 978-0-901032-47-8 195 x 130 mm; 288 pages



£12.99 PB; 978-0-901032-48-5 195 x 130 mm; 288 pages

THREE AGES OF ZEN by Trevor Leggett

In this volume, Trevor Leggett presents three texts translated from Japanese and compiled to illuminate the three ages of Zen in Japan: the warrior Zen of crisis and war in the thirteenth century; the feudal Zen of eighteenth-century samurai officials and finally the modern Zen found in 20th-century Japan.

Part One presents translations of koans from the secret records of temples in Kamakura, Japan's first capital city in the East after Kyoto ceased to be seat of government. Part Two is an inspiring essay written for a samurai official by abbot Torei and based on the analogy of the mind as a horse that is basically sound, but has become lazy, dull, and obstinate, and needs a touch of the spur to become 'Buddha-natured' again. Part Three contains extracts from the autobiography of Zen master Tsuji Somei, a roshi (an honorific title used for highly venerated figures in Japanese Zen) who trained under Furukawa Gyodo, one of the great Zen figures in 20th-century Japan. This vivid account of Zen training in very severe conditions follows Master Tsuji's spiritual progress from Kamakura to Russia, where he was a prisoner of war.

kodansha: available again

new softcover edition! see page 10



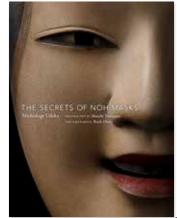
THE SECRETS OF NOH MASKS by Michishige Udaka photography by Shuichi Yamagata

Noh master Michishige Udaka is the only living actor to continue to create masks while still performing and teaching. In this book he presents 32 of the more than 200 masks he's made to date, accompanied by compelling revelations about the masks and the highly nuanced ancient dramatic art of Noh itself. Ruth Ozeki, who studied Noh theatre under Udaka in Japan, has contributed a new Foreword to further complement the stunning photographs.



A RARE INSIGHT INTO BOTH THE THEATRE OF NOH AND ITS UNIQUE MASKS, BY THE ONLY ARTIST WHO IS AN ACKNOWLEDGED MASTER OF BOTH.

Michishige Udaka, a shite, or leading role Noh actor, is a member of the Kongo School, where he was apprenticed to Iwao Kongo 11, the late hereditory head ('iemoto')of the school. At present, Udaka is the only Noh maskmaker who also performs on stage. For his contribution to the arts, Udaka has been designated a National Intangible Cultural Asset by the Japanese government. In addition, he teaches actors, dancers, designers, mask-makers, £20 PB edition; 978-1-56836-590-9 musicians, psychologists, and scholars from all over the world at the International Noh Institute, which he 144 colour pages, 100 colour photos, founded in Kvoto in 1986.



252 x 190 mm; 164 pages: 32 masks.





SEPPUKU: A History of Samurai Suicide by Dr Andrew Rankin

This deeply researched book charts the history and practice of ritual samurai suicide from ancient times until the 20th century through primary sources, both literary and historical, many of them never before translated into English. The author has worked from documents such as medieval war tales, records of the samurai domains, and execution handbooks. The book benefits from an extensive introduction, footnotes, and bibliography, but is written also to appeal to the general reader. It is divided into four basic sections: "History to 1600" looks at cases of ritual suicide taken from historical texts from the 8th to the 17th century. "The Seppuku Ritual" draws on previously untranslated seppuku manuals from the 18th and 19th centuries to explain the correct procedure and etiquette, as well as the different stomach-cutting procedures, types of swords, attire, location, and even the refreshments served at the seppuku ceremony. "History after 1600" focuses on famed cases up to and including the 20th century, and "Paradigms" offers a selection of short quotations from authors and commentators down the centuries that sum up Japanese and non-Japanese attitudes to seppuku.

"As for when to die, make sure you are one step ahead of everyone else. Never pull back from the brink. But be aware that there are times when you should die, and times when you should not. Die at the right moment and you will be a hero. Die at the wrong moment, and you will die like a dog."

£12.99 new PB edition; 978-1-56836-586-2 190 x 140 mm; 256 pages: 5 b/w plates

- Izawa Nagahide, The Warrior's Code, 1725.

WOOD BECOMES WATER: Chinese Medicine in Everyday Life

Learn how techniques perfected over thousands of years can bring balance, harmony and well being to both your physical and spiritual being.

- 20th Anniversary Edition- by Gail Reichstein

This groundbreaking work is a practical exploration of how ancient Chinese medicine can be an integral part of our lives today. A best-seller that has helped

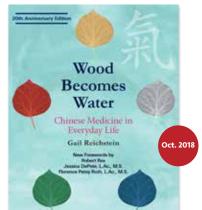
countless people since it was first published, this is the 20th anniversary edition. Wood Becomes Water uses the five elements of Chinese cosmology --wood, fire, earth, metal, and water --to introduce readers to the connection between the physical. emotional, and spirital forces in their lives. Practical, accessible, and wise, the book shows how the centuries-old techniques and philosophies of Chinese medicine can be applied to everyday issues of health and well-being in the modern world.

- First published in 1998, the book has remained popular and relevant
- A classic in the mind-body category
- This 20th anniversary edition has new Forewords written by the late author's husband and colleagues who knew her work well
- Explains the basic techniques of Qi, Acupuncture, Dietery Therapy, QiGong, and Fung Shui, and addresses specific ailments and disorders that result when each element is out of balance: fatigue, blurry vision, dry skin, anxiety, insomnia, cold hands and feet, lack of joy, repeated destructive behaviour patterns, and many more.
- Straightforward, practical, and supportive

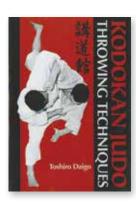


978-1-56836-588-6; £18.99 PB edition 232 x 185 mm; 224 pages; b/w line drawings

-further details on p. 82-



kodansha: available again



KODOKAN JUDO: THROWING TECHNIQUES by Toshiro Daigo

Recent developments in competition (shiai) and free practice (randori) have seen an increase in the number of forms of nage-waza, leading to often confusing interpretations of the techniques' names. The purpose of this book is to provide a comprehensive and correct classification of nage-waza terminology as used in both competition and practice. All the 67 official Kodokan throwing techniques and their various forms are explained thoroughly and concisely, and over 1,800 photographs accompany the text to provide the reader with the most comprehensive guide to judo's throwing forms to date.

For many years author Toshiro Daigo has held the prestigious position of chief instructor at the Kodokan, regarded as by all judoists as the centre of their world.

Hardcover; 288 pages; 264 x 190 mm 1,500 b/w photographs; glossary; bibliography

ishn 978-1-56836-577-0 £32 HB

KENDO THE DEFINITIVE GUIDE

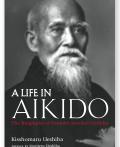
by Hiroshi Ozawa

Kendo--originally a form of swordsmanship--has in recent years developed into a popular and highly competitive sport enjoyed by thousands of men and

women around the world. This is the first book in English to provide a practical and truly comprehensive approach to the subject. Everything that the novice needs to know, from basic information about purchasing, wearing, and maintaining essential equipment to competing in international tournaments, is explained in simple, straightforward language. Step-by-step explanations of fundamental techniques to be mastered to attain black belt level are illustrated in easy-to-follow line drawings.

Hardcover; 174 pages; 264 x 190 mm 100's line drawings; glossary

isbn 978-1-56836-580-0 **£28 HB**



A LIFE IN AIKIDO THE BIOGRAPHY OF FOUNDER MORIHEI UESHIBA

by Kisshomaru Ueshiba

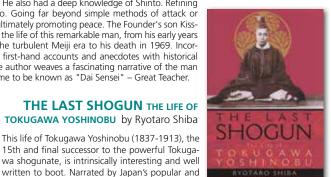
The history of Japan's martial traditions is replete with many outstanding individuals, but few ever attained the legendary status of Morihei Ueshiba. He mastered most martial arts, including jujutsu and kendo, and endlessly devoted himself to the philosophies of Japan's martial schools. He also had a deep knowledge of Shinto. Refining these traditions into a wholly new system, he founded Aikido. Going far beyond simple methods of attack or defence, Aikido seeks to dispel aggression through harmony: ultimately promoting peace. The Founder's son Kiss-

Hardcover; 320 pages; 229 x 157 mm 100's line drawings; glossary

£29 HB isbn 978-1-56836-573-2 homaru details the life of this remarkable man, from his early years as a youth in the turbulent Meiji era to his death in 1969. Incorporating many first-hand accounts and anecdotes with historical documents, the author weaves a fascinating narrative of the man who would come to be known as "Dai Sensei" - Great Teacher.

prolific Ryotaro Shiba, it is a mesmerisingly good

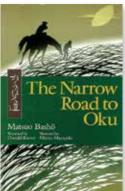
read. With isolationist Japan coming under in-



OZAWA

HB; 256 pp; 210 x 140 mm creasing foreign pressure to open its doors and 978-1-56836-356-9

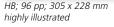
civil war threatening from within, Yoshinobu lived, £12.99 PB



ZEN BRUSHWORK FOCUSING THE MIND WITH CALLIGRAPHY AND PAINTING

by Tanchu Terayama

Master calligrapher Tanchu Terayama explains the techniques behind this subtle art and offers step-by-step instructions for practising it on a professional level. What makes a good line or a bad one, an expressive effort or an unfocused one? Lessons on brushing symbolic Japanese characters follow: "emptiness", "nothingness" and "flower." The painting section shows readers how to draw the elegant pictorial themes of this classic art: bamboo, plum blossoms, Mount Fuji, and the inspirational Zen priest Daruma. If the Exercises are the heart of the book, the Appreciation section is the soul. Rarely has Zen Brushwork been demonstrated and discussed with such candour and insight.



£23 PB 978-1-56836-578-7

TANKS ISSUED

BRUSHWORK

HOLLOW

ton Made at

THE NARROW ROAD TO OKU

Matsuo Basho; woodcuts by Miyata Masayuki

Long out of print, this is a reprint of Donald Keene's translation of the Basho classic, with superb woodcut illustrations by Miyata Masayuki. , is a major work of haibun by the Japanese poet Matsuo Basho, considered "one of the major texts of classical Japanese literature". The text is written in the form of a prose and verse travelogue and was written as Basho made an epic journey on foot through the Japan of the late 17th century. While the poetic work became seminal of its own account, the poet's travels in the text have since inspired many people to follow in his footsteps.

Hardcover; 174 pages; 264 x 190 mm

£20 PB ishn 978-1-56836-584-8

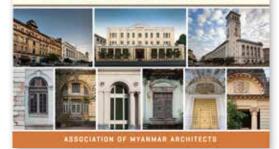
schemed, and ruled during a time of great historic consequence. His rise to power is recounted with flair, from his birth through rigorous early training (his father made him sleep with a sword at either side of his head to ensure that he wouldn't toss and turn), and into his shogun years. From there, Shiba details the military crises of a dying regime and how Yoshinobu attempted to stem the assaults of a new era. With the behind-the-scenes machinations of intrigue, the progression of internal and external pressures, the political personalities of the times, and the rich cultural flavour of an insular Japan, the story is gripping. It offers a clear insight into the roots of modern Japan. Narrative history in all but name!



30 HERITAGE BUILDINGS OF YANGON



INSIDE THE CITY THAT CAPTURED TIME



Hardcover; 240 x 180 mm; 166 pages; 200+ colour photos

£30 HB isbn 978-1-932476-62-0

30 HERITAGE BUILDINGS OF YANGON

INSIDE THE CITY THAT CAPTURED TIME by the Association of Myanmar Architects

The modern history of Yangon can be traced through its colonial-era architecture. From the monumental former Reserve Bank of India, which records every step of the country's fiscal history, to the now derelict Pegu Club, which was once the favoured watering hole for officers of the British colonial government, each building has a story to tell.

The buildings have survived war, natural disaster, and numerous changes of ownership. Many have been repurposed over the years. Today, the biggest threat to these buildings is neglect and lack of protection. In recent years they have become increasingly vulnerable. In 2005, when the government moved to the new capital of Naypyidaw, it abandoned many of its ministerial offices or left them only partially in use. Many were also badly damaged during Cyclone Nargis in 2008. As the country opens up to new investment and tourism, the buildings are in danger of falling prey to property developers as most occupy prime plots of land in the city centre.

This book focuses on a selection of 30 key buildings and examines their past, present, and future. Piecing together the often forgotten social history of each building has involved delving into out-of-print books, company records, old city directories, newspaper archives, and people's memories. Published in both Burmese and English language editions, this book aims to contribute to the collective conversation about the social and economic potential of Yangon's colonial-era heritage in the hope that the city's architectural past can become a vibrant and sustainable part of its future.

"Yangon's unique architectural heritage and invaluable collection of 19th- and early 20th-century buildings are today in peril, from the effects of long neglect, as well as the consequences of recent commercial development. Time is running out...unless something is done immediately. Yangon will otherwise meet the fate of other Asian cities that realized too late the heritage they had lost. If Yangon's architectural heritage is destroyed, a big part of its legacy as a cosmopolitan, multi-faith and multi-ethnic city will be lost as well."

- Dr. Thant Myint-U (Academic, historian & founder of Yangon Heritage Trust)

KATHMANDU VALLEY STYLE

by Lisa Choegyal, Craig Potton, Gautam SJB Rana

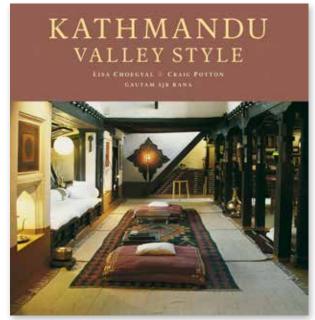
Nepal is widely acclaimed for its unique art and architectural styles. The ancient palaces, temples, courtyards and streetscapes of Kathmandu Valley are protected as no less than seven World Heritage Sites. Shrines are worshipped daily as part of Nepal's vibrant living heritage. Recent efforts to preserve the architectural heritage of Kathmandu have carefully and authentically restored many of the Valley's important public monuments.

Lesser known are the recent imaginative and adaptive use of Nepali architecture and decorative styles into new buildings and private homes. Kathmandu Valley Style captures the wealth of the past and illustrates how influences from the Malla Newar, Tibetan and Rana architecture have been incorporated into present-day buildings and lifestyles. Using traditional themes and building techniques in the restored historic and new structures has breathed fresh life into Kathmandu's rich living cultural heritage, and provided additional attractions for visitors.

Kathmandu Valley Style features over 40 historic and new buildings, many of them never before photographed or published. Reinforcing national pride in Nepal's vernacular architecture, this unique collection demonstrates how traditional art and architecture can be successfully incorporated into homes for today's changing world. The book will appeal to residents, visitors, tourists, and all who love Nepal, as well as devotees of fine books on art, architecture and interior design.

Lisa Choegyal is a Board Member of the Nepal Heritage Society and a Founding Director of the Kathmandu Valley Preservation Trust. **Gautam SJB Rana** is an arbiter of Nepal Style and creator of Baber Mahal Revisited, a highly-acclaimed restoration project housing the city's first commercial heritage building with shopping, office and restaurant complex built in traditional Rana style in the grounds of his ancestral palace. **Craig Potton** is a widely acclaimed photographer and a leading conservationist whose books and photographs have won wide acclaim around the world.

Hardcover; 293 x 240 mm; 256 pages, all in colour; 200+ colour photographs



f40 HB isbn 978-1-932476-34-7

THE VERY SMALL HOME JAPANESE IDEAS FOR LIVING WELL IN LIMITED SPACE

by Azby Brown; Foreword by Kengo Kuma

This is an inspiring book that surveys the creative design innovations of small houses in Japan. Eighteen recently built and unusual houses, from ultramodern to Japanese rustic, are presented in depth. Particular emphasis is given to what the author calls the "big idea" for each house-the thing that does the most to make the home feel more spacious than it actually is. *Big ideas* include ingenious sources of natural light, well conceived loft spaces, snug but functional kitchens, unobtrusive partitions, and unobstructed circulation paths.

An Introduction puts the houses in the context of lifestyle trends and highlights their shared characteristics. The Houses section details each project.

The second half of the book is devoted to illustrating the special features in the





Hardcover: 112 pages, 311 x 234 mm; 120 colour photos, 50 line drawings and isometric sketches

isbn 978-1-56836-434-6 **£26 HB**

21ST CENTURY TOKYO A GUIDE TO CONTEMPORARY ARCHITECTURE

Authors, architects and long-time residents Julian Worrall and Erez Solomon have selected 83 outstanding examples of contemporary architecture from 1990 onwards and introduce them from an architectural perspective and as part of the social, cultural, and political tapestry of the city. In addition to the monumental masterpieces of famous architects, generic buildings, from office blocks. to convenience stores, to high-rise apartment towers, are also sprinkled throughout. The book is divided into 7 chapters, covering districts of Tokyo, and each building is accompanied by a selection of stunning b/w photos. The introduction places Tokyo's contemporary architecture in its historical and social context, and

district chapters are prefaced by two

by Julian Worrall and Erez Golani Solomon



Softcover: 240 pages, 246 x 146 mm; 84 buildings - 100s b/w photos + plans

isbn 978-4-7700-3054-2 **£17.99 PB**

pages introducing the architectural characteristics of the area. Includes maps and access information for each building, this is for the pro and the tourist.

WHAT IS JAPANESE ARCHITECTURE? A SURVEY OF TRADITIONAL JAPANESE ARCHITECTURE

by Kazuo Nishi, Kazuo Hozumi

Featuring beautiful line drawings, this describes the construction, design, and culture of traditional Japanese architecture. Packed with information on building methods, use of gardens and architectural styles.

Softcover: 144 pages, 257 x 182 mm, 350 line drawings

isbn 978-1-56836-412-4 **£28 PB**

SHOJI HOW TO DESIGN, BUILD AND INSTALL JAPANESE SCREENS by Jay van Arsdale

This ever-popular book teaches how to design and make shoji for your own home or flat. It includes notes on aesthetics and design fundamentals, basic construction methods, screen materials and wood selection.

Lattice patterns, photographs, and line drawings illustrate every step.

Hardcover: 96 pages, 254 x 177 mm, 120 line drawings + 30 b/w photos

isbn 978-1-56836-533-6 **£19.99 PB**

CASTLES OF THE SAMURAI

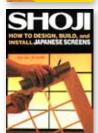
POWER AND BEAUTY by Jennifer Mitchelhill; Photographs by David Green

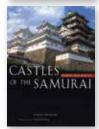
Historical background, essential elements of castle construction like location, layout, walls, moats, towers: all are included, with a wealth of practical information for those planning to visit the sites.

Hardcover: 112 pages, 267 x 198 mm, 56 colour pages, map, list of castles

isbn 978-1-56836-512-1 £32 HB



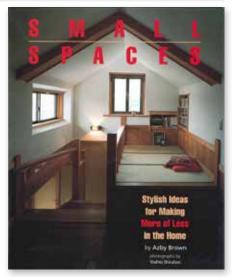




SMALL SPACES STYLISH IDEAS FOR MAKING MORE OF LESS IN THE HOME by Azby Brown; Photographs by Yoshio Shiratori

Small Spaces is about living comfortably and using space wisely, and where better to find ideas on that subject than Japan, one of the world's most urban and densely populated countries? Tokyo resident Azby Brown, a distinguished architect and designer, has assembled dozens of creative solutions to space and storage problems, illustrating them with photographs and plans of actual living environments in contemporary homes.

The key to his approach are the 3 "C's" - Compact, Comfortable, and Convenient. Use of space is reconsidered, with easy living always the aim. A living room is opened up by creating level changes or "joining it with the exterior". A staircase can double as a chest of drawers, a space beneath the floor can serve as a kitchen pantry or hiding place for a disappearing bed: an adjustable table can serve different purposes at different heights. From

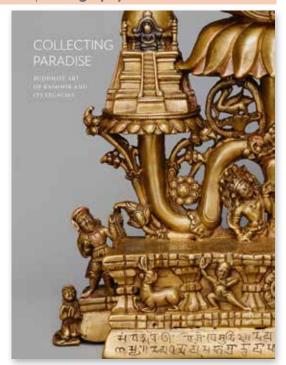


Softcover: 96 pages, 277 x 230 mm, 44 colour pages

isbn 978-1-56836-454-4 **£21 PB**

top to bottom, in bedroom, bathroom, kitchen and hall, Azby Brown presents solutions to the problems of inner space, illustrated with dozens of full-colour photographs, drawings, and architectural plans.

This book will be a lifesaver for all those with growing families, shrinking resources, and limited room to grow: or anyone who wants to transform a disorganised, cluttered environment into an orderly, attractive living area.



£45 HB isbn 978-1-932476-72-9 Hardcover; 236 pages; 304 x 228 mm 189 colour illustrations full colour throughout



Aksobhya, Kashmir, probably Gilgit, 8th / 9th century; copper alloy with copper, silver & niello inlays; traces of pofychromy; c. 292 x 153 x 102 mm, Virginia Museum of Fine Arts.





COLLECTING PARADISE: BUDDHIST ART OF KASHMIR AND ITS LEGACIES

Essays by Robert N. Linrothe, Christian Luczanits, Melissa R. Kerin Rubin Museum of Art · Mary & Leigh Block Museum of Art

This stunning book presents an original and innovative look at Buddhist art from the region of Kashmir, and the ways it has been 'collected'. Bringing together objects from collections around the world, it considers the many legacies of Kashmiri art and culture, including the religious significance of the works (subject matter, use in rituals, and perception by beholders), their aesthetic and cultural value, the historical relationships among contemporary Kashmiris and their Western Himalayan descendants, and the Western practice of collecting art from other cultures.

The book will begin by exploring the circulation of Kashmiri art in the Western Himalayas beginning in the 6th century and will shed light on how styles developed as Kashmiri artists travelled to the Western Tibet, and Tibetans travelled to Kashmir to learn about its art and religion. It highlights artwork and religious objects from regions that remain largely unfamiliar and sometimes misunderstood by Westerners. Its original approach will help visitors see stylistic changes across times and cultures and to understand their meanings. Texts are contributed by Northwestern University professor Rob Linrothe, Dr Christian Luczanits, Senior Lecturer in Tibetan and Buddhist Art at SOAS and Dr Melissa R. Kerin, Assistant Professor of Art History at Washington Lee University. The book features metalwork, paintings, ivories, and woodwork from Kashmir and the Western Himalayas, and will explore how Kashmiri art was acquired, adapted, and collected by Tibetans eager to learn from it. It will also consider how the art came to be in museums in the United States and the roles of Westerners who travelled to the remote regions and returned with artwork intended for religious purposes.

Beginning in the 6th and 7th centuries Kashmir was a wealthy centre of transcultural trade and exchange, and its art reflected an international standing. The art of Kashmir inspired Buddhists and artists in the Western Himalayas to acquire, preserve, and emulate it. In the 10th and 11th centuries, Kashmiri artists travelled to Western Tibet to create monuments there and to teach local artists. The imported Kashmiri style became integrated into the cultural identity of Tibetan Buddhism, with a revival of Kashmiri-inspired art in Western Tibet in the 15th and 16th centuries. Centuries later, artworks from Kashmir and the Western Himalayas served as prized acquisitions for museum and private collections in Europe and America. The distinctive workmanship, along with refined and detailed painted illuminations of Buddhist deities, was transferred from religious shrines to galleries of aesthetic and cultural history.

Collecting Paradise: Buddhist Art from Kashmir and its Legacies brings together works from collections around the world, including the Asia Society, the Cleveland Museum of Art, the Koelz Collection of Himalayan Art at the Museum of Anthropology of the University of Michigan, the Los Angeles County Museum of Art, the Nelson Atkins Museum of Art, the Rubin Museum of Art, the Virginia Museum of Fine Arts, and other private and public collections. Importantly, also included are the two pairs of the Gilgit Manuscript covers, believed to be the oldest surviving examples of Buddhist painting from Kashmir. These extremely rare and important painted book covers are in the collection of the Sri Pratap Singh Museum in Srinagar, India.





LIMITED EDITION of 750 COPIES Few copies remain

MONGOLIAN BUDDHIST ART

MASTERPIECES FROM THE MUSEUMS OF MONGOLIA by Zara Fleming & J. Lhagvademchig Shastri

The first comprehensive collection of the art and iconography of the rich and important Mongolian Buddhist tradition, with biliangual texts in English and Cyrillic Mongolian, and captions supplemented by Sanskrit, Tibetan, Chinese and classical Mongolian orthography.



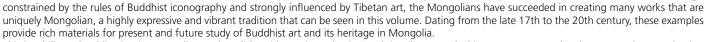


This major project presents for pieces of Mongolian Buddhist art museums: the Bogd Kahn Palace Temple Museum, the Zanabazar Erdene Zuu Museum and the Danby the Centre for Cultural Heritage

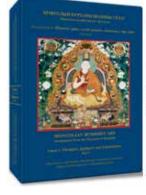
in conjunction with the curators of the participating museums, these pieces were chosen for their religious and historical importance, their aesthetic and technical quality, their uniquely Mongolian characteristics and their rarity.

Volume 1: Thangkas, Appliqués and Embroideries is divided into eight chapters, which encompass within these three media

the visual realms of the Buddhas and his disciples, mahsiddhas, Indian, Tibetan, and Mongolian scholars, previous reincarnations, yidams, dakinis, protectors and sacred architecture. Although



This is a bilingual publication in Mongolian and English, with captions also in Sanskrit, Tibetan and Chinese. No expense has been spared on production quality. Limited to 750 copies worldwide.





£295 HB 2-Volumes; Slip-Case Hardcover; 1,016 pages 347 x 248 mm 441 colour plates; 8 kg.

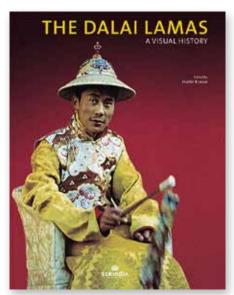
isbn 978-1-932476-37-8

THE DALAI LAMAS A VISUAL HISTORY edited by Martin Brauen

The quality of scholarship in this visually stunning volume will immediately make this the standard reference for the 600-year history of the incarnation line. With the respect and fame the current 14th Dalai Lama has come to enjoy around the world, the title has entered global consciousness: yet few people know its meaning or the system of reincarnation behind the institution. Even fewer are aware that it was a Mongolian prince who first awarded the title Dalai Lama, or that there have been 14 over the past 600 years. The long and rich history of Tibet cannot be understood without looking at the lives of these fourteen men.

This is the first book to present the history of all fourteen Dalai Lamas through essays and illustrations. Sixteen world scholars illuminate various aspects of the institution of the Dalai Lama, including the system of their incarnations; their biographies and religious training; their relationship with religious schools, other lineages, the Panchen Lamas, and regents; and the political interconnections among the surrounding countries of Mongolia, China, India, Nepal, and Bhutan. The political intrigues of the last six centuries call for a new understanding of this renowned institution and its relevance to modern society.

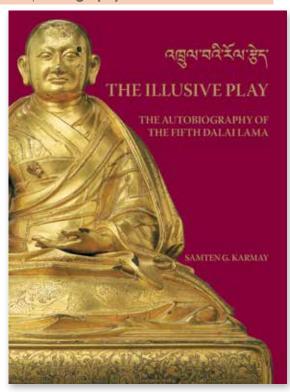
The nearly three hundred illustrations, largely unpublished previously, have been meticulously selected from Tibetan, Chinese, Indian, European, and American archives. Thangkas, mural paintings, statues, and historical documents have been drawn from government institutions, university holdings, museums, and private collections worldwide. Together these represent a comprehensive array of visual materials on the Dalai Lamas that no other recent publication has matched.



Hardcover; 304 pages; 300 x 210 mm 364 colour photos; some b/w

isbn 978-1-932476-22-4

£50 HB



THE ILLUSIVE PLAY: THE AUTOBIOGRAPHY OF THE FIFTH DALAI LAMA by Samten G. Karmay

This is a translation into English of the autobiography of the mystic, enigmatic Fifth Dalai Lama Ngawang Lobzang Gyatsho (1617-1682), often simply referred to by Tibetans as 'The Great Fifth'.

Dr. Samten Karmay is one of the world's foremost scholars of Tibetan culture, religion, iconography and ritual, and currently serves as the Director Emeritus at Centre National del la Recherche Scientifique in Paris and President of the International Association for Tibetan Studies. He is well qualified to produce this extraordinary work, characterised by its close attention to detail, painstakingly reconstructed chronology and the degree of philological expertise that only a Tibetan can aspire to.

This autobiography bears witness to the life and culture of 17th-century Tibet, a time of great political upheaval and change that gave rise to Ngawang Lobzang Gyatso becoming the first Dalai Lama to become the political as well as religious leader fo Tibet. Written in an intimate, honest and often self-effacing style, it incorporates the key events in which he himself played a pivotal role. These include the overthrow of the Tsang monarchy and the founding of the Gaden Photrang governement; the recognition and establishement of the institution of the Panchen Lama, the recognition of the Dralha of Nechung as official State Oracle; the building of the Potala Palace on the symbolic site of the ancient Royal Palace on Marpo Ri and the undertaking of major diplomatic relationships with foreign powers, including the Mongols and the Manchu dynasty in China. These all resulted in the consolidation of Tibet as a unified entity. The authority of the 5th Dalai Lama was recognised by the rulers of the Chinese Empire, and Lhasa as the capital become a focal point for foreign artisans and intellectuals enjoying the patronage of the Dalai Lama.

This remarkable work by Samten Karmay allows us to see into the mind of one of the great figures of Tibetan history and religion and allows a rare insight into the events of his epoch.

£35 HB isbn 978-1-932476-67-5

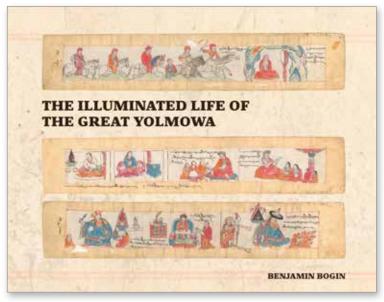
Hardcover; 600 pages; 254 x 170 mm; 24 colour photos; map; general index; Tibetan index

THE ILLUMINATED LIFE OF THE GREAT YOLMOWA

by Benjamin Bogin

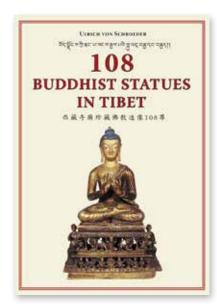
Yolmo Tenzin Norbu (1598–1644) was a Tibetan Buddhist painter, ritual master, meditator, teacher, poet, and autobiographer. His accomplishments led his contemporary, the Fifth Dalai Lama, to refer to him as "the Great Yolmowa." Yet his writings survived only as manuscripts, never afforded the wider circulation of woodblock prints. Among the 4 known collections, the one preserved at the Library at Dharamsala includes a 9-folio set of remarkable autobiographical paintings, the only known example of Tibetan visual autobiography. These dynamic and colourful scenes provide a window into 17th-century Tibetan Buddhism that differs greatly from the religious histories and the formulaic iconography of most thangka paintings. They are presented here for the first time.

Part One introduces those who may be unfamiliar with Tibetan Buddhism to the implications of the events most central to his formation: his identification as a reincarnated lama, his monastic training, and his decision to follow the path of a non-celibate tantric priest (ngakpa). The 44 plates in Part Two of the book are in 2 sets. The first 12 consist of the illuminations in Tenzin Norbu's previous lives, depicting the artist in the lifetimes that he deemed most significant, from his life as a servant in Nepal up to his immediate predecessor, the Second Yolmo Tulku. These are followed by the 32 scenes depicting his present life. Each painting is accompanied by the artist's own caption. Part Three of the book consists of the complete annotated translation of Tenzin Norbu's autobiography. As an observer of one of the most tumultuous and fertile periods in Tibetan history, Tenzin Norbu exhibits both an attention to detail as well as a critical eye for conventions and hypocrisy, softened by his humour and self-deprecation. This is a finely crafted account of the struggles faced by someone attempting to make sense of the goal of enlightenment in a complex and troubled world that is all too human.



£45 HB isbn 978-1-932476-66-8

Hardcover; 272 pages; 210 x 270 mm; 150+ colour photos; footnotes; bibliography; index



108 BUDDHIST STATUES IN TIBET

by Ulrich von Schroeder

Tibet's monasteries shelter a great number of ancient Buddhist objects. Not only are there a great number of Buddhist sculptures and paintings produced by Tibetan artists, but included also are rare examples originating from India, Afghanistan, Nepal, Burma, and China. These images have withstood sometimes more than 1,000 years of warfare and other calamities.

Despite a growing number of books dealing with various aspects of Tibetan culture and religion, most are almost exclusively illustrated with objects scattered worldwide in private and public collections. An exception is the 2-vol. chronicle *Buddhist Sculptures in Tibet* (2001; same author). However, its enormous scale highlights the need for an affordable condensed edition.

108 Buddhist Statues in Tibet not only fills this need, but also offers additional research and recent discoveries. It is a comprehensive yet accessible guide to the stylistic development of Buddhist sculptures in Tibet and an invaluable catalogue of these objects that helps ensure they remain in situ. This will enable future generations of scholars to do additional research, whereas objects in private collections are often difficult to access and often sold-on.

The book also includes a DVD of digital photographs of the 108 statues illustrated in this book and of the 419 most important Buddhist sculptures in the collection of the Jo khang / Lhasa gTsug lag khang. Some 311 of them were previously published in Buddhist Sculptures in Tibet. These 527 digital photographs can be downloaded free, whether for personal use or for publication. It is the hope of the author that other scholars will make use of this opportunity to publish some of these wonderful Buddhist sculptures.

Hardcover; 212 pages; 345 x 240 mm 130 colour plates; free DVD with 527 images

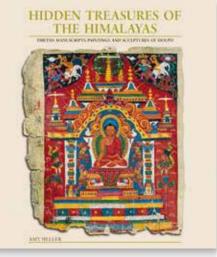
£40 HB isbn 978-1-932476-38-5

HIDDEN TREASURES OF THE HIMALAYAS

TIBETAN MANUSCRIPTS, PAINTINGS AND SCULPTURES OF DOLPO by Amy Heller

In 1999, a hidden library was found in the Nesar Temple at a remote village of Bicher in Dolpo, Nepal. It contains more than 600 volumes of Tibetan manuscripts from the late 11th to the early 16th century. This library is a cultural history of Dolpo thanks to 60 volumes with historical prefaces explaining the commission of the manuscripts for the temple, while more than 100 other volumes have illuminations of the scenes of the life of the Buddha and episodes from the Prajñaparamita texts. These illuminations inform us about the donors, their costumes, their Buddhist rituals, while the dedications tell us about the systems of patronage and donation. Some illuminations reflect the ancient manuscripts of Tabo and Tholing, others the Newar aesthetic of Kathmandu - all these diverse tendencies reached Dolpo. A complimentary DVD including photographs of ALL volumes, with dedications and other illuminations and historical documents from Bicher village. Amy Heller s fine contributions, the excellent photographs, and a very useful and accessible DVD makes this volume an important addition to the library of every scholar, collector and academic institution with an interest in Himalayan studies.

Hardcover; 252 pages; 302 x 270 mm; 200 colour plates; free DVD containing photos of ALL mss and illuminations



isbn 978-1-932476-44-6

£55 HB



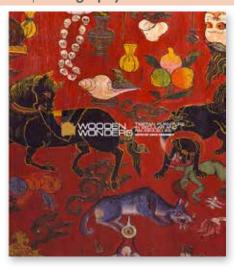
BUDDHIST SCULPTURE IN CLAY EARLY WESTERN HIMALAYAN ART LATE 10TH TO EARLY 13TH CENTURIES by Christian Luczanits

Large-scale clay sculptures representing the main deities are characteristic of the earliest Tibetan Buddhist monuments and of the monasteries and village-temples built from the late 10th to early 13th centuries in Western Tibet and Ladakh. Commonly placed in niches, these images constitute a major source for the cultural and religious history of Indo-Tibetan art and early Tibetan art. This sculpture is the only extant form known to have been created in accordance with the techniques described in Indian classical literature. It is closely linked to late Kashmiri Buddhist art of which little other evidence remains. By surveying the astonishing variety of these sculptures and linking them to contemporaneous painting and other art forms, this book provides the first comprehensive account of the development of western Himalayan art and its local adaptations.

By tracing the spread and origin of iconographic forms and motifs, this study illuminates the interaction between Indian and Tibetan art when Buddhism was firmly established in the western Himalayas. The surveyed monuments include the Tabo Assembly Hall, Ropa, Nako, Lalung, Dungkar as well as the early temples of Alchi, Mangyu and Sumda.

The 323 illustrations -most of them in situ documentation in colour as well as archival photography, plans and diagrams- make this intensely cross-referenced and indexed book an indispensable source for anyone interested in western Himalayan and early Tibetan art.

£50 HB isbn 978-1-932476-02-6 Hardcover; 368 pages; 330 x 300 mm; 323 colour & b/w photos, illustratrations



WOODEN WONDERS TIBETAN FURNITURE IN SECULAR AND RELIGIOUS LIFE

David Kamansky (Ed.) et. al.

Encompassing masterpieces of Tibetan furniture design and decoration in all its forms, the 148 pieces presented here are drawn from the large group of public and private collections in the western United States, the result of an active interest in the preservation and research of this long overlooked Tibetan art form, developed by an extraordinary team of curators, scholars, and writers led by David Kamansky of the Pacific Asia Museum, Pasadena, CA.

This unrivalled book communicates both the aesthetic significance of these exceptional works of art and the important role they have played over the centuries in the daily and spiritual lives of the people of Tibet. The works in the exhibition, therefore, were selected both for their aesthetic and historical importance, and most have been being publicly displayed for the first time.

Includes contributions from David Kamansky, Luca Corona, Camilla Hulse Corona, Jonathan Bell, Dale Gluckman, Ian Also, Tony Anninos, John Listopad, Ruth Hayward, Geshe Lobzang Tsetan, Stephen Markel & Pamela Logan.

isbn 978-1-932476-17-0 £50 HB 304 pages, all in colour; 294 x 235 mm; 210 colour plates

> **GENDUN CHOPEL** TIBET'S FIRST MODERN ARTIST by Donald S Lopez Jr.

Gendun Chopel (dGe 'dun chos 'phel, 1903–1951) was a Tibetan artist, writer and scholar. He received his early monastic training at Labrang Tashikvil, before entering Gomang college at Drepung Monastery in 1927, where he studied logic and epistemology (pramana), Prajňaparamita and Madhyamika, excelling in debate. In 1934 he embarked on a search for rare manuscripts in the monastic libraries of southern Tibet and for the next 12 years travelled throughout India, learning Sanskrit, Pali and English, While in India, he wrote many works, including a guidebook to the major pilgrimage places of India, a treatise on eroticism ('dod pa'i bstan bcos), a history of Sri Lanka, papers on the origin of Tibetan script, as well as writings in which he argued against the traditional presentation of cosmology given in the abhidharma literature. He returned to Tibet in 1946, was arrested for counterfeiting, and given 3 years in prison.

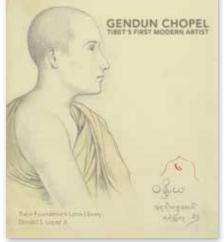
Gendun Chopel was a creative and controversial figure regarded as one of the most important Tibetan figures of the 20th century. In November 2003 a remarkable event was held at Latse Library in New York to celebrate the 100th anniversary of his birth. It brought together from all over the world Tibetans who had known Gendun Chopel, as students, friends, and family members, as well as American, European, Chinese, and Tibetan scholars of Gendun Chopel's life and works.



This volume brings together their many insights into this multifaceted figure. Gendun Chopel was also a talented artist, developing a style previously unknown in the long and illustrious history of Tibetan painting. Presented here for the first time are Gendun Chopel's remarkable watercolours and pencil sketches, works that attest to yet another of his many distinctions: as Tibet's first modern artist. With essays by Donald S. Lopez, one of the world's leading scholars on Gendun Chopel, this book sheds new light on the life and legacy of a Tibetan icon.

> Hardcover; 136 pages; 250 x 215 mm; 59 colour plates £30 HB

isbn 978-1-932476-61-3



CHINESE SCULPTURE A GREAT TRADITION

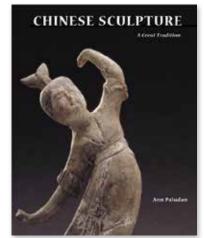
Ann Paludan

Archaeological discoveries over the last fifty years have revolutionised knowledge about Chinese sculpture, revealing the length and strength of a hitherto unsuspected tradition stretching back to prehistoric times. This tradition was concerned with the power of statuary. Unwritten, it was based on beliefs shared by all classes on the nature of the cosmos, the importance of maintaining contact with ancestors and the idea that statues are imbued with the power to influence events in the seen and unseen worlds. Including many previously unpublished photographs, the book traces the history of Chinese sculpture throughout the Imperial era. By outlining the principles which underlie all forms of statuary, regardless of size and material, the text aims to elucidate the extent to which sculpture in China has been adapted to serve the political, practical and spiritual needs of its rulers through 2,000 years. Sculptures were a vital part of palace, tomb, temple or other complexes intended to further harmony between worldly society and the cosmos.

"This book is undoubtedly an advanced step in the study of Chinese sculpture and a work of fine scholarship. Ann Paludan.. courageously makes the point that Chinese sculpture, often neglected by Western scholars, has its own long tradition... Ann Paludan puts forward analyses of the internal connections and modes of expression of the individual works seen in the context of China's multi-ethnic, multi-cultural society." – Professor Luo Zhewen, President of the State Cultural Relics Society, Beijing.

Ann Paludan is acknowledged as one of the world's leading experts in the field. Honorary Fellow of Durham University; author of The Imperial Ming Tombs (Yale 1981), The Chinese Spirit Road: The Classical Tradition of Tomb Sculpture (Yale 1991), and the bestselling The Chronicle of the Chinese Emperors (Thames & Hudson 1998).

£50 HB isbn 978-1-932476-28-6 Hardcover; 262 x 214 mm; 560 pages; 300+ colour photographs



CONTEMPORARY VISIONS IN TIBETAN STUDIES PROCEEDINGS OF THE FIRST INTERNATIONAL SEMINAR Brandon Dotson, Kalsang Norbu Gurung, Giorgios Halkias & Tim Myatt (Eds.)

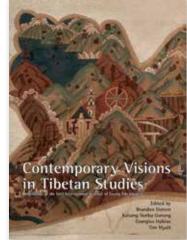
18 papers representing the latest contributions to Tibetology from the current generation of scholars.

PART ONE: Engagements with Modernities: Tibet, China and Diaspora

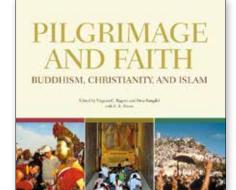
1. Engagements with Modernities: Tibet, China and Diaspora Tibet - Incidental to Tibetan Studies? Views from Various Margins Chris Vasantkumar; 2. In the Land of Checkpoints: Yartsa gunbu Business in Golok 2007, a Preliminary Report from the Field Emilia Sulek; 3. Fishery in Southern and Central Tibet: An Economic Niche is Going to Disappear Diana Altner; 4. Exploring the Rush for 'Himalayan Gold': Tibetan Yartsa gunbu Harvesting in Northwest Yunnan and Considerations for Management Michelle Olsgard Stewart; 5. Tibetan Refugees in India, or How Diaspora Politics Can Be Influenced by an Omnipresent Host Country, Anne-Sophie Bentz; 6. Adhering to Tradition: Maintaining the Canon of Tibetan Architecture in India Joona Repo; 7. Loss of Memory and Continuity of Praxis in Rampur-Bashahr: An Itinerant Study of 17th-Century Tibetan Murals Georgios T. Halkias; 8. Tibetans in Taiwan: 1949–2006 Tsering Choekyi;

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The Tibetan Gesar Epic as Oral Literature Solomon George FitzHerbert;
 A Brief Introduction to the Era of the Ten Overlords Beri Iigme Wangyal;
 The "Nephew-Uncle" Relationship in the International Diplomacy of the Tibetan Empire (7th-9th Centuries) Brandon Dotson;
 An Analysis of the Origin of Polo through the Ancient Relationship between Tibet and Persia Tsering Dawa;
 The Role of Confucius in Bon Sources: Kong tse and his Attribution in the Ritual of Three-Headed Black Man Kalsang Norbu Gurung;
 Dating and Authorship Problems in the sNgags log sun 'byin Attributed to Chag lo tsa ba Chos rje dpal Kadri Raudsepp;
 Elevating Tsongkhapa's Disciples: Khedrup Jey and the Jey Yabsey Süm Elijah Ary;
 Phreng po gter ston Shes rab 'od zer (1518-1584) on the Eight Lineages of Attainment: Research on a Ris med Paradigm Marc-Henri Deroch;
 Remarks on the State Oracles and Religious Protectors of the dGa' Idan pho brang Government Dobis Tsering Gyal;
 Risk And Social Mobility: A Study of the Demotion and Dismissal Cases in the Careers of the dGa' Idan pho brang Officials from 1885 to 1952 Alice Travers.



isbn 978-1-932476-45-3 **£35 HB** Hardcover; 277 x 202 mm; 416 pages



PILGRIMAGE AND FAITH BUDDHISM, CHRISTIANITY AND ISLAM Virginia C Raguin + Dina Bangdel (Eds.) with FE Peters

This book explores pilgrimage as experienced in Buddhist, Christian, and Muslim faith communities. It addresses shared goals of personal development and communal solidarity as deep human needs. Unique in scope, this richly illustrated catalogue addresses religious diversity in a global perspective. Dating from the 12th century to the present day, 95 historical mementos of pilgrimages provide the focal point for a collection of essays by leading international scholars. Fine examples include sculptures in wood and limestone from France, copper and bronze from Tibet, a pilgrimage itinerary book from Japan, stained glass from the Middle Ages, a Renaissance enamelled chalice from Italy, a lavish embellished Quran from Iran, and Islamic prayer scrolls in silver amulet casings. By studying objects of supreme artistic skill along with mass-produced objects and personal acquisitions such as stones or soil from the holy place, the scholars shed new light on the continuity of pilgrimage and faith, and human motivations and experiences.

Contributors include: Najah Bazzy, Martin Brauen, Kerry Lucinda Brown, Megan Foster-Campbell, Edward Holgate, Krisadawan Hongladarom, Paula Gerson, Oleg Grabar, Toni Huber, Susan L. Huntington, Mitzi Kirkland-Ives, Jennifer M. Lee, Amanda Luyster, Alexander J. McNair, Anisa Mehdi, Mika Natif, David M. Perry, Kathryn M. Rudy, and Elizabeth ten Grotenhuis.

£60 HB isbn 978-1-932476-47-7

Hardcover; 356 pages; 266 x 270 mm 262 colour photographs

ISLAMIC CALLIGRAPHY FROM THE WELLCOME LIBRARY edited by Nikolaj Serikoff

... a beautiful collection of of calligraphic styles from different periods and cultural millieu

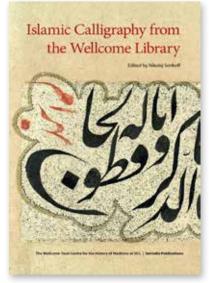
This lavishly illustrated book conveys the visual richness of the Wellcome collection of Islamic calligraphy, providing an insight into the artistic and spiritual activity of Indian and Iranian peoples, spanning over ten centuries. The ninety beautifully written calligraphy exemplars were purchased in the early 20th century as a part of the private libraries of certain medical practitioners from that area, and reflect both the literary and artistic tastes of this professional group as well as their religious beliefs.

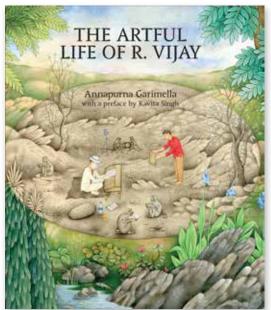
Prepared by an international team of scholars from the UK, Iran and Russia, the text is primarily intended for the general reader. It explains the concept of calligraphy in the world of Arabic scripts, outlines its stylistic development over the past centuries, and illustrates the tools and methods used in practicing the calligraphy. Detailed descriptions of the exemplars, along with extensive glossary and indices, also make this book an important reference for students, scholars and academic libraries.

Includes contributions from Dr. F. Abdullaeva (Oxford University), Dr. S. Andreyev (Institute for Ismaili Studies, London), Dr. H. Ebrahimnejad (University College London), Dr. A. Peacock (Cambridge University), Dr. N. Serikoff (U.C.L.) and British scholar Bruce Wannell.

isbn 978-1-932476-33-0 **£40 HB**

Hardcover; 280 x 215 mm; 220 pages; 90 colour plates





£45 HB; isbn 978-1-932476-77-4 250 x 210 mm; 232 pages, all full colour: 200 photographs

THE ARTFUL LIFE OF R. VIJAY

Paintings by Rakesh Vijay in collaboration with Waswo X Waswo text by Dr. Annapurna Garimella serindia

Waswo X. Waswo travelled the length and breadth of India setting up his camera and taking pictures of peasants, beggars, village women, temples, mountains, forts. He published books, enjoyed his work, and worried about it. Was it exotic? Was he an Orientalist, preying on poverty, turning it into pretty pictures? When searching for a traditional artist to illuminate the margins of his poems he stumbled upon Rakesh Vijayvargiya in a bazaar, painting souvenir images of birds and flowers. He was a miniature painter with modest expectations. Only his surname linked him to a lineage of successful and even eminent artists in Rajasthan. Waswo shortened his name, to Rakesh Vijay — giving the artist two Indian first names: a non-name: it was a name that made Rakesh unplaceable, beyond the descriptors that would have held him fixed to caste and social location. Together, they embarked on a journey that has become one of the most significant artistic collaborations in contemporary Indian art. It is a collaboration that bends genres and plays ironically, intelligently, with history and contemporaneity, identity and masquerade, bravado and confession. It is fitting that this collaboration should be the subject of such a thoughtful and erudite book, written by the brilliant art historian and curator Annapurna Garimella.



Waswo asked Rakesh to make paintings that recreated the scenes in which Waswo took his photographs. Where Waswo's photographs showed the Indian things that caught his eye, in the paintings Waswo was shown in the act of photographing India. We see the perceived intrusiveness of the photographer's presence. Waswo standing in the rain, the only figure over whose head a servant held an umbrella. Waswo observing the curvaceous body of a poor peasant woman transplanting rice in a field. Waswo sitting by a lake filled with plastic trash, drinking purified water from a bottle. He is a large and unbeautiful figure clad in a white suit and a widebrimmed hat, appearing as a monobloc of alienness within the highly detailed Indian scenes. If Waswo's photographs showed the India he saw, the paintings showed Waswo as he would have appeared to the Indians whom he photographed. They express what Waswo

In hiring Rakesh to make paintings that he designed, Waswo was reenacting a colonial relationship, where the urban Western designer was the 'head' that guided the skilled but un-intellectual Indian craftsman's 'hand.' Within Rakesh's career, it was his meeting with Waswo that offered him the greatest creative opportunities he could have wished for. Within the bazaar, only a narrow range of paintings is deemed saleable and artists live in fear of creativity, which becomes tradition's opposite. Here, the chance to innovate and to be original could come only at someone else's behest. For Rakesh, Waswo shifted his horizons.

Rakesh's own work has matured astonishingly over the years, and the paintings have gone from being naïvely painted and thus mildly amusing commentaries on Waswo's foibles to being densely detailed, richly colouristic masterpieces in their own right. Often, now, the sheer beauty of Rakesh's brushwork overwhelms the irony of Waswo's confessional tales.

This book is a beautiful testimony to the traditional skills of an amazing artist plucked from obscurity by a visionary photographer-poet whose commission has expiated his insecurity over his own presence in India while briging R. Vijay to the world.



feared he might be guilty of.





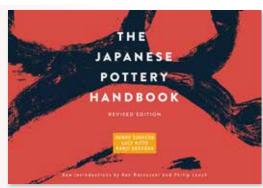
THE JAPANESE POTTERY HANDBOOK - Revised Edition

by Penny Simpson, Lucy Kitto & Kanii Sodeoka

First published by Kodansha in 1979, this has become a classic, beloved by anyone interested in pottery for its practical, step-by-step approach, and homespun charm. Now, thirty-five years since its publication, authors Penny Simpson and Lucy Kitto have refreshed their work, expanding and adding to the material, re-designing the pages, and re-drawing many of the delightful illustrations. The Japanese Pottery Handbook – Revised Edition has a cleaner, more modern look, yet retains the simple, friendly, and distinctively Japanese sensibility of the original. In addition to the new layout and drawings, the authors have tweaked the text and expanded several sections (including the discussion of underglazing and overglazing, and the Tea Ceremony and its utensils). There's also a new page showing different types of brushes; and the *Information* chapter has been updated to include websites and recent books.

The book is a manual to the way pots are made in Japan, their forms, and their decorations. The authors give a thorough account of both traditional and modern techniques and describe in detail:

- tools, materials, glazes, and the setup of workshops and kilns
- line drawings infuse each page with life and clarity
- pottery terms and expressions are listed with their Japanese equivalents
- bi-lingual text, making it easier for the exchange of ideas between foreign students studying in Japan and Japanese potters



183 x 256 mm; 128 pages; 100's line drawings isbn 978-1-56836-552-7

Penny Simpson & Lucy Kitto both studied pottery in Kyoto in the 1970s. They have become established potters and experts in the field. Kanji Sodeoka was their first teacher and collaborated with them on the first edition of thise book, published in 1979.



Known to have influenced the likes of Andy Warhol, Damien Hirst, Marc Jacobs, Claes Oldenburg, Donald

Art Book Hi. Konnichiwa bv Yavoi Kusama

Judd and Yoko Ono, in recent years there has been a burgeoning of interest in this most iconic of female artists. One of her paintings sold for \$5.1m in 2008 - a world record. Since 2011 her work adorns the London Underground pocket maps; in 2012 she had major exhibitions at the Tate Modern in London and Whitney Museum in New York, concurrently working on a Louis Vuitton commission...

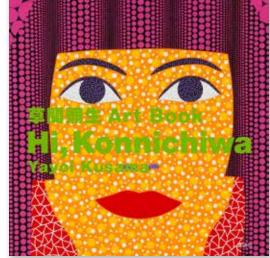
Hi, Konnichiwa is a substantial, brilliant little book that brings together Kusama's vivid imagery from the various phases of her work during the course of her long life. Here are her large-scale canvases, environmental sculptures, multi-media installations, and self-portraits. Here too are photos of the artist as a child, a young woman in Tokyo and New York, and more recently in her studio in Japan. This book is a vital chronicle of all Kusama's creative endeavours, and offers a rare insight into the fevered imagination of a very complicated and fascinating woman of considerable genius.







Softcover, 135 x 135 mm; 192 pages; full colour throughout



isbn 978-1-56836-538-1

£19.99 PB



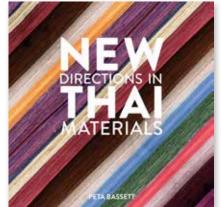
3RD EYE TRILOGY - THE NEW DAWN by Piyatat Hemmatat

Thai camera artist Hemmatat brings a brilliant and original new form to photography:

lens art... 3rd Eve Trilogy is a new series of Hemmatat's photographs inspired by the mystery and beauty of looking into a lens — the third eye that he uses to create his photographic universe. A lens reveals structures and shapes; against light, itmay also reveal a hidden universe of organic, and even futuristic forms...a gateway beyond ordinary sight. Here within the lens' mechanical marvels, a new series of abstract photographs by one of Thailand's most acclaimed young photographers has been born. These are highly evocative images that seem to

capture both the mystery of the world beyond, as well as the spirit of the universe. A beautifully presented collection of 24 plates, each image is captioned by words penned by Thailand's most revered writer and poet. Phanomtien, His poetry brings subtle meaning and a literary way of looking at Hemmatat's astonishing work.

£30 HB; slip-case isbn 978-1-932476-65-1 Hardcover; 250 x 250 mm; 64 pages, all in colour; 24 plates; printed on heavy art paper



NEW DIRECTIONS IN THAI MATERIALS

by Peta Bassett

a design resource using natural eco-materials...

serindia

This offers an exploration of materials and innovations current in the Thai design world. Familiar natural solutions reflect the abundant tropical environment but are transformed into contemporary products while synthetics offer surprising and often deceptive imitations as well as novelty of their own. Widespread eco-concerns are also driving the material choices of many designers and new resources have been discovered or created in the process. *New Directions in Thai Materials* is a source of inspiration that adds a new dimension to Thai creativity.

The book features many natural materials — including water hyacynth, bamboo, silk cocoons, clay, among many others — from local sources that have found modern uses. New and young entrepreneurs take creativity from indigenous materials to new heights, combining international design language and technology with innovative products. Environmental concerns bring new ways to reduce waste and benefit the economy. Established designers and architects inspire new generations with their experience. This book weaves together a story of new designs in Thailand through materials, showcasing the spirit, energy and creative freedom of the Thai design community.

isbn 978-1-932476-50-7

£35 HB

Hardcover; 184 pages; 240 x 240 mm; 200+ colour photographs; glossary; supplier contact details





BETWEEN THE LINES: Identity, Place and Power

SELECTIONS FROM THE WASWO X WASWO COLLECTION OF INDIAN PRINTMAKING
by Lina Vincent Sunish

Art historian and curator Lina Vincent Sunish makes a unique analysis of the sociological and historical context that has moulded the growth of Indian art. Arguing that images often straddle the lines of arbitrary categories, she approaches this important collection as a particular pathway through a complex aesthetic and historical geography. With keen insight she elaborates on how the concepts of Identity, Place and Power have shaped artistic creation, while at the same time encouraging us to think between these categorical parameters. This collection represents 79 Indian artists from dif-

ferent regions and consist of woodcuts, etchings, lithographs and screenprints spanning a period of time from 1916 to the present day. Unlike many surveys of contemporary printmaking, *Between the Lines* approaches its subject matter with an emphasis on imagery and meaning rather than technique employed.

Softcover; 204 x 270 mm; 152 pages; all in colour; 100+ prints; isbn 978-1-932476-64-4 **£25 PB**





BANGKOK, ANYTIME by Daniel Monfort Gil **£14.99 PB** isbn 978-1-932476-69-9; 72 pages 210 x 220 mm; 70 paintings on glass; text, captions

This is a celebration of street iconography in the Thai capital through the eyes of resident artist Daniel Monfort Gil. Born in Barcelona, Monfort has made Bangkok his home since 2009. Here, he reinterprets the glass paintings of 20th-century Spanish Modernists to reflect the vibrant urban life of Bangkok.

The characters in Monfort's paintings are contemporary people, the kinds of characters you might see on the street, in the underground or around any corner. Each of the characters he paints is looking for someone or something; they are charting their own path through life and, in some cases, they may be a little bit lost. How many times have you sat down next to a stranger or someone on the bus who you feel connected to? Have you ever wondered what their life is like? This painter invites viewers to create their own plots for his many characters. As different viewers imagine different futures for each painted character, there may be similarities or differences — and so the paintings share something with the pattern of

our own lives as we move within a universe of possible pathways.



Daniel Monfort Gil was born in Barcelona and studied at the Llotja Advanced School of Art and Design - the oldest in Spain (1715). He graduated after 3 years, focusing on painting, sculpture, photography and illustration, with a further 2 years devoted to graphic design. His work ranges from designing watches to creating corporate identities, painting in oil, and of course painting on glass: an old technique reinterpreted by Monfort. Fascinated by urban life and urbanities, his early work reflects city life in Barcelona. Resident in Bangkok since 2009, the Thai capital has now inspired a new collection of paintings on glass - represented in this extraordinary new book.





ART OF SOUTHEAST ASIAN TEXTILES THE TILLEKE & GIBBINS COLLECTION By Linda S. McIntosh

Beautifully illustrated throughout, this title focuses on hand-woven and -adorned cloth created in Thailand, Laos, Cambodia, Vietnam, Burma, and Malaysia. Social, political, and economic ties linked the cultures of mainland Southeast Asia to those in other

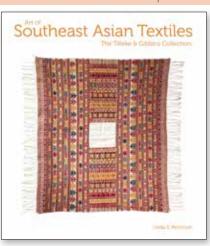
areas, such as the island and other cultures of the region, resulting in exchange. Some textile types from Indonesia and India are therefore included in this volume. The book showcases over 200 of the finest examples from this superb private collection reproduced in full colour using the highest production quality available today.

An excellent and rare book on the subject.



Hardcover; 248 pages; 295 x 259 mm 200+ colour photographs

isbn 978-1-932476-59-0 **£50 HB**





From the Land of the Thunder Dragon TEXTILE ARTS OF BHUTAN

FROM THE LAND OF THE THUNDER DRAGON TEXTILE ARTS OF BHUTAN

Diana K. Myers and Susan S. Bean (Eds.)

Contributing authors: Diana K. Myers, Michael Aris, Françoise Pommaret and Susan S. Bean

Bhutanese textiles are among the last of the major arts of Asia to gain recognition in the West, and this is the first book to present this outstanding art form in its cultural and historical context. Bhutan's textiles, especially the intricate brocades and complex supplementary-warp patterns, are unmatched anywhere in the world. This art, with a steadily growing and devoted following in the West and Japan, has become Bhutan's most powerful emblem abroad.

This volume, first published in 1994 (now reprinted in 2008) in conjunction with a special exhibition organized by the Peabody Essex Museum of Salem, Massachusetts, covers all aspects of Bhutan's textiles and weaving heritage, from the central role of women - more than 80 percent of Bhutanese women contribute to their household's income by weaving - to fibers, dyes, and looms, to the functioning of beautiful cloth as an item of trade and an indicator of historical change and social identity. This copiously illustrated book reveals the richness, originality, and striking beauty of Bhutanese textiles. Examples come from the Peabody Essex Museum, which holds the largest such collection of any North American museum, and public and private collections in Bhutan, the United States, Canada, and the United Kingdom. The illustrations are supplemented by field photographs and rare archival images.

Softcover; 248 pages; 277 x 218 mm 130 colour, 20 b/w photographs; drawings

£35 PB isbn 978-1-932476-42-2

SACRED & SECULAR

THE PICCUS COLLECTION OF TIBETAN RUGS Robert E Piccus

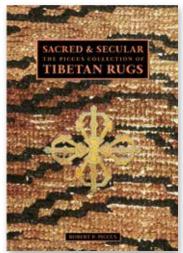
Rugs have been woven and used in Tibet for centuries, but until relatively recently have received scant attention from scholars and collectors alike, largely due to a preponderance of brightly coloured, chemically-dyed objects that were clearly the result of modern commercial production and possessed of little aesthetic appeal. This situation began to change in the mid-1980s when the Chinese authorities began to allow tourism and foreign visitors began to discover early, naturally-dyed examples that had not been seen in the West. Appreciation of their unique beauty began to burgeon.

The Piccus Collection of Tibetan Rugs was formed during this 'window of opportunity' that existed in the 80s and 90s, and demonstrates the genuine aesthetic sense, cultural achievement and remarkable skill of the unknown Tibetan weavers who produced these masterpieces. The book tells the story of how this leading collection of Tibetan rugs came into being, the individuals involved and the evolution of scholarship in this field as a result. Most importantly, it reveals the Collection



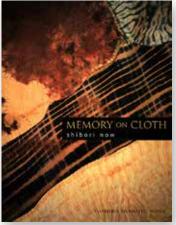
in all its glory, with the examples photographed and reproduced to the highest standards on art paper. It is organised by design category, including Tigers and Leopards, Dragons, Tantric, Geometrics, Medallions, Warp Face Backs, Nomadic and others. It also includes technical information and a visual glossary that will be very useful for collectors, designers and scholars alike.

Sacred and Secular is a thing of beauty that documents a previously little-known aspect of Tibetan history and culture that deserves to be recognised beyond the bounds of scholarly or professional interest. It's wide visual appeal will serve to further spread knowledge and appreciation of the uniqueness of Tibetan culture and the value of its rich tradition of carpet and rug making to a new generation.



isbn 978-1-932476-55-2

Hardcover; 294 pages; 305 x 210 mm 200+ colour photographs



MEMORY ON CLOTH SHIBORI NOW

Yoshiko Iwamoto Wada

Shibori is infinitely more than the tie-dye that became well known in the sixties. Shaped-resist dyeing techniques have been done for centuries in every corner of the world. Yet more than half of the known techniques-in which cloth is in some way tied, clamped, folded, or held back during dyeing, to keep some areas from taking colour - originated in Japan. Shibori can be used not only to create patterns on cloth but to turn fabric from a two-dimensional into a three-dimensional object. The word is used here to refer to any process that leaves a "memory on cloth": a permanent record, whether of patterning or texture, of the particular forms of resist done. In addition to traditional methods it encompasses high-tech processes like heat-set on polyester (made famous by Issey Miyake's revolutionary pleated clothing), melt-off on metallic fabric, the fulling and felting that make it possible to turn all-natural fabrics into three-dimensional shapes, weaving resist (in which, for instance, a warp thread can be pulled to gather the cloth to resist dye), and d vor e, in which just one part of a mixed fabric is dissolved with chemicals.

Author Yoshiko Iwamoto Wada has been teaching shibori around the world for nearly thirty years, and helped to establish the World Shibori Network and the International Shibori Symposium. She coauthored in 1983 the authoritative Shibori: The Inventive Art of Japanese Shaped-Resist Dyeing, which in turn inspired many artists to add shibori processes to their repertoire.

Hardcover: 212 pages, 305 x 236 mm 150 colour-, 250 b/w photos; 50 drawings

£70 HB isbn 978-1-56836-470-4

SHIBORI THE INVENTIVE ART OF JAPANESE SHAPED RESIST DYEING Yoshiko Wada, Mary Kellogg Rice Jane Barton

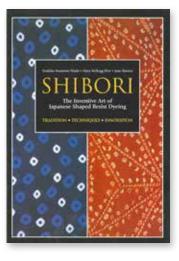
Potential for creating designs in textiles can be seen even in the physical properties of cloth. The simple fact that cloth tightly compressed into wrinkles or folds resists the penetration of dye is an opportunity to let the pliancy of textiles speak in making designs and patterns. People around the world have recognised this opportunity, producing resist designs in textiles by shaping and then securing cloth in various ways before dyeing. Yet in no other country has the creative potential of this basic principle been understood and applied as it has in Japan. Here it has been expanded into a whole family of traditional resist techniques, involving first shaping the cloth by plucking, pinching, twisting, stitching, folding, pleating, and wrapping it, and then securing the shapes thus made by binding, looping, knotting, clamping, and the like. This entire family of techniques is called *shibori*.

Designs created with shibori processes all share a softness of outline and spontaneity of effect. Spontaneity is shibori's special magic. In this book the authors have gone far beyond simple documentation. Extensive research and experimentation have led to the revival here of shibori techniques that were once well known but have now been largely forgotten in Japan. In addition to more conventional techniques, the work of contemporary fibre artists in Japan and abroad in shibori textile art and wearable art is presented, to suggest the extent of the creative innovation possible.

There are 104 colour and 298 b/w plates and a detailed guide to basic natural dyes used in Japan, the making and care of an indigo vat, as well as a glossary and bibliography.

Softcover: 304 pages, 297 x 210 mm, 48 colour photos, filled with patterns + line-drawings

isbn 978-1-56836-396-7 **£42 PB**



THE FINE ART OF KIMONO EMBROIDERY

Shizuka Kusano is one of the most admired and recognized textile artists in Japan today. With the publication of The Fine Art of Kimono Embroidery, readers in the West will come to know and appreciate her work for its great beauty and grace. Kusano's canvases are kimono, obi (the sash used to tie the kimono) and tapestries, on which she creates extraordinary compositions in brilliant colour and subtle tones, with a rich contrast in textures. Her themes are drawn from Japanese poetry, literature and art, and feature such seasonal motifs as trees, flowers, birds, and streams, designs which are uniquely Japanese in sensibility and expression. Working exclusively with silk threads and fabric, and delicately balancing the use of space in her composition, Kusano's designs achieve the sophistication for which the best Japanese art is known.



Selected works are shown here in full colour with explanatory captions, while a separate section covers the primary techniques used on each piece. In addition, Kusano writes about how she developed her art, providing commentary on her themes and sources of inspiration. She also includes an essay on the history of embroidery in Japan from the time it was introduced into the country from China in the sixth century up to the present.



Shizuka Kusano is one of the most admired textile artists in Japan. She works particularly on the decoration of kimono, obi (sashes) and tapestries. She has been teaching at various institutes, and has been honoured with more than thirty exhibitions. "The Fine Art of Kimono Embroidery" is her most celebrated publication.



THE BOOK OF KIMONO THE COMPLETE GLIDE TO STYLE & WEAR

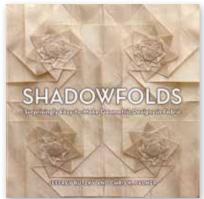
This practical and attractive book makes available for the first time the fundamental knowledge and vocabulary needed to be comfortable to select and put on a kimono and obi. It may look complicated and time-consuming - but it really isn't!

Whether for women or men, all kimono are cut and sewn essentially from a single pattern, but a number of variations must be considered. depending on the occasion. Guidelines are given to making these choices, and the way to dress in a kimono, from the preliminaries to tieing the bustle sash, is described in detail and fully illustrated. For women, there are formal kimono, obi and accessories, and the lightweight summer yukata; for men, the yukata and the ceremonial ensemble of kimono, haori coat and hakama skirt. Children's kimono for festive events

Kimono fashions have evolved over the centuries in response to a wide variety of influences. Today modern innovations are making the wearing of kimono at home and elsewhere an attractive alternative to Western garments. These are included here, along with a discussion of aesthetics, the history of the kimono, and the meaning that kimono culture can have for wearers and admirers throughout the world.

Softcover: 140 pages, 257 x 182 mm, 16 colour photos, 150 b/w drawings

isbn 978-1-56836-473-5: £26 PB



ishn 978-1-56836-379-0

f25 HB



shades, neckties, bedspreads, table-cloths and divider screens.

Hardcover: 128 pages, 222 x 222 mm, 250 colour photographs and drawings 15 design projects included in detail

GIFT WRAPPING WITH TEXTILES

total, all in colour. This is a book that will have a wide appeal to anyone who enjoys working with textile and fabric, as well as origami. A total of 15 different projects are explained, including pillow designs, lamp-

> STYLISH IDEAS FROM JAPAN Chizuko Morita

In Japanese culture, it is customary to put as much care into the wrapping of a gift as into choosing the gift itself. The way a gift is wrapped and the material in which it is presented are considered expressions of the giver's feeling toward the recipient. Now, using techniques that have been part of Japanese tradition for generations, Chizuko Morita offers readers innovative and unique ideas for using the Japanese art of wrapping with cloth in very contemporary ways. In a matter of minutes, a swatch of cloth known as a furoshiki can be fashioned into an elegant wrapping for a CD, a book, a bottle of wine, a box of chocolates, even a soccer ball. And unlike paper gift wrap, if you get it wrong the first time, you can just undo the knots and start again. Not only are the wraps fool-proof, they rely on only three basic knots.

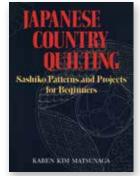
Stunningly original wrapping ideas • Gift-wraps for wine, books, CDs, pictures, posters, balls, and boxed items of all sizes Based on techniques that have their roots in centuries-old Japanese traditions of wrapping for gift-giving

Original ideas to freshen up everyday items such as pillows, baskets, and more • New thoughts for decorating the breakfast and dinner table • Add an elegant touch to flowerpots, planters, or a bouquet of Softcover: 96 pages

250 x 190 mm, 50 colourflowers • Make an instant magazine rack 400 b/w photos or knapsack... and much more



isbn 978-1-56836-569-5 £17.99 PB



JAPANESE COUNTRY OUILTING SASHIKO PATTERNS AND PROJECTS FOR BEGINNERS

Karen Kim Matsunaga

Sashiko is a simple running stitch worked in repeating or interlocking patterns through one or more layers of fabric, typically executed in white cotton on indigo-dved cloth. The traditional patterns readily lend themselves to modern decorative applications, though the stitiching was originally designed for quilting together layers of fabric for warmth and durability, or for strengthening a single layer. Sashiko required neither exotic silks nor years of apprecticeship to attain mastery.

This classic exposition offers all you need.

Softcover: 96 pages, 256 x 190 mm, 260 b/w drawings.

f22 PB ishn 978-1-56836-495-7



MAKE YOUR OWN JAPANESE CLOTHES PATTERNS AND IDEAS FOR MODERN WEAR

John Marshall

Classical elegance. Loose-fitting comfort. Versatility. Functional design. These are just some of the reasons why traditional Japanese clothes have captured the imagination of modern fashion designers and stylish dressers around the world. Making Japanese clothes is surprisingly simple. Patterns consist of virtually all straight lines, and the non-body-conforming shapes require no darts, buttonholes, or zippers. Here, in this creative sourcebook, is all the information you need to sew authentic Japanese clothes or to design your own Japan-inspired fashions.

Softcover: 136 pages, 254 x 178 mm, 8 colour pages, 360 line-drawings **£25 PB** isbn 978-1-56836-493-3



£12.99 pb 978-1-56836-546-6

257 x 185 mm; 64 pages: 32 full-colour, 32 two-colour; 80 toys & accessories

MORE FELT FRIENDS FROM JAPAN

80 SLIPER CLITE TOYS AND ACCESSORIES TO MAKE YOURSELF Naomi Tabatha

Following the huge success of her first book (left), this offers another 80 cutesy projects that will keep both parent and child happy for many hours of safe and educational fun. Be part of the "KAWAII" revolution!

- Felting is still very popular with crafters - suitable for all ages
- · All the projects in the book have the popular Japanese 'kawaii' (cute) feel
- 80 projects in all: animals and dolls (and their outfits), purses, tote bags, and many other accessories
- Easy-to-follow instructions and patterns: no tools needed
- Great gifts for all occasions
- Excellent ideas for parent \ child activities
- Every project is in full colour



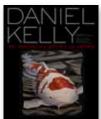
£12.99 pb 978-1-56836-387-5

257 x 185 mm; 64 pages: 32 full-colour, 32 two-colour; 80 toys & accessories

FELT FRIENDS FROM JAPAN

86 SUPER CUTE TOYS AND ACCESSORIES TO MAKE YOURSELF Naomi Tabatha

This book includes 86 easy-to-make toys and accessories in felt. 32 pages are devoted to full-colour pages of photographs of the toys and accessories, with the emphasis on cute animal characters such as elephant, monkey, and rabbit - all have a Japanese cute sensibility. The remaining 32 pages give easy-to-follow step-by-step instructions for each project. Patterns for every project are included. All projects are hand sewn and are made with just felt and needle and thread. The instructions are simple enough to be followed by anyone from about age 10 upwards, and there is an explanatory page of basic stitches used in the book.



DANIEL KELLY AN AMFRICAN ARTIST IN JAPAN

Daniel Kelly; Foreword by Banana Yoshimoto

Multi award-winning paintings and prints from a brilliant artist who is defined by Japan and who works in cross-cultural media.

Hardcover: 128 pages, 280 x 228 mm, full colour throughout

£39 HB isbn 978-4-7700-3133-4

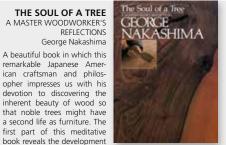


SUMI-E JUST FOR YOU Hakuho Hirayama

This is a beginner's guide to sumi-e:-Japanese ink paintings of landscapes and portraits. Clear line-drawings, how-to photographs, and step-bystep instructions for 20 traditional motifs are included.

Softcover: 96 pages, 297 x 210 mm, b/w illustrations throughout

£25 PB isbn 978-1-56836-525-1



Softcover: 224 pages, 297 x 222 mm. 48 colour pages. life in an Indian ashram in the 250 photos & drawings

£42 PB 978-1-56836-395-0

the inner truth and nature of the different trees with which he works, while the third explores the skills by which the wood is reborn as furniture.

George Nakashima

A beautiful book in which this

remarkable Japanese Amer-

ican craftsman and philos-

opher impresses us with his devotion to discovering the

inherent beauty of wood so

a second life as furniture. The first part of this meditative book reveals the development of Nakashima as a spiritual

artist and the influence of

1930's. The second reveals

DAVID SAVAGE

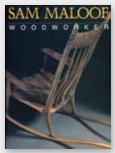
Hardcover; 232 pages; 304 x 228 mm, 403 photos + sketches; 96 colour, 96 duotone images

£30 HB isbn 978-4-7700-3121-1

FURNITURE WITH SOUL

MASTER WOODWORKERS AND THEIR CRAFT by David Savage

This beautiful book follows in the grand tradition of two other Kodansha classics, Sam Maloof: Woodworker and The Soul of a Tree: A Master Woodworker's Reflections (left). Both have inspired generations of contemporary artists working in wood, including most of the artists in this book. Written by respected woodworker David Savage, Furniture with Soul explores the philosophy, career, and the pivotal moments of struggle and inspiration of ten top artists. Savage travelled throughout the United States and Britain to interview the best in the field with candour and an uncompromising eye. As he puts it, "the craftspeople featured in this book have lived lives dedicated to the creation of objects that will fill us with awe and wonder. These makers are at once artists and designers and top-ofthe-line craftspeople, creating handcrafted objects in the small workshop or studio, stretching artistic boundaries, uninterested in mass-produced products. Their pursuit is excellence and the individuality that will make their work a landmark of our age". Savage shines the spotlight on some of the world's best woodworkers, including John Makepeace, John Cederquist, Jack Larimore, Gary Knox Bennett, and Peter Danko. With a telling eye and refreshing intimacy, he reveals the thinking, creative process, how each found his or her voice.



Softcover: 224 pages, 297 x 200 mm, 70 colour & 236 b/w photos

£44 PB 978-1-56836-509-1

SAM MALOOF

WOODWORKER Sam Maloof

Sam was a man of profound artistic vision and talent who devoted his life to making furniture. This book is his life and work told in his own words. Since childhood, he was in love with wood and the techniques of working it and constantly developed his precise sense of form and design. These three loves-of wood, of making things, and of design brought him to the world of furniture and eventually to an honoured place among America and the world's leading artist-craftsmen. Sam's furniture has a clear rhythm and flow, a bright vitality that eludes analysis. All his furniture is functional: chairs are comfortable; tables, while sculptural, are still usable; desks are custom-designed to meet the

needs of each user. His work has the calm, sure quality that comes from technical mastery combined with a creative joy in finding ways to let wood

TRADITIONAL JAPANESE CHESTS

A DEFINITIVE GUIDE Kazuko Koizumi

THE FIRST BOOK OF ORIGAMI

Origami embodies skills that have

been developed through play and enjoyment over the ages. Traditional

designs, such as the popular crane -

with their finely balanced artistry and

beauty - represent the living shapes

of Japan. Today this art has spread

all over the world, attracting millions

of enthusiasts, which has further enriched it and led to the creation of

This is a selection of classic designs

that can be easily mastered by the

· Clear, easy-to-understand, three-di-

numerous innovative designs.

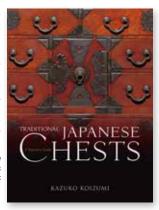
Notable features are:

Edited by Kodansha International

Wa-dansu, or Japanese chests, are much sought-after around the world by both private collectors and antique dealers. Written in detail by the foremost scholar, and containing more than 150 photographs, this book offers the most comprehensive and reliable reference resource, which showcases the fine craftsmanship required to create these uniquie items of furniture.

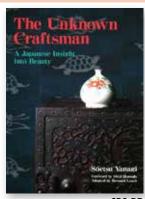
> Hardcover: 144 pages, 304 x 228 mm 96 colour pages 150 photos, 50 drawings

isbn 978-4-7700-3112-9 **£44 HB**



THE UNKNOWN CRAFTSMAN A JAPANESE INSIGHT INTO BEAUTY by Soetsu Yanagi; Foreword by Shoji Hamada; Adapted by Bernard Leach

The classic exposition of the Japanese Arts & Crafts movement MINGEI, written by its founder and supported by its leading exponents. The late Soetsu Yanagi was the first to fully explore the traditional Japanese appreciation for "objects born, not made". Yanagi sees folk art as a manifestation of the essential world from which art, philosophy, and religion arise and in which the barriers between them disappear. The implications of the author's ideas are both far-reaching and practical. Soetsu Yanagi is often mentioned in books on Japanese art, but this is the first translation in any Western language of a selection of his major writings. The late Bernard Leach, renowned British potter and friend of Mr. Yanagi for fifty years, has clearly transmitted the insights of one of Japan's most important thinkers. The 76 plates illustrate objects that underscore the universality of his concepts. The author's profound view of the creative process and his plea for a new artistic freedom within tradition are especially timely now when the importance of craft and the



isbn 978-1-56836-520-6 **£30 PB**

handmade object is being rediscovered. Softcover: 232 pages, 240 x 180 mm; 12 colour- 64 b/w photos

Softcover: 32 pp, 264x190mm 978-1-56836-433-9

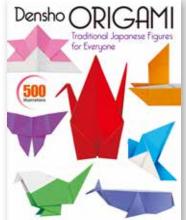
£5.99 PB

mensional illustrations created with computer graphics. • Indications of the paper size for each design, giving the shapes and

sorts of paper that can be used. • Suggestions on how to play with such origami toys as the Camera,

beginner.

Party Popper and the Paku-Paku Game.



£12.99 PB isbn 978-1-56836-382-0

DENSHO ORIGAMI

TRADITIONAL JAPANESE FIGURES FOR EVERYONE Edited by Kodansha International

The secrets of folding these archetypically Japanese origami figures from the deepest reaches of their cultural identity have been handed down within families since the 17th century. when the art became a universally popular way of expression. This wonderful book for beginners and confirmed folders alike introduces designs such as the seminally popular tsuru (crane), as well as the samurai helmet, goldfish, dove, cat & dog faces, whale, tulip, ninja star and many others. Densho origami figures are all simple, but beautiful and balanced. While some require more folding than others, they can all be made by anybody with a bit of practice.

This book introduces 35 folklore origami figures with over 500 detailed, computer-generated illustrations showing each step in the process. The unique 3-D aspect makes this an easy book to follow. Perfect first book for both children and adults.

Softcover: 96 pp, 250 x 190 mm 500 illustrations

ANIMAL ORIGAMI

ORIGAMI JEWELRY

MORE THAN 40 EXQUISITE DESIGNS TO FOLD AND WEAR by Ayako Brodek

Learn how to apply lacquer and other strengthening agents to make delicate yet durable origami – and then wear it with pride!!

Now available from Kodansha for the first time in a durable hardcover, this brilliant book is a real treat for those many origami enthusiasts who've wished that they could produce art that is beautiful, practical and long-lasting. The good news is... IT CANII

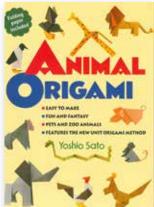


isbn 978-1-56836-368-4 £22 HB

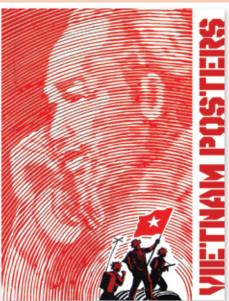
222 x 222 mm; 128 pages, all in colour; 42 designs, carefully explained & richly illustrated with hundreds of sequential photos and drawings This book introduces a menagerie of

Yoshio Sato charming paper animals. Each animal is built on simple shapes any child can master in moments and will lead to hours of pleasure and play. It follows the "unit origami" method. You simply make several basic units -the "boat," the "house," the "boot"- then assemble the finished units, like building blocks. Amazing shapes and forms can be created in this way that will impress family and friends and fill the folder with confidence and the enthusiasm to go on to trickier challenges and deepen his or her knowledge of this fun craft and the skill sets it helps nurture in the practitioner. The author of five books, Yoshio Sato has been folding paper for decades.

48 pages, 257 x 190 mm; colour photos & line drawings isbn 978-1-56836-505-3



£12.99 PB



VIETNAM POSTERS AND BILLBOARDS

by Le Van Vien

This is a great book that offers a fascinating history and documentary of the posters and billboards produced by the Vietnamese, from the time of Ho Chi Minh's first struggles against the French, through the Vietnam War days, then the Doi Moi ('perestroika') right up to the campaigns of the present day. As the Introduction says, many of these posters were made by the artists by hand during fighting in the jungle from carved woodblocks, then printed against a flat surface on hand-made paper. All the captions in Vietnamese are translated. The 220-plus posters represented here offer a broad cross-section of poster type, and give a clear insight into how successive generations of Vietnamese viewed the propoganda potential that this artisitic medium offered, both to the government and the military.



ai yêu Bác Hồ Chí Minh hơn thiếu niên nhi đồng

Softcover/Flexibound; 235 pages; 245 x 195 mm; 220 colour posters+billboards isbn 978-604-590-105-2

£17.99 Flexi

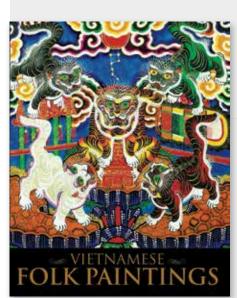






by Artbook

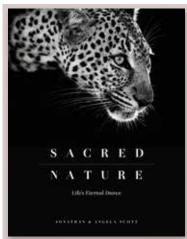
This is an excellent introduction to the art of woodblock print making, known as "Viet Folk Painting" in Vietnamese. It is a craft art that developed at the beginning of the 17th century around the Red River delta east of Hanoi, centred around Dong Ho village. The craftsmen use a special diep paper, made from the bark of the dó tree, which is soaked in water for months, then mixed with ground seashell and glutinous rice to make a paper that possesses an exotic sparkle and is able to hold colour for a very long time. All dyes are natural; the woodblocks themselves are carved separately: one for each colour used in the final picture, and they are often kept by an artisan family for many generations. Dong Ho paintings are traditionally displayed during Tet lunar New Year, they are often humorous and optimistic, with many vivid colours. The most popular themes are those bestowing happiness, prosperity and good fortune for the New Year. They often bear characters to identify the figures represented, and are sometimes designed as diptychs or triptychs. This medium was also used to express subtle social, political and cultural criticism. For example, Dong Ho villagers produced a set of four prints entitled 'The Progress of Civilisation' in which the Westernisation of Vietnamese society was delicately criticised through satirical portrayal of Vietnamese people dressing and behaving like the French. Printed to a high standard, examples of the many different subject matters and themes are grouped into 4: scenes taken from Daily Life, Religion & Beliefs, History and Literature.



Softcover/Flexibound; 204 pages; 245 x 195 mm 200+ colour paintings + prints; 9 b/w photos isbn 978-604-590-106-9

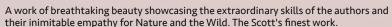
£14.99 PB Flexi





SACRED NATURE Life's Eternal Dance

Jonathan & Angela Scott



£39 hardcover; large format; French-folded jacket; isbn 978-0-9946924-0-5; 366 x 286 mm; 288 pages; 75 colour, 65 monochrome photographs

Over many years, Jonathan and Angela have graced our TV screens as they showed us the fragile beauty of the planet's wildlife and the many dangers it faced in these modern times. in the BBC's immensely popular long-running series The Big Cat

Their sheer talent as photographers and the unique empathy their work reveals with their subjects is the stuff of legend and without rival – as evidenced in the thirty books they have published so far.

However, this is the first book created to celebrate two lives dedicated to their art and their passion - the Nature and Wildlife of Africa. It offers the finest of their images reproduced at the highest quality on fine art paper in a large-format volume destined to hold pride of place in any library or bookshelf.

Between these covers you will find the most extraordinary images of scenery and sky as well as of the living creatures that together make the biomes of Africa so unique and so remarkably moving. This is a beautifully designed and presented book that will bring pleasure to all who love the wild, as well as admirers of photography at its very finest.

"This outstanding gallery of photographs should redefine the 'African photobook' genre. They are simply stunning images, entrancing and profoundly beautiful. Frankly, I don't know how to do them justice with words..." - Chris Packham

"Africa courses through the veins of Jonathan and Angie Scott - and it shows in this intimate collection of photographs. After a lifetime in the bush you'd expect them to produce something pretty good, but this is an absolute treasure." - Mark Cawardine





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LIVING

DEPENDENT

ON TREES

FIND

GAME DRIVE

BIRDS OF SOUTHERN AFRICA Phillip van den Berg

A must-have book for all bird lovers everywhere!!

This is a book for all bird lovers. It is designed to be rewarding to twitchers everywhere, while being particularly useful to visitors to southern Africa. It is not meant to be a comprehensive guidebook: it focuses on birds you may see on a regular game drive and will help you to become familiar with the 300 most common species. To achieve this end, the book is unconvention-

al in its grouping of birds. Usually, related bird species are grouped together in families: species and sub-species. In this book, the grouping is based on shared habitat to enable birders to know what can be expected in any given area at any particular time. Where further sub-

divisions are necessary, other factors are used to make more distinctions. Bear in mind that the groupings into habitats are not mutually exclusive and many birds will naturally occur in two or even three of the habitats. These broad divisions will help the reader with useful clusters and will help to make quick and easy sense of what can be a bewildering range of birds. For the sake of expedience and practicality seabirds are not included (they would double the size of the book!); this is also the case for "LBJs" ('little brown jobs') as they are so ubiquitous and have myriad sub-species.

Southern Africa has a great variety of different climates, biomes, vegetation types and general habitats, which in turn give rise to an amazing richness of birdlife. With over 960 bird species in the region south of the Cunene and Zambezi Rivers (which constitutes southern Africa), many birdwatchers find that starting out with comprehensive bird guidebooks can be overwhelming. Most game reserves in southern Africa are situated in savanna and grassland. Many birds found in these biomes are also common to various others. Birds of Southern Africa will be useful in game reserves all over the region.









£29 HB; 978-0-9946751-3-2; 280 x 221 mm 200 pages, all in full colour; 300 photos

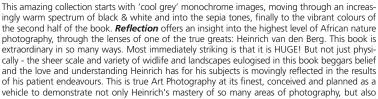




reflection by heinrich van den berg

One of the world's most admired and widely published nature and wildlife photographers reflects upon his finest work in this definitive collection...





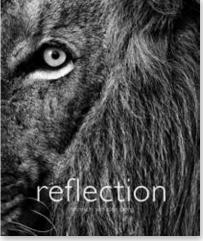
as a showcase for the possibilities which the wonderful Nature of



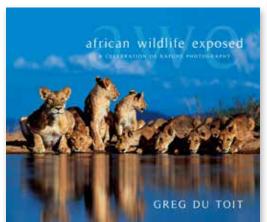
Africa offers to any photographer. The technical specifications for each each shot are also included with a thumbnail of the image.

Production quality elevates 'high quality' to a whole new level. The best paper available was used for the book (a thick 200gsm matt art paper) and the French-folded dust jacket is treated with a ground-breaking special textured UV varnish. Astonishingly, an 8-colour printing process was used to achieve the finest reproduction quality; Heinrich himself oversaw every stage of printing in Singapore, from start to finished book.

This truly is a masterpiece of wildlife photography.



£55 deluxe, large-format HB isbn 978-0-620-61111-4: 380 x 310 mm: 224 pages: 186 photos: 40 'cool grey', 28 'warm b/w', 28 sepia; 90 colour



£40 HB isbn 978-0-620-56171-6 Hardcover, dust-jacket; 160 pages 275 x 320 mm; full colour throughout

AFRICAN WILDLIFE EXPOSED A CELEBRATION OF NATURE PHOTOGRAPHY By Greg du Toit

This is a remarkable collection of photographs from the personal journey of Greg du Toit, a celebrated photographer of African wildlife whose reputation for placing himself in considerable danger to 'get the shot' is legendary. The majority of the images are colour, with a selection of black & white. The images were shot in Kenya, Tanzania, Angola, Namibia, Botswana, Zimbabwe, Zambia, Mozambique, Swaziland, Lesotho and South Africa.

"In making this book, I feel I have come full circle because the very reason I first purchased a camera was to share with others the wildlife I was privileged to see and experience. As you page through this book, I hope you will realise, as I have, that it is not too late to save Africa's wild places. Those places still exist; they have not yet vanished. I have visited many and now I invite you to journey to them with me through the pages of this book." - Grea du Toit



ROYAL GEOGRAPHICAL SOCIETY WILDLIFE **PHOTOGRAPHER** OF THE YEAR 2013

WINNER









game drive mammals of southern africa

£40 HB isbn 978-0-620-56172-3 Hardcover; 200 pages; 320 x 240 mm 180 colour photographs; 200 gsm art paper



While Game Drive - A Safari Guide (£8.99 HB, p.57), is a pocket-sized spotter's guide designed for recognition and recording of species seen on safari, this large-format, deluxe hardcover is a visual record of all the mammals that may be seen on travels in Southern Africa and is filled with the most stunning images that only the lenses of the Van den Bergs can bring. However, while the main emphasis is on visual representation, species information is still important, and offered in bite-size snippets.

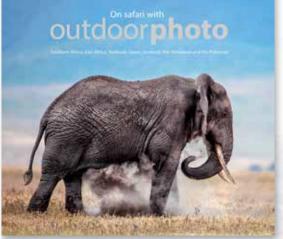
KEY FEATURES include:

- explanation of the layout and style of the book: how to get the most from it.
- covers the 90 species of larger mammal with reasonable likelihood of an encounter.
- identifying features are described, and the animal's name given in English and Latin.
- the distribution of each species is described and explained in concise captions.
- lifestyle and habits are also briefly described, with unique characteristics noted
- includes maps of the 8 biomes and ecosystems, and species distribution.
- a comparative table at the back offers details on average size, mass, gestation period, life expectancy and time during the day when most active.









On safari with outdoorphoto

Southern Africa, East Africa, Svalbard, Japan, Scotland, the Himalayas and the Pantanal

by HPH Publishing

We live in a diverse, exciting and magnificent world, and

nowhere is this more apparent than where civilisation is held at bay and nature reigns supreme. As you visit areas like these through the eyes of the contributors to this book, you will experience a dramatic encounter between lions and buffalo in the Okavango Delta, thousands of wildebeest and zebra crossing the Mara River during the annual migration, a stealthy leopard appearing from the deep darkness of the Sabi Sands Game Reserve, a cheetah sharing a tender moment with her cub in Phinda Reserve, a wealth of wildlife along the Zambezi and Chobe Rivers. Lapping the eastern shores of South Africa, the Indian Ocean puts on its own spectacular show each year – the Sardine Run, which attracts an unprecedented number of birds, ocean predators and friendly opportunistic dolphins.

Having traversed Africa's prime wildlife destinations, it's time to move east to the almost inaccessible mountains of the Himalayas, for a glimpse of the shy Snow Leopard. In Japan, see Snow Macaques bathing in warm springs while objecting to the presence of the paparazzi. Further north, view Steller's Eagles battle over anything and everything, while Red-crowned Cranes perform their lyrical mating dances and Whooper Swans glide magically in and out of the mist. Finally, the Arctic Circle's pervasive chill is almost tangible as you study polar bears, walruses, seals, and thousands of birds up close in images captured near Svålbard.

Nature and wildlife specialist **HPH Publishing** presents the finest images from guests and professionals of Outdoorphoto Safaris. As you travel with the photographers through these pages, rekindle your relationship with our planet's wildlife, and relive the compelling, exhilarating and beautiful moments they capture.



£29 HB

255 x 250 mm

all in full colour

240 pages

224 colour,

isbn 978-0-620-61290-6

19 black & white photographs



LAND OF CONTRAST SOUTHERN AFRICA'S DIVERSE BIOMES Heinrich van den Berg

A STUNNING BOOK REVEALING & EXPLAINING NATURE'S ASTONISHING VARIETY IN SOUTHERN AFRICA

The coastal plains, grassy wetlands, sub-tropical and temperate forests of Mozambique extend down into the coastal forests of NE South Africa. Savanna extends into Zimbabwe and South Africa. Botswana and parts of Namibia, characterised by thorn trees and broadleaved woodland interspersed with grassland. The central highveld plateau and eastern mountain ranges are covered by true grassland. The landscape becomes drier moving to the west until it eventually becomes true desert in Namibia. South of the Namib desert, the Karoo scrub landscape dominates. This vegetation changes into succulent vegetation and eventually, at the tip of Africa, the unique Fynbos prevails. Each of these 'biomes' determines the vegetation and ultimately the fauna.

Life on land is influenced by the availability of fresh water: rivers and wetlands form an intrinsic part of each biome. The



Hardcover; 136 pages; 272 x 344 mm 200+ colour photographs

isbn 978-0-620-53815-2

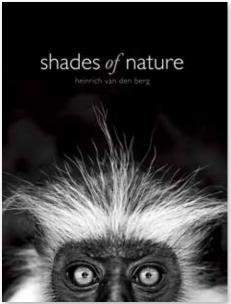
£39 HB





introduction to each chapter is a short summary of the main factors that determinethe nature of each biome. Then come the amazing images characterising the nature and wildlife in each biome, followed by text by biological scientist Ingrid van den Berg, with a complete list of thumbnails & captions. A huge book offering a panoramic vision of Southern Africa.





SHADES OF NATURE Heinrich van den Berg

HPH Publishing

In every way, this best-selling book is a fresh and daring perspective on the natural world and those that live in it. By removing colour from the visual element, the viewer is encouraged to interact directly with each image on a subjective level and to take from it a uniquely personal experience.

The text is in caption format, and helps create a multilayered work that hints at both poetry and philosophy. Through Van den Berg's carefully distilled thoughts, readers are enticed into thinking beyond the obvious and explore a wide canvas of ideas epitomised in nature.

Shades of Nature dismisses all preconceptions of what classic wildlife photography should be, and how it should be presented to the world. It effortlessly defies the norm, to demonstrate that mood and movement, energy and emotion, are the true essences of this craft.

Depth of experience rests on art, not colour.



Hardcover; 136 pages; 344 x 273 mm 143 duotone photographs; 200 gsm art paper isbn 978-0-620-46310-2 **f37 HB**



ART OF NATURE

by Heinrich van den Berg



This is a book that reveals a syncretic relationship between Art and Nature that elicits spontaneous and emotional reaction in the reader's mind. The photographs illustrate art: animal behaviour becomes a visual element, natural science the page upon which art is drawn. Here Reality defers to Beauty and Emotion. Heinrich's succinct texts reach beyond the photographs. They complement, query and even insult the images. The words are not there to fondle the images, but rather to dare the viewer to look beyond the obvious...

to discover the pure art that lies at the heart of all. The owner of this book will hold a key to something beyond extraordinary animal behavoiur or powerful, unique scenery.

> matters but the sheer beauty of nature itself. In direct contrast to the conventional visual appraisals

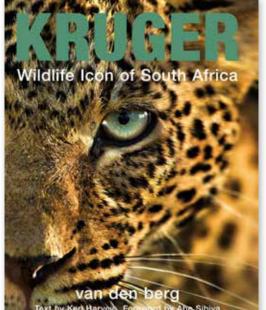
of nature, this book peels back the lavers found in the natural environment by placing nature in the realm of pure art.





£37 HB isbn 978-0-620-46965-4

Hardcover; 176 pages; 344 x 273 mm; 195 colour photographs; 200 gsm art paper



art of nature

peinrich van den berg

KRUGER

WILDLIFE ICON OF SOUTH AFRICA by Heinrich van den Berg

THE WORLD'S GREAT ECO-PROJECT:

Kruger National Park was founded in 1926 in response to the rampant hunting that was decimating Southern Africa's richest treasure: its wildlife. Covering more than 2.3 million hectares, this wonderful wilderness is now a safe home for a myriad species and receives 1.4 million visitors annually from all parts of the world. This vivid book reveals the true majesty of the hugely varied fauna of this unique conservation area through the astonishing photography of the Van den Bergs, who

live their lives for their art. Only those who are an intimate part of the wilderness, possessed of an intuitive knowledge and understanding of it, can achieve the level of perfection found between these covers. Theirs is the standard by which all nature and wildlife photography is judged.

The book is divided into 3 principal parts: The first is the largest, and presents an over-



view of the 'web of life' that is found within Kruger, illustrating the inimitable birds, reptiles, mammals and insects found there. The second part presents 45 key species in detail: images, descriptions of life and habitat, full scientific data, illustration of spoor. The final part offers practical guidelines on taking wildlife photographs, where & when to look for the different creatures, maps and index.



£26 PB

isbn 978-0-620-50010-4

Flexibound; 164 pages; 328 x 250 mm; maps; 144 colour photographs; 170 gsm art paper

nature & wildlife / safari guides

WE ARE THE CHAMPIONS: The Champion Trees of South Africa

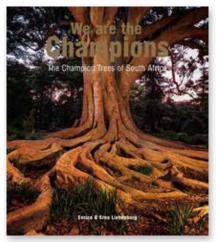
by Enrico and Erna Liebenberg



The Champion Trees Project began in 2002, when the South African government sought to protect trees of exceptional importance because of their remarkable age, size or aesthetic, cultural or historic importance. By 2015 more than 70 trees and groups of trees had been declared protected. Perhaps the single most awe-inspiring criterion for the public at large will always be size. Among the giants are Outeniqua yellowwoods (Afrocarpus falcatus) of the Knysna forests, standing up to 40 metres tall, baobabs (Adamsonia digitata) with trunk circumferences of up to 34 metres and the wild fig species (ficus spp.) with flaring roots and crowns up to 56 metres wide.

This large-format book intends to be neither a field guide nor a technical reference source – rather a photographic documentation and preservation of these magnificent living entities. In addition to the stunning photography, the descriptions are detailed and include icon-linked specifications, size index, height, mean average crown cover, mean diameter of trunk or stem measured at breast height, measured circumference of stem and even GPS coordinates of location.

The authors travelled nearly 40,000 kilometres, visiting some of the country's most remote corners and traversing its most intimidating tracks to bring readers this beautiful record of the most remarkable trees in one of the richest multi-biosphere environments on the planet.



isbn 978-0-620-65226-1 **£39 HB** Hardcover; 240 pages; 320 x 280 mm; 224 colour, 19 black & white images





GAME DRIVE A SAFARI GUIDE Van den Berg: Heinrich, Phillip & Ingrid

THE IDEAL FULL-COLOUR VISUAL IDENTIFICATION GUIDE

- The perfect aid to spotting, identifying and recording the wildlife likely to be encountered on safari in the eastern bushveld game reserves and parks of southern Africa.
- The bushveld is home to over 200 species of mammal, 500 bird species and a wealth of reptiles, amphibians, fish and invertebrates.
- Adjacent to a full-page colour photograph of each animal is its name in English, Latin, Afrikaans, German, French and Zulu. Full description of habitat, characteristics and features follows, then a list of statistics, including when active, height, mass, social structure, horn size (or other distinguishing feature), gestation and life-expectancy.
- Separate section for reptiles and birds, and a section on spotting spoor (tracks), as well as a quick-find guide and animal index.
- Paper quality, printing and binding are of the highest order.





Hardcover; 160 pages; 168 x 124 mm 143 duotone photographs; 200 gsm art paper

isbn 978-0-620-41935-2 **£8.99 HB**

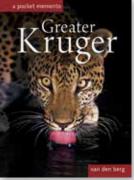




- \bullet A beautiful, durable, pocket-sized introduction to the world's most iconic nature reserve and conservation project.
- In themed sections: general information about this gigantic park; the rich diversity of wildlife; an examination of how the park has matured since its foundation in 1926; the plans for continuing trans-frontier growth; an appraisal of human interaction through care of the wildlife and associated medical programmes; an overview of the diversity within the park and its importance to mankind.
- Richly illustrated in colour throughout, the book offers a moving visual experience.
- Paper quality, printing and binding are of the highest order.
- Offers a stunning introduction to the importance of wildlife and nature to us all, and the need for all of us to conserve and nurture the unique environments we are priviliged to have on our planet.



Hardcover; 176 pages; 168 x 124 mm 128 colour photographs; 130 gsm art paper



isbn 978-0-620-43698-4

£8.99 HB

van den berg: phototips series

learn the fine art of black & white nature photography from the masters



£18.99 Flexi

isbn 978-0-9946-7510-1

1 HPH

Softcover; 158 pages; 215 x 215 mm; monotone throughout 72 images

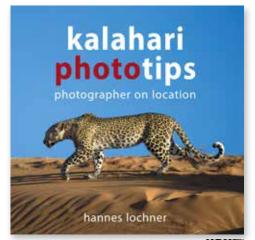
Black & White Phototips by Heinrich van den Berg

Fourth in the Phototips series, this uncomplicated and instructive book will help all photographers to hone their skills and produce beathtaking and original black-and-white images without having to plough through masses of technical data and jargon. Heinrich takes you with him into the wild to photograph nature from a fresh and creative perspective. Originality in perspective and composition is a big part of the book's appeal, but the real key to this series as a whole is that knowledge and skill is imparted by example, with straight-to-the-point notes on how to achieve the same result — whether your subject is a leopard in Namibia or a badger in Devon.

The book begins with an introduction to the world of b/w photography - where its unique features lie. Then follows chapter-by-chapter instruction in the 9 principal areas of expertise to master. Each chapter presents a different style or photograph, with a description, a general 'photograph.

type of photograph, with a description, a general 'phototip' on how to create a similar image and finally notes on LENS, SETTING, and HOW that specific shot was taken. The book concludes with a chapter on anecdotes offering an insight into the art, followed by a concise explanation as to WHY monochrome photography is so special:

"Suddenly the smallest detail is the focus of an image. Texture becomes language. Suddenly shapes are more solid."



£18.99 Flexi isbn 978-0-9946-7511-8

Softcover; 160 pages; 215 x 215 mm; full colour throughout 100 images



Kalahari phototips photographer on location by Hannes Lochner

Hannes Lochner is a multi-award-winning photographer who is synonymous with the Kalahari in general and leopards in particular. His skill has been honed by living out in the desert for five years capturing inspiring images of this evocative landscape and its enigmatic inhabitants. Hannes has an extraordinary talent for composition and his genius with light allows him to create images that communicate the soul of the subject. It is this passion that enables him to stand out as a master in an era where photography has become a pastime of many. He has been recognised internationally, receiving several awards from the prestigious Veolia Wildlife Photographer of the Year competition. A huge number of his photos and articles have been published across the world. In Kalahari Phototips - photographer on location Hannes shares his knowledge and expertise for the first time, following the highly effective Phototips format. Beginning with an introduction to the arid ecosystem of the Kalahari and the flora and fauna it nurtures, it moves chapter by chapter through the various 'tips'. Hannes finishes with a summary of Top Ten Tips, each accompanied by an image, with the characterstic Phototips advice on 'Lens', 'Settings' and 'How' to go about the shot.





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phototips getting it right in camera

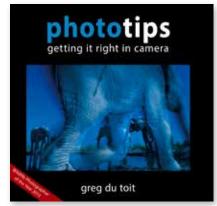
by greg du toit

HPH

Royal Geographical Society WILDLIFE PHOTOGRAPHER OF THE YEAR 2013

Before you can bring a photograph to life, you must get a few basics principles right and lay down a solid foundation. Once this is in place, your own creativity then becomes the measure of your photographic success. This book addresses **the three fundamentals** of photography. These elements are non-negotiable. With them comes proportion, scale, contrast and an effective viewpoint which can greatly improve the impact of an image.

The first is whether to shoot in jpeg or RAW format. Few photographers ever stop to ponder this critical decision, but every photographer must make it with intent. The second deals with how to focus properly. Again, surprisingly few photographers develop and hone sound focusing habits and skills — perhaps the MOST critical skill of all. Effective focusing is awkward at first, but in time and with practice, your muscle memory will soon make it effortless. Mastery frees you from the mechanics to use your energy on the art form itself. The third element deals with composition. Photography is a blending of mechanics and art. There is too much focus on the mechanics of photography: by applying a few simple tried and tested compositional techniques, you can take your photography to new heights.



£18.99 Flexibound 978-0-620-61522-8 215 x 215 mm; 176 pages; all colour; 90 photos

978-0-620-50748-6; **£18.99** Flexibound 215 x 215 mm; 144 pages; all colour; 94 photos

phototips principles of nature photography by Heinrich van den Berg (first in series)

Whether you are a beginner or a pro, this book is for you. With the **Phototips** series of books, the Van den Bergs reveal their secrets knowledge that has kept them at the forefront of nature photography for many years, and that has enabled them to create the compelling images that have seen wide exposure through all the world's media over many years.

Instead of producing an in-depth encyclopaedia for nature photographers, the Van den Bergs have opted to keep **Phototips** simple and to the point. By showing archetypical images, and offering tips for beginners and professionals on how to achieve them, they present a beautiful yet practical series of handy books that teach the unique set of approaches and techniques essential to wildlife photography, while avoiding the 'data and numbers' overload that discourages many a budding photographer. This is definitely the right approach for the digital age.



Principles of Nature Photography is the first in the series, and aims to teach the basics upon which talent can subsequently be honed. The book is arranged clearly and logically. The 'Photogear' section looks at the importance of having the right equipment and using it to its full potential; In 'Photocapture' all aspects of taking an image on a digital camera are covered, while 'Photolighting' demonstrates the vital role lighting plays and how to use light to your advantage. In 'Phototales' the Van den Bergs recount some of the stories and incidents in their careers that help illuminate key aspects of wildlife photography, while

the endmatter ensures that all terminology is fully understood, with an index to help cross-reference all the various elements introduced in the book. Essential to anyone wanting to learn how to take good pictures of wildlife anywhere.



phototips composing nature

by Heinrich van den Berg (second in series)



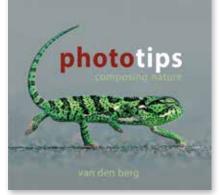
The **Phototips** series of books reveals the key to Van den Berg success. Avoiding excessive techno-jargon in favour of tips for beginners and separately for pros, a beautiful yet practical series of handbooks results, teaching the unique skill-sets essential to wildlife photography. This is definitely the right approach for the digital age.

Phototips: Principles of Nature Photography (above)is the first in the series, and illustrates the basic principles of nature and wildlife photography.

This latest title, *Phototips: Composing Nature* teaches the fundamentals and the finer details of a skill upon which all other skills depend: good, attractive, original composition and framing. It emphasises the importance of composing your frame in such a way as to get the best out of your subject under differing conditions. The lessons are taught through visual example with a succinct text centred on 4 elements:

overall appraisal of the shot
 general tip on that genre of photography
 notes
 n how to achieve a similar result (lens and shutter settings; how to take the shot)
 photo caption giving technical specifications

While the **Phototips** series is set amidst the rich nature of Africa, these are lessons which can be used to better your skills anywhere in the world...



978-0-620-57361-0; **£18.99** Flexibound 215 x 215 mm; 144 pages; all colour; 90 photos

safari self-drive

RRUGER SELF-DRIVE Routes, Roads & Ratings

£29 HB isbn 978-0-9946751-2-5

Hardcover; 288 pages; 280 x 221 mm
full colour throughout: hundreds of photos, maps, charts, routes, quides to accommodation and meal breaks / restaurants

van den bero

Kruger Self-Drive: Routes, Roads and Ratings by Heinrich van den Berg

The world's first drive-guide to its greatest nature & wildlife conservation area from the experts

Although primarily a haven for diverse indigenous fauna and flora and aims to conserve and preserve as much as possible of this pristine natural heritage, the Kruger National Park is also there for the benefit and enjoyment of both local and international visitors. Roughly the size of Israel (20,000 square kilometres), it is among the 20 biggest national parks in the world and is part of the Great Limpopo Transfrontier Park (35,000 square kilometres), a cross-border initiative of the Peace Parks Foundation. The challenge facing national parks and nature conservation is how to maintain the natural and pristine state of an area while facilitating the tourism that supports it. To achieve this Kruger is zoned according to three categories – parts of the park are zoned for development and general tourist activities offering accommodation, an extensive network of tourist roads, picnic sites and educational centres. Then there are sections set aside to remain pristine wilderness areas where any human disturbances are limited. Between the pristine areas and the more developed parts, huge natural zones act as a buffer. The well-maintained tourist roads make self-driving possible and desirable for the freedom it offers. Spiritual and educational enjoyment derived from observation leads to knowledge, respect and a greater understanding of the natural world.





This book intends to enhance the self-drive experience in the Kruger National Park. Knowledge of animals, birds, rainfall, landscapes and underlying soil and rocks fits together in a fascinating way. Innumerable routes are introduced, fully supported by maps, photos of the flora and fauna to be found in the area. In addition to the general introduction and advice offered, each section of a route is rated according to the type of creature likely to be observed and the likelihood of observation; distances and traversal times are always present, and the availability of hides, rest and picnic spots and facilities are also there. This unique and highly practical book demonstrates just how accessible the African

bush can be to all, and how easy it is to drive yourself on a holiday of a lifetime while watching (and photographing!) some of the most amazing animals and birds on the planet.



Photos by Van den Berg; Texts by Philip & Ingrid van den Berg Heinrich van den Berg and Jaco Powell **£29** HB

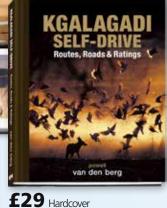
KEY FEATURES

- Comprehensive guide to all roads and routes
- Easy-to-read maps of each route and road with conditions and advice
- Useful information on all aspects of the Park: lodges + camps, what you can expect to see: where and when
- Accurate navigational and geographic information (GPS)
- Hard cover for practical use in a vehicle
- All wildlife photographs taken from a vehicle on regular routes

This book is a product of exceptional teamwork - sometimes independently, at others in a group - but always towards this book as a common goal. Over the years, each member of the team has developed something of a love-affair with the Kgalagadi. The authors know every single bend and cranny of the roads and tracks, where to look and what animals to expect where and when. Like its predecessor *Kruger Self-Drive* (above), this book is peerless in its perfection, offering everything that driver-visitors need to ensure their self-drive safari experience is successful in getting them to where they need to go for

getting them to where they need to go various sightings in comfort and safety, and making sure all their needs can be catered for.





isbn 978-0-9946924-5-0 280 x 220 mm; 288 pages: full colour throughout; 100s photos, maps, charts, routes, spotting tips

studio







Born in Osaka, **YUMIKO IZU** moved to New York in 1997 and began working in advertising and editorial photography. She began her professional fine art photography career in 2003 with an 8 x 10 camera and the platinum-palladium printing process, and began large-scale pigment prints in 2008. Many of her pieces from *Secret Garden* have been made famous worldwide through their adoption by Ralph Lauren, and she continues to work on the *Faraway* series, having been using an 11 x 14 camera since 2011.

RESONANCE by Yumiko Izu Foreword by Howard Greenberg

Izu has described the floral subjects of her Secret Garden collection (2003-2011) as "beings partaking in the dance of life". Shot with an 180-mm lens on a large-format Deardorff view camera, her work is as lovely as the fluid music she relates them to. Her mastery of tonal expression that really sets her fine art apart. Controlled shifts in focus and lighting, and in the density of each negative, combine to give a lyric voice to the images The portraits of flowers are at once soft, yet sharp; rich, yet sublimely stark. However, it is the brilliant juxtaposition with the animal skulls of the current Faraway collection that make this book so clever and so representative of both the technical mastery of Yumiko's work (including the print process) as well as its deep spiritual



a serindia 978-1-932476-79-8 **£40 HB**

isbn ; 290 x 260 mm; 105 pages; art paper 45 pieces; chemical process platinum palladium plates

content. The skulls remind us of our mortality, yet they also resonate with the life that once resided within and the flesh stripped away seems to point us towards a spiritual essence that is as eternal as physicality is temporary.

ROYAL

ROYAL NEPAL THROUGH THE LENS OF RICHARD GORDON MATZENE by Marcella Sirhandi

In 1930, the celebrated American photographer Richard Gordon Matzene made a unique series of portraits of the ruling families of Nepal. Matzene's previous portraits of Indian royalty, admired by the Nepalese, facilitated an invitation from Nepal. Wary of British imperialist intent, which was frighteningly real in neighboring India, Nepal at that time maintained a closed-border policy. Matzene, upon reaching Kathmandu after an arduous journey over formidable terrain, was only the 27th foreigner to enter the country. The handsome aristocrats and sumptuously adorned women in his immaculate portraits are here identified and their biographies fitted into the panoply of Nepalese court drama and intrigue. Local and regional conquests, two world wars, a devastating earthquake, and the rampant malaria that challenged the regime are all part of this story.

Matzene's biography portrayed a mysterious, enigmatic character, with an alias or two, who called himself a count yet never revealed his true nationality. Appreciative correspondence from Nepal, received in Ponca City, Oklahoma, Matzene's home from the late twenties to his death in 1950, attest to a lasting friendship won by his legendary panache and sophistication. His personal charm allowed him to negotiate Nepalese court etiquette and Hindu culture, to produce matchless photographs that conjure rich personal stories in a national ethos that now exists only in memory.

Hardcover; 120 pages; 290 x 235 mm; 8 colour plates; 59 sepia photographs

SERINDIA

MEN OF RAJASTHAN by Waswo X Waswo

£35 HB isbn 978-1-932476-43-9

hardcover collector's edition

This has by now become a bit of a cult classic, and Serindia Contemporary is proud to release a deluxe and expanded hardcover limited edition. Based on the original paperback edition (still available: see below) published in conjunction with an eponymous exhibition at Serindia Gallery, Bangkok, in January 2011, this updated volume includes new photographs from both the "Studio in Rajasthan" series and also the series "New Myths". Waswo examines the genres of both the ethnographic 'photograph-as-document' that is associated with the colonial era, as well as the fantasy-inspired make-believe that has emanated from traditional Indian portrait studios. Using the dual attributes of each fact and fiction, Waswo concocts an inspired mix of homage and critique.



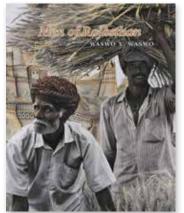


The resultant images straddle a line between the retro and the contemporary that resist easy efforts to classify them. They can cause a viewer to rethink what he initially perceives, question the dialogue set up between photographer and model, and eventually challenge the viewer's own preconceptions.

Both editions are available:

serindia

isbn 978-1-932476-70-5 **£45 HB**Hardcover; 150 pages; 290 x 220 mm
100 hand-tinted colour plates



lart / photo journalism



MY SACRED LAOS Hans Georg Berger



"We embarked on a community project that lasted over ten years, where each photograph was considered and discussed together, where the monks and the people of Luang Prabang decided what to photograph, and how to photograph it. Accepting me as an apprentice to the secrets and the intimacy of their spiritual life, they took part in an art project that gave them the final say in a subtle, carefully orchestrated process of choice, discussion and shared decision on the value of the images produced.

This is where the strength of these photographs comes from. They reflect a unique process of communication, established between different concepts of the image. Sometimes, they even trace a person's spiritual advancement through renunciation and meditation, the Buddhist way of achieving serenity and liberation from fear." —Hans Georg Berger, 2014

The ultimate collection of Luang Prabang platinum prints shot on a Hasselblad by German photographer Hans Georg Berger that explores Theravada Bud-

dhism in present-day Laos, offering an artistic perspective on the lives of the Buddhist sangha and laypersons of Luang Prabang. For over two decades from 1993 Berger has created a unique photographic documentation of Lao Buddhist culture. This volume features isbn 978-1-932476-71-2 a fine selection of photographs of palm-leaf manuscripts, Buddhist architecture and relics, the teaching and transmission of the dhamma, and the practice of vipassana meditation. These photographs are a rare vision of Luang Prabang through its community and the lens of an extraordinary photographer whose tonal range is legendary. Some describe Berger's photographs as having the quality of a religious relic that captures the spiritual power of a meritorious action.

Hans Georg Berger is a photographer and writer born in Trier, Germany. His photographic work focuses on world religions, including Theravada Buddhism in Burma, Laos, Cambodia, and Thailand, and Shi'ite Islam in Iran. Berger's work is included in the collection of the National Museum in Luang Prabang, Laos, the Museum of Modern Art (MoMA) in New York City, the Staatliche Museen in Berlin, and the Bibliothèque nationale de France in Paris, among others.





£50 HB Hardcover; 150 pages; 350 x 240 mm; 100 b/w images; fine matt art paper



평양에서의 휴일

A Weekend



Pyongyang,

North Korea

A WEEKEND IN PYONGYANG, NORTH KOREA Photographs and Text by Adelin Petrisor

The photographs of Romania's most distinguished war correspondent shed light onto the capital of the most secretive and isolated nation in the world in 2012 – the centennial of 'Great Leader' Kim Il-sung's birth.

Adelin Petrisor is one of the most famous war correspondents and photographers in Romania. Since childhood he's held an ambition to visit the country of Kim Il-sung, one of the closest and most reliable friends of Nicolae Ceausescu, the former leader of socialist Romania. He had tried to obtain a visa from North Korean embassy for over 6 years before finally being allowed to travel to Pyongyang in 2012.

His first contact with Kim Il-sung's nation was a tough one. He couldn't help but be dismayed by the dull and shabby airport, the gray faceless buildings of the city, and the people all dressed in drab colors, fearfully turning their heads away and quickly walking in the opposite direction when they realize strangers are looking at them. These scenes and others reminded him of his childhood in communist Romania: large queues outside shops, huge deserted boulevards, and big banners filled with communist propaganda.

The photos captured by Adelin's camera do possess a unique character and perpective. He IS a Romanian: he HAS painful childhood memories of the communist era in his own country. His pictures depict not only the realities of North Korea, but go much deeper and reveal his own poignant and troubled feelings. The result is a rare and valuable insight into a nation which elicits fear and loathing at worst and incomprehension at best.







At the very least, this book offers everyone an opportunity to satisfy their inevitable curiosity.

£39 HB 978-1-56591-482-7

250 x 250 mm; 244 pages 219 colour photographs 5 pages of text in English and Korean: bilingual captions

1 Hollym









KOREA Revealing the Beauty Within

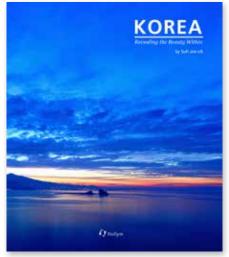
by Suh. Jae-sik

An epic photographic journey through the many facets of the unique culture that is KOREA.

This is a spectacular book that sets out to reveal the inner essence of what makes Korea the extraordinary and unique place that it most certainly is. Photographer + author Suh Jae-sik begins with modern metropolises: Seoul and Busan, which are the first and second largest cities in Korea. Then he guides us through the historic capitals, Gyeongju, Gongju, and Buyeo where cultural relics can be found and which are the heart of Korea's ancient kingdoms. We then turn to Andong - centre of the Korean spirit. His journey continues to Korea's biggest island, Jeju, which is considered the best vacation spot in the country. From there we move on to traditional heritage and the old way of life. This is undoubtadly the best photographic introduction to the phenomenon that is Korea available today.

Suh Jae-sik is a well-known Korean cultural photographer. He has won over 50 awards, including the Ministry of Culture, Sports and Tourism Award in a competition organised by the Korea Tourism Organisation. He was photography director of *Hanguk hwabo* ('Pictorial Korea') and the magazine *Seoul* and is a member of The Photo Artist Society of Korea.

(all our books about Korea can be found in our catalogue "Books on Korea", downloadable from www.kodansha.eu)



978-1-56591-479-7 **£40 PB** 245 x 230 mm 216 pages, all in full colour; 235 photos



CAMBODIA A JOURNEY THROUGH THE LAND OF THE KHMER Photography by Kraig Lieb; Text by Tom Vater

The Khmer Empire's legacy rests upon the whole of Southeast Asia, yet how much do people in the West know about this once mighty culture?

This beautiful book throws open the doors to this Kingdom on a trip through the history and landscape of Cambodia, introducing the people and their unique and resilient culture and colourful festivals.

Cambodia's temples are legendary, a sublime dream in stone... a Herculean effort in craftsmanship and a tour de force of the imagination. From the world famous Angkor Wat—the largest religious building in the world—to the staggeringly gigantic capital city of Angkor Thom and to the lesser-known ruins of Beng Melea and Ko Ker, hidden deep in the Cambodian jungle, acclaimed *Lonely Planet* photographer Kraig Lieb has scoured Cambodia's architectural treasures for more than 20 years to cover all aspects of one of Asia's greatest civilisations and most intensely productive cultures.

But there is more to this book. It is also a journey through its countryside: almost as dreamlike as its ancient monuments. Traditional farm and river life carries on as it has done for hundreds of years, people living by the rhythms of nature and season. Cambodia's smaller towns as well as its beaches, stretching from Thailand in the West to Vietnam in the East, have barely been discovered, though interest in the coun-



try has begun to flourish... Beyond the temples, Kraig Lieb takes us on a visual journey to the most attractive corners of Cambodia's capital Phnom Penh, called "The Pearl of Asia" by the French: a bustling, attractive city crammed with colonial and modernist architectiure, busy temples and thriving street markets.

Cambodia: A Journey Through the Land of the Khmer brings the Kingdom to life, presenting festivals and lively street scenes, sumptuous rural vistas and a close look into the country's tragic recent history. Lieb's evocative images are put into context and explained by erudite Asian-based writer Tom Vater's invaluable text to create a book that brings a new dimension to travel photography and writing.



isbn 978-1-4951-0588-3 **£28 HB** 192 pages; 225 x 285 mm; full colour; 203 photos, 2 maps; 30 pages of text

192 pages, 223 x 263 mm, full colour, 203 priotos, 2 maps, 30 pages of tex



Kraig Lieb's photos appear in more than 50 Lonely Planet travel guides, and his images have been featured on their covers including Southeast Asia on a Shoestring, Yellowstone and Grand Teton National Parks and Bangkok. His photographs have been published by The New York Times, San Francisco Chronicle, TIME Magazine, Amnesty International, Oxford University, The Sydney Morning Herald, The Bris-

bane Times, Amazon.com, Art.com, and Yahoo, and used in advertising by Marriott, Hilton, Kodak, and Vietnam Airlines. Lieb's work can be found on art prints, postcards, greeting cards, calendars, magazines and books throughout Asia, North America, Central America and Europe. Lieb runs Purple Moon Publications which publishes postcards, books and art prints in Guatemala, Cambodia, and Northern California. He is based in Phnom Penh, Cambodia, during summers and winters, and in Northern California during the spring and autumn.

South Africa

SOUTH AFRICA A POCKET MEMENTO

Van den Berg: Heinrich, Phillip & Ingrid

- A unique, durable, pocket-sized introduction to South Africa filled with the gorgeous photography of the renowned Van den Berg nature photographers.
- Like its big sister South Africa The Big Picture (£24 HB, p.83) this little treasure begins with an introduction to the Nine Provinces, then moves through the Cities, Cultural Heritage, Wildlife Heritage, Activities and Culinary Experiences, to end with a look at the National Pride: unity in diversity in Madiba's Rainbow Nation.
- Each theme in the book is colour-coded and named at bottom left for easy reference.
- Organised in double spreads, the left-side contains title, mini-map, short text on the significance of the subject, main description, and interesting-to-know facts; the right-side contains a full-page image in full-colour. 2-page images are also included.
- Paper quality, printing and binding are of the highest order.
- Perfect introduction at a bargain price; complements any guide book.





£6.99 HB isbn 978-0620-43699-1 Hardcover; 176 pages; 168 x 124 mm 100 colour photographs; 130 gsm art paper

SOUTH AFRICA - THE BIG PICTURE

Heinrich, Phillip & Ingrid van den Berg; Text by Ingrid and Joanne Pohl



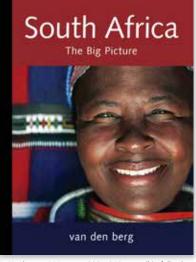
VAN DEN BERG'S EVOCATIVE IMAGES RE-VEAL THE SOUL OF THE RAINBOW NATION...

This is a book that reveals fascinating and unique aspects of this vibrant, multicultural nation, from iconic sites to its best-kept secrets. It showcases not only the cultural and natural diversity, but also highlights the essence and beauty of an intriguing country facing a brighter future with increasing confidence.

South Africa is a complex place, still with many challenges to face. However, its various peoples are finding common purpose in the vision bequeathed to them by Nelson Mandela, and this vivid book shows just how much this stunning country has much to offer, from bustling cities with highrise buildings, world-class malls and luxury accommodation to traditional rural settlements, untamed wilderness, traditional culinary experiences and spectacular wildlife.

The Van den Bergs present an illustrated tour of the entire nation. It begins with an introduction to the country, then a large section covers the Nine Provinces in sequence, it then looks at the urban environments of the different Cities, then the Cultural Heritage, the Natural Heritage, the Activities available, the Culinary Experiences and finally the National Pride, rooted in the country's new motto 'Unity in Diversity'.

A beautiful tribute to the new nation that is South Africa today.



Hardcover; 144 pages; 320 x 240 mm; all in full colour isbn 978-0620-56173-0 **£35 HB**

















BIKES or BURDEN

Hans Kemp

REVISED EXPANDED

It is the motorbike that makes Vietnam tick. In Saigon alone, two million of them ply the streets. People commute by bike, fathers take their kids to school by bike (you'd be surprised how many you can get on board), products find their way to the consumers by motorbike... "Bikes of Burden" indeed! The bike as backbone of the economy... the bike as carrier of goods and people... the bike as beast of burden. This is a revised and expanded edition of photography legend HANS KEMP's bestselling book, first published in 2007 and going from strength to strength. It is a selection of his finest shots - often taken from the back of one of the self-same bikes. It is guirky, mystifying, eye-opening, frightening and downright unbelievable. Can you really get that many people on a tiny bike? How can he drive that thing when his load blocks his vision? Why doesn't the whole thing fall apart under the weight? Dead pigs?????



Hardcover; 200 pages; 181 x 263 mm; 181 colour photos; new Foreword by Hans £19.99 HB isbn 978-988-16557-1-4 BESTSELLER!

50 MORE PHOTOS + 52 MORE PAGES







....the perfect gift for any occasion.





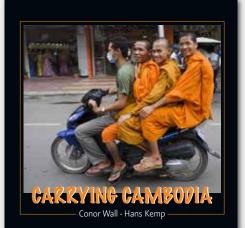
CARRYING CAMBODIA Photos: Conor Wall & Hans Kemp

Since my very first bumpy journey on Khmer roads, Cambodians' use of their vehicles has amazed me. Four rural children are bunched onto one rickety old bike. Tuk-tuks are crammed to the roofs with assortments of beautifully coloured fruits and vegetables. Moto-taxi drivers transport pigs bigger than people, beds bigger than pigs and water tanks bigger than beds. Some even fit 6 on one motorbike. No mean feat! Truck drivers fit 67 standing people into the back of their open-topped vehicles. All manner of carts are pushed or pulled along by machines, horses, cows, buffalos and by humble human beings. Skinny-legged cyclo drivers pedal heavy duty loads such as motorbikes, fridges and tractor tyres. Cars fit passengers on bonnets, on roofs and in boots. Food carts sell roasted eggs, fried beef balls, sugar cane and corn cobs. Fruit, flower and noodle sellers walk the streets with trays balancing on heads, shoulders or from counter-balancing beams. And last but not least, beautiful babies are neatly stowed in bicycle baskets

Although all a bit random and made-up on the spot, Cambodians should be very proud of their countrymen's solutions to everyday transport dilemmas... - Conor Wall, Phnom Penh



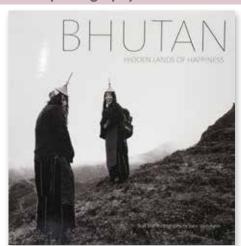




Durable flexibinding; 144 pages; 200 x 200 mm; 180 colour photos

isbn 978-962-85637-8-4

£15.99 Flexibound



BHUTAN: HIDDEN LANDS OF HAPPINESS John Wehrheim

This revised and updated edition in softcover format is a beautiful blackand-white portrait of Bhutan unlike any other. In words and stunning pictures brilliant photographer Wehrheim (see also Taylor Camp, p. 68) guides the reader throughout this mysterious land: Paro, Thimphu, Punakha, Gasa, Laya, Lunana, Wangdi, Bumthang and Trongsa, revealing remote hot springs and isolated hermitages along the way and ending in the streets and nightclubs of the country's capital, Thimphu. This book is a time capsule for a rapidly changing decade in Bhutan.



Bhutan: Hidden Lands of Happiness is a geographical and cultural

journey from the yak pastures along the Tibetan border to the rice lands in central Bhutan. 108 black and white images narrated with stories, journal entries, folklore, dharma teachings and oral history create a portal across centuries. Clear, skillfully composed, rich and detailed, these flawless images illustrate an

intimate tale of Bhutan told by an artist who is deeply familiar with his subject. PAUL THEROUX— "...brilliant photographs and evocative text. I can't imagine

PETER MATTHIESSEN— "Beautiful book . . . The photographs are fine and the text is full of good detail, lively and intriguing and well-written... "

isbn 978-1-932476-51-4 Softcover; 278 pages; 250 x 250 mm; 108 black & white images





SEEING LHASA BRITISH DEPICTIONS OF THE TIBETAN CAPITAL 1936-1947 Clare Harris, Tsering Shakya (Eds.)

isbn 978-1-932476-04-0 **£25 PB**

Hardcover; 176 pages; 280 x 219 mm; 150+ colour + b/w photographs

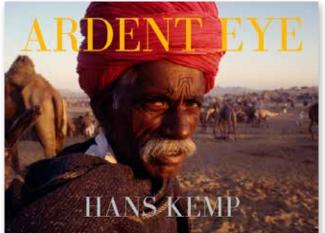
During the 1930s and 1940s the British cultivated close political and social relations with members of the Tibetan elite and established a Mission in the Tibetan capital, Lhasa. Based on the Pitt Rivers Museum exhibition of the same name, Seeing Lhasa reveals the way in which the city of Lhasa, its palaces, monasteries and mansions, became the backdrop for a social world in which the British and Tibetans interacted. They are and drank, watched films and played football together and these activities were photographed, painted and filmed as part of the British diplomatic agenda.

a better portrait of this amazing country."

This book demonstrates the aesthetic accomplishments of British visitors to Tibet and documents aspects of Tibetan life no longer visible in the city vacated by the Dalai Lama in 1959. It features photographic portraits of many notable Tibetan figures, including members of the Tibetan religious and governmental hierarchies, alongside a unique set of watercolours by the Indian artist Kanwal Krishna, who accompanied the British party to witness the Installation of the 14th Dalai Lama in Lhasa in 1940. This is the first in-depth study

of the way in which such images construct a sense of place and determine how future generations may see Lhasa. The visual record is contextualised with essays by Clare Harris, Tsering Shakya and Elizabeth Edwards. Full details of all the Tibetan





photographic collections at the Pitt Rivers Museum are also included.

ARDENT EYE by Hans Kemp

Ardent Eye is a deluxe colleciton of the finest of the finest of Asian specialist photographer Hans Kemp's remarkable portfolio of images taken of 20 years of travel, often in some of the most inaccessible places on the planet. Spectacularly beautiful or moving moments have been captured and lavishly reproduced in this large-format folio publication (bound over the top) which allows the true beauty of the moment to draw in the reader.

This compilation of what Asia was and is today is personal to the artist, but definitely serves to enlighten all of us, whether we have been there or not. Hans Kemp's personal notes and descriptions of each photograph accompany thumbnails at the end of the publication.

The very finest of travel photography beautifully printed on art paper at a remarkable price.

Hardcover; 176 pages; 280 x 380 mm; 80 image-size photographic plates: colour, with some black & white; case-bound, section-sewn; folio edition. Deluxe.



isbn 978-962-85637-4-6





BURMESE LIGHT

Photos: Hans Kemp Text: Tom Vater

Burma is an ancient land across which many cultures have flourished throughout the ages, and in which many continue to live to this day. Its history in the last 60 years has been one of repression, conflict and need, but the signs are now good that the nation is set to enter a new and happier phase.

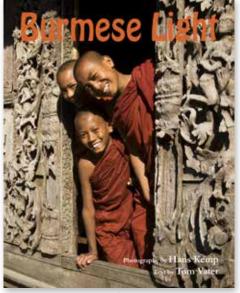
Photographer and publisher Hans Kemp vividly captures the varied textures of this amazing land and its people.

Writer Tom Vater accompanied Hans and recorded their often arduous journey in fascinating style.

This is a book of stunning images that will remain in our hearts for a very long time.







Softcover; 208 pages; 245 x 195 mm 150+ colour images; 35 pages of text

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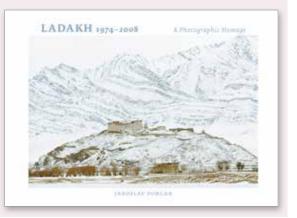


LADAKH 1974-2008 A PHOTOGRAPHIC HOMAGE Jaroslav Poncar

Beautifully reproduced on fine art paper, this stunning collection of artistic photos span the history of Ladakh from when it first opened to travellers to the present day. This book is an *opus vivendi* for Czech photographer Jaroslav Poncar. One of the first westerners to enter Ladakh when it opened to visitors in 1974, he quickly came to love the landscape, its remarkable buildings and its warm, proud and deeply religious people. It is a tribute to the man that his countless visits over 34 years and his love and empathy for all that lies around him have enabled him to capture the spirit of both place and people through the stunning panoramic photographs that are both his trademark and his speciality.

Jaroslav Poncar was born in Prague in 1945 and has lived in Köln since 1973 where he was Professor of Imaging Sciences at Fachhochschule Köln (University of Applied Sciences). His photographic projects took him to Africa, Arabia and to Asia, especially to the Himalayas, Tibet, India and Cambodia. In 1976 he was the first to take a panoramic camera to the Western Himalayas - the antique Russian FT-2 - and since that time he has specialised on panoramic photography. He was the first westerner to cross Tibet from West to East. His best known works are his panoramas of Tibet, the mural paintings of Alchi, Ladakh (India), and in Southeast Asia the complete reliefs of Angkor Wat. He has many published books.

Hardcover; 304 pages; 380 x 270 mm; 194 colour, 29 black & white plates isbn 978-1-932476-49-1 **£65 HB**



ANDSCAPE

isbn 978-1-932476-75-0 **£39 HB** 320 x 250 mm; 80 pp; 6 colour & 24 b/w plates





LANDSCAPE 2007-2014 by Piyatat Hemmatat is a limited edition artist's book of his Landscape series in which for the last seven years he explored his 'alternate reality': the landscape. His exploration of nature has informed many of his published projects and has enabled him to get back in touch with his instincts and derive creative strength from them. LANDSCAPE is a collection of his most illuminating encounters that have translated into a stunning selection of thirty landscape photographs in this beautifully-produced artist's edition.

Pivatat Hemmatat was born in Bangkok, Thailand in 1976. At the age of 14 he moved to the U.K. to complete his secondary education. He then focused his increasing passion for painting and photography by earning himself a B.A. in fine art from City & Guild London Art School, followed by a Master's in visual art from Chelsea College of Art & Design. Piyatat gained practical experience working at a design studio in London, re-



turning home to Thailand to establish his own studio in 2007. Since then, his photographic explorations have been continually published and exhibited internationally. His Landscape exhibition series in platinum print (on Japanese washi paper), daguerreotype and silver gelatin print communicate his visual poetry not only through the sublime images, but also Piyatat's technical mastery of the art of print-making. This Limited Edition contains the *Landscape* exhibition images in an author's edition hardcover.



TIBET IN 1938-1939

PHOTOGRAPHS FROM THE ERNST SCHÄFER EXPEDITION TO TIBET



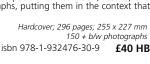


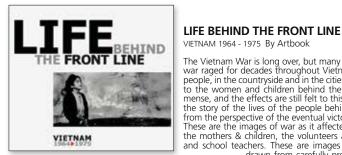
TIBET IN 1938 - 1939 PHOTOGRAPHS FROM THE ERNST SCHÄFER EXPEDITION TO TIBET IS IS IS IS IS IS IS IN THE INTERPRETATION TO TIBET IS IS IN THE INTERPRETATION TO TIBET IS IN THE INTERPRETATION TO THE INTERPR

Laying dormant in the German Federal Archives in Koblenz are photographs from one of the most controversial expeditions in recent history: the Ernst Schäfer expedition to Tibet in 1938-1939. Ernst Schäfer (1910-1992), a zoologist who had earlier participated as a young student in the Brooke Dolan expedition to Eastern Tibet in 1930-1932 and led the one in 1934-1936, started his first own expedition with young German scientists to Tibet in 1938.

This volume presents a selection of 150 largely unpublished photographs from that expedition. Revealing lives in Tibet as it existed before World War II, the photographs are documents of bygone lifestyles, buildings, and temples, and the self-confident people of Tibet at the verge of drastic and disastrous change. The expedition's photographs capture a vision of Tibet that is not a romantic Shangri-la, but rather of people and their activities and interactions. They include portraits of prominent figures and places that have subsequently been destroyed. As such these photographs not only uncover the facts about the expedition itself, but also are rich sources of information casting new light on the recent history of Tibet.

With illuminating essays by Isrun Engelhardt, Bianca Horlemann, Clare Harris, Claudius Müller, and original reports by the expedition's Sikkimese interpreter Rapten Kazi, this volume provides insights into the expedition's movitation, results, and the subjects it aimed to study. The essays bring historical circumstances to the photographs, putting them in the context that enhances our understanding of Tibet.





Hardcover; 168 pages; 215 x 245 mm; 411 b/w archive photos £15.99 HB isbn 978-604-590-000-0

The Vietnam War is long over, but many of its wounds still cannot be healed. As war raged for decades throughout Vietnam, it transformed the lives of all its people, in the countryside and in the cities, from the soldiers in the battlefields, to the women and children behind the front line. The destruction was immense, and the effects are still felt to this day. For the first time this book tells the story of the lives of the people behind the front lines, North and South, from the perspective of the eventual victors in the war.
These are the images of war as it affected not only the combatants, but also

the mothers & children, the volunteers and militia, factory workers, farmers and school teachers. These are images that have never been seen before, drawn from carefully preserved state archives. These are im-

ages that give priceless testimony to the indomitability of the human spirit...





anderson & low / tattoos / cinema

Award-winning photographers Anderson & Low have created an astonishing record of the lives of Chinese gymnasts as they strive to achieve their own potential as well as the levels expected of them. It is a giant of a book that will leave those lucky enough to own a copy speechless: this is art photography at its finest. Never before have the Chinese au-





ENDURE

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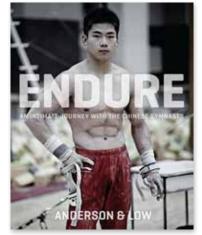
isbn 978-1-932476-58-3 **Edition Limited To 750**

thorities allowed such complete cooperation to photographers: they were allowed unparalleled freedom of movement and access to any gymnast. This level of intimacy with Chinese athletes, coaches, physiotherapists and other support staff is unprecedented. As a result, this is a story being told for the very first time. It is a story of pain and poetry; it is both physical and ethereal - a masterpiece by any standard.

Anderson & Low become a close part of the lives of the gymnasts as they trained for weeks at a time, shooting whatever and wherever they wish. The result is a unique and candid insight into the pain and joy, the exuberance and utter exhaustion, the disappointment and the triumph of these remarkable athletes' lives. It has also engendered one of the rarest and most beautiful publications ever to gain form.

Past and present champions and gold medallists feature, as do many future hopefuls; however the book also reveals to us vivid images of the youngsters who are just setting out on this long and arduous journey.

Endure is a book for the serious collector. A Limited Edition (750 copies), it will no doubt also prove to be a worthy investment..



Hardcover; 220 pages; 400 x 324 mm; traditional Chinese stitch binding; 150+ colour plates; large format; art paper

Softcover; 200 pages; 250 x 200 mm; 173 colour photos; tattoo images have been contrast adjusted to enhance the visibility of the words and designs

isbn 978-962-85637-9-1 **£24 Flexi**

SACRED SKIN THAILAND'S SPIRIT TATTOOS

Photos: Aroon Thaewchaturat; Text: Tom Vater

AROON THAEWCHATURAT is the TOM VATER spends most of his time News.

best-known Thai photo-journalist and in Thailand and Cambodia and is an travel photographer, and has been established Travel and Screenplay writwidely published outside of the coun- er. He is author of Beyond the Pancake try, from Moon Handbooks to CBS Trench: Road Tales from the Wild East among many other books.

to bring out the fine details in each tattoo This book systematically reveals and examines the extraordinary Sak Yant ('yantra tattoos') of Thailand. Rooted in ancient animist practices and beliefs, these tattoos are ritualistically applied by specialist Buddhist monks at very few temple locations. During application, the monks chant empowerment mantras over their work:

what emerges is more than simply a tattoo, it is a living amulet for the wearer. Different tattoos offer different kinds of protection: one of the god Ganesh would act to remove obstacles from

sak yant:

as living amulet...

carefully adjusted the contrast

photographer Aroon has

the tattoo

the wearer's life, whereas a Tiger tattoo would act to embolden and strengthen, and protect from physical harm. They are often accompanied by their associated prayers, mantras and bijas.

Hundreds of colour photos systematically introduce the different categories of tattoo, including antropomorphic, deities, animals & geometric. All are contrast-adjusted to enhance clarity. The accompanying text is utterly absorbing, offering a detailed analysis and description of these amazingly profound Sak Yant and their mysteries.



This is the authoritative guide to Japanese film...

A HUNDRED YEARS OF JAPANESE FILM A CONCISE HISTORY, WITH A SELECTIVE GUIDE TO DVDs AND VIDEOS - Revised and Updated by Donald Richie; Foreword by Paul Schrader

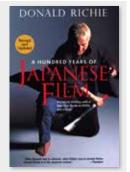
A Hundred Years of Japanese Film by Donald Richie, the foremost Western expert on Japanese film, gives us an incisive, detailed, and fully illustrated history of the country's cinema. Called "the dean of Japan's arts critics" by Time magazine, Richie takes us from the inception of Japanese cinema

at the end of the nineteenth century, through the achievements of Kurosawa, Mizoguchi, and Ozu, then on to the notable works of contemporary filmmakers. This revised edition includes analyses of the latest trends in Japanese cinema, such as the revival of the horror genre, and introduces contemporary directors and their works up to the year 2000. As Paul Schrader writes in his perceptive foreword, Richie's accounting of the Japanese film "retains his sensitivity to the actual circumstances of film production (something filmmakers know very well but historians often overlook) . . . and shows the interweave of filmmaking-the contributions of directors, writers, cinematographers, actors, musicians, art Softcover: 320 pages, 226 x 152 mm directors, as well as financiers."

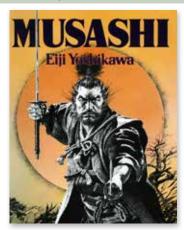
"Whatever we in the West know about Japanese film, and how we know it, we most likely owe to Donald Richie." - Paul Schrader

200 b/w photos, capsule reviews, glossary, index, notes, bibliography

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historical & 20th century



Hardcover: 984 pages; 218 x 160 mm £30 HB isbn 978-1-56836-427-8

MUSASHI by Eiji Yoshikawa

Miyamoto Musashi was the child of an era when Japan was emerging from decades of civil strife. Lured to the great Battle of Sekigahara in 1600 by the hope of becoming a samurai without really knowing what it meant, he regains consciousness after the battle to find himself lying defeated, dazed and wounded among thousands of dead and dying. On his way home, he commits a rash act, becomes a fugitive and brings life in his own village to a halt – at which point he is captured by a weaponless Zen monk.

The lovely Otsu, seeing in Musashi her ideal of manliness, frees him from his tortuous punishment, but he is recaptured and imprisoned. During three years of solitary confinement, he delves into the classics of Japan and China. When he is set free again, he rejects the aspirations of a samurai and for the next several years pursues his alternative goal relentlessly, never deviating, nor becoming

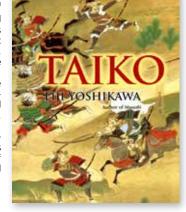
Gradually he begins to realise that following the Way of the Sword is not simply a matter of finding a target for his brute strength or even his skill. He continues to strive to perfect his technique, which leads him to a unique style of fighting with two swords simultaneously; he travels far and wide, challenging fighters of many disciplines, taking Nature herself as his ultimate and strictest teacher and undergoing the rigorous training of all those who choose to follow the Way. He is supremely successful in his encounters, but in the Art of War he perceives the means to peaceful and prosperous governance and disciplines himself to be a real human being. When he becomes a reluctant hero to a host of people whose lives he has touched and been touched by, inevitably he has to pit his skill against the naked blade of his greatest rival.

Musashi is a novel in the best tradition of Japanese story telling. It is a living story, subtle and imaginative, teeming with memorable characters, many of them historical. Interweaving themes of unrequited love, misguided revenge, filial piety and absolute dedication to the Way of the Samurai, it depicts vividly a world Westerners know only vaquely. Full of gusto and humour, it has an epic guality and universal appeal.

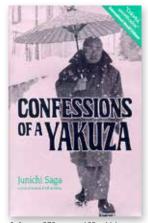
TAIKO AN EPIC NOVEL OF WAR AND GLORY IN FEUDAL JAPAN by Eiii Yoshikawa

In the tempestuous closing decades of the sixteenth century, the Empire of Japan writhes in chaos as the shogunate crumbles and rival warlords battle for supremacy. Warrior monks in their armed citadels block the road to the capital; castles are destroyed, villages plundered, fields put to the torch. Amid this devastation, three men dream of uniting the nation. At one extreme is the charismatic but brutal Nobunaga, whose ruthless ambition crushes all before him. At the other is the cold, deliberate levasu, wise in counsel, brave in battle, mature beyond his years. Standing between is Hideyoshi, who rises from the menial post of sandal bearer to become Taiko – absolute ruler of Japan in the Emperor's name.

When Nobunaga emerges from obscurity by destroying an army ten times the size of his own, he allies himself with leyasu, whose province is weak, but whose canniness and loyalty make him invaluable. Yet it is the scrawny, monkey-faced Hideyoshi, brash, impulsive, and utterly fearless, who becomes the unlikely saviour of this ravaged land. Born the son of a farmer, he takes on the world with nothing but his bare hands and his wits, turning doubters into loyal servants, rivals into faithful friends, and enemies into allies. In all this he uses a piercing insight into human nature that unlocks castle gates, opens men's minds, and captures women's hearts. As recounted by Eiji Yoshikawa, Taiko tells many stories: of the fury of Nobunaga and the fatal arrogance of the black-toothed Yoshimoto; of the pathetic downfall of the House of Takeda; how the scorned Mitsuhide betrayed his master; how once impregnable ramparts fell as their defenders died gloriously. Most of all, though, Taiko is the story of how one man transformed a nation through the force of his will and the depth of his humanity. Filled with scenes of pageantry and violence, acts of treachery and self-sacrifice, tenderness and savagery, Taiko combines the panoramic spectacle of a Kurosawa epic with a vivid evocation of feudal Japan.



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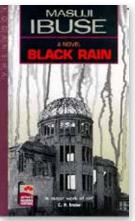
CONFESSIONS OF A YAKUZA

by Dr. Jun'ichi Saga

In his low, hoarse voice, the dying old yakuza tells his doctor of the events that led the son of a prosperous country shopkeeper to ultimately become leader of a Tokyo gang. He talks about his first police raid, and the brutal interrogation and imprisonment that followed it.

He remembers his first love affair, and the girl he ran away with, and the weeks they spent wandering about the countryside together. He describes how he cut off a little finger as a ritual gesture of apology. He explains how crime was organised, the notion of honour; and how he came to kill a man who worked for him.

In the end, when his tale is done, you feel you probably would've have liked him if you'd met him. Dr. Saga's narrative of his long conversations with him provides a wonderful substitute for such



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BLACK RAIN by Masaji Ibuse

Black Rain is centred around the story of a young woman who was caught in the radioactive "black rain" that fell after the bombing of Hiroshima. Ibuse bases his tale on real-life diaries and interviews with victims of the holocaust; the result is a book that is free from sentimentality yet manages to reveal the magnitude of the human suffering caused by the atom bomb. The life of Yasuko, on whom the black rain fell, is changed forever by periodic bouts of radiation sickness and the suspicion that her future children, too, may be affected.

lbuse tempers the horror of his subject with the gentle humour for which he is famous. His sensitivity to the complex web of emotions in a traditional community torn asunder by this historical event has made Black Rain one of the most acclaimed treatments of the aftermath of the Hiroshima nuclear bombing.

haiku / anthologies / children's

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A HANDS-ON GUIDE by Jane Reichhold

This book shows Jane Reighhald how haiku can bring a centred, Writing calming atmosphere into one's life through focus on the external: by Enjoying gaining a new appreciation for the world of nature, and by preserving moments, days, and events so that they A Hands-on Guide are not lost forever in the passage of time. After looking at why the reading and writing of haiku is important from ₉₇₈₋₁₋₅₆₈₃₆₋₅₂₁₋₃ **£13.99 PB** spiritual point

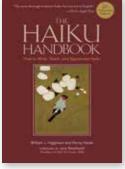
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25TH ANNIVERSARY EDITION William J. Higginson, &

Penny Harter Foreword by Jane Reichhold

With a new foreword by poet, translator, and author Jane Reichhold (Basho: The Complete Haiku), this anniversary edition presents a concise history of the Japanese haiku, including the dynamic changes of the twentieth century as this beloved poetry form has been adapt-



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ed to modern and urban settings. Full chapters are offered on form, the seasons in haiku, and haiku craft, plus background on the Japanese poetic tradition and the effect of translation on our understanding of haiku.

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The

at the

Little Girl

Window

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BASHO THE COMPLETE HAIKU by Matsuo Basho Translation, Introduction & Notes by Jane Reichhold

Basho stands today as Japan's most renowned writer. Yet despite his stature, his haiku have not been collected into a single volume. Until now. To render the poet's full body of work into English, haiku poet and translator Jane Reichhold dedicated over 10 vears of work to create this masterpiece. She frames each period of his development with a decisive biographical sketch of Basho's travels, creative influences and personal triumphs and defeats. Scrupulous annotations accompany each poem; a glossary and two indexes complete the volume.

Reichhold notes that Basho was a genius. He obsessively sought out

the right word for each phrase of the succinct 17-syllable form, seeking the very essence of experience and expression. With equal dedication, Reichhold sought the ideal translations, resulting in the most authoritative book on this brilliant poet.



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TOTTO-CHAN THE LITTLE GIRL AT THE WINDOW by Tetsuko Kurovanagi **AUTOBIOGRAPHY**

This engaging series of childhood recollections tells of an ideal school in Tokyo during World War II that combined learning with fun, freedom, and love. This unusual school had old railroad cars for classrooms, and it was run by an extraordinary man - its founder and headmaster, Sosaku Kobayashi—who was a firm believer in freedom of expression and activity.

In real life, the Totto-chan of the book has become one of Japan's most popular television personalities: Tetsuko Kurovanagi. She attributes her success in life to this wonderful school and its headmaster. The charm of this account has won the hearts of millions of people of all ages and made this book a runaway bestseller in Japan, with sales hitting the 4.5 million mark in its first year.

"Sensitively written, delicately illustrated, poetically translated, Totto-chan is, like a haiku, filled with aesthetic and philosophical depth." -Library Journal

"Totto-chan has reminded millions of Japanese what children think education should be." -International Herald Tribune

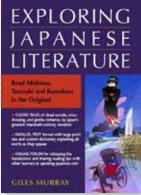
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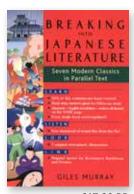
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verse of writer, translator,

and lyricist Ralph F. McCa-

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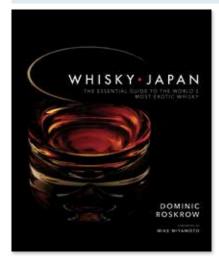


06

A richly illustrated series in 9 volumes dedicated to sharing every aspect of the fine art of traditional Japanese cuisine among the world's professionals. **Editorial Supervision**

The Japanese Culinary Academy was founded in 2004 under the guidance of 3* Michelin chef MURATA Yoshihiro to support the advancement and spread of Japanese cuisine. JCA is engaged in educational, cultural and technical research as well as in dissemination of the results of its research for people living not only in Japan but other parts of the world. Aimed at contributing to the promotion of understanding of Japanese cuisine and the enhancement of its appeal, the JCA utilises the experience and dedication of many of Japan's finest chefs in promoting the development of food culture, training professionals, supporting nutritional education for upcoming generations, and establishing exchange programmes for chefs around the world. Its publishing arm is **Shuhari Initiative**, founded in 2015, with offices in Tokyo and Kyoto.

£50 / volume; hardcover with jacket. See pages 22-24 for more information & publication schedule.



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JAPANESE WHISKY BARS BARS AROUND THE WORLD

234 WHISKY COCKTAILS AND FOOD PAIRINGS

246 THE FUTURE OF JAPANESE WHISKY

TOURIST GUIDE 262 WHISKY DIRECTORY, INDEX 274



Japanese whisky has now clearly earned its reputation and is hailed as among the very best in the world. Winning scores of international accolades, in 2014 a Japanese whisky finally won the title of World's Best Whisky in Jim Murray's Whisky Bible. Originally created to emulate the malts of Scotland, Japanese whiskies now occupy a distinct and unique place in the world of whisky. Nonetheless, in spite of their successes they have remained enigmatic and exotic. Many whisky drinkers are only now discovering them for the first time and yet Japanese whisky has a history stretching back nearly a century.

In Whisky Japan, internationally recognised authority Dominic Roskrow reveals what makes Japanese whisky so special and sought-after by whisky connoisseurs around the world. In the most comprehensive book on Japanese whisky ever written in English, Roskrow details the companies that make Japanese whisky and gets up close and personal with Japan's distilleries, delving in to their complex production processes, traditions and new innovations that allow this spirit to push boundaries and take the competition head on. The reader is taken on a journey to the very heart of Japanese whisky making, with extensive tasting notes for all the leading expressions, a special selection of rare Japanese treasures, profile interviews with key personalities and over 500 beautiful photographs and illustrations, introducing the reader to the whisky makers, blenders, independent bottlers, retailers, collectors, bloggers and bartenders behind this mystical drink. There is a complete quide to the best bars across the world in which to taste Japanese whisky, and useful travel tips on how to get to the distilleries and what other tourist attractions are available at the distilleries.

British journalist and acknowledged expert on world whisky **Dominic Roskrow** is the author of many books on the subject published in different languages around the world.



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The at-a-glance pie chart accompanying every whisky introduced in Tasting Notes gives an almost instantaneous insight into the characteristic of each - essential in deciding which to try first!



You'll be amazed at how easy Japanese food can be to make...







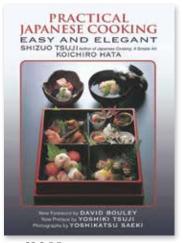


PRACTICAL JAPANESE COOKING

EASY AND ELEGANT by Shizuo Tsuji & Koichiro Hata Foreword: David Bouley

Shizuo Tsuji, one of the most prominent chefs in Japan's culinary world, unites with food writer, lecturer and broadcaster Koichiro Hata to explode the myth that Japanese cuisine is too difficult for the home cook.

This book presents over 100 authentic recipes, all of which are manageable even by a novice. Dishes range from familiar favourites like Miso Soup with Pork and Vegetables, Yakitori, Rice Balls, Nigiri Sushi, Soba Noodles in a Basket, Sukiyaki, and Tempura to more exotic-sounding fare: Jade Green Deep-Fried Shrimp, Yellowtail Teriyaki, Paper-Thin Sea Bass Sashimi, Saké-Simmered Lobster, Nagasaki-Style Braised Pork, Simmered Tofu Dumplings, and Turnips with Ginger-Miso Sauce. Full-colour photos showcase the finished dishes as well as illustrate the steps involved in their preparation. Techniques are closely explained using detailed photos for clarification. The importance of using fresh, seasonal, and local ingredients is stressed and the recipes use ingredients that are readily available in supermarkets and Asian grocery stores. A section on bento boxes offers a wide variety of ideas for combining the recipes in the book into these popular, portable meal options. The Cooking Tips section includes such basic essential recipes as dashi, and covers topics like cleaning squid, soaking dried shitake mushrooms, toasting and crumbling nori seaweed, and using bamboo rolling mats. The helpful Ingredients section includes a colour photo of each.



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Softcover; 152 pages; 298 x 220 mm full colour throughout: 360+ photographs, including sequential; 103 recipes; cooking tips; illustrated list of ingredients; index

NEW TASTES IN GREEN TEA

A Novel Flavor for Familiar Drinks, Dishes and Desserts by Mitsuko Tokunaga; Foreword by Jane Pettigrew

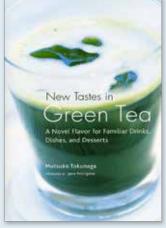
Green tea has gone mainstream as more and more people in the West are discovering its exquisite taste and myriad health benefits. It's quickly catching up to coffee as the beverage of choice, and is being served and sold everywhere, from Starbucks to Sainsbury.

In New Tastes in Green Tea – now available in paperback after being Matsuko Tokunaga of-

out of print – tea expert Matsuko Tokunaga offers readers everything they need to know to fully appreciate the many pleasures of this age-old and revered

beverage. She covers all the basics, including types of Japanese green tea, utensils, tips for making the perfect cup, the history of green tea, health benefits, household uses for green

tea, even classic green tea labels. Special attention is paid to the whole-leaf powdered tea *matcha*, with a separate section on how to make and drink it, and the etiquette of drinking matcha.



isbn 978-1-56836-571-8 **£17.99 PB**

229 x 146 mm; 128 pages;100 photos: 60 colour + 40 b/w; Includes 50+ recipes for both sweet & savoury treats, as well as hot & cold drinks & cocktails

The wide variety of recipes for drinks, as well as for both savoury and sweet dishes, will delight any cook who's looking to expand their repertoire. Readers will learn to make such mouthwatering treats as Green Tea Latte, Sencha with Vodka and Lime, Matcha Coconut Drink, Green Tea Gnocchi, Green Tea Pilaf Rolls, Chicken with Vegetables and Matcha Sauce, Matcha Scones, and Matcha Tiramisu. Beautiful full colour photos throughout enhance the text and showcase the attractive presentation of the food.



£25 Hardcover; 250 x 250mm 112 pages in full colour; 25 classic French & fusion recipes; **isbn:** 978-1-932476-68-2

TRUFFLES by Ken Hom, with Pierre-Jean Pébeyre

Ken Hom teams up with the head of the renowned truffle dynasty to create the ultimate truffle book

In Ken Hom's own words.

"It was 'love at first sight' when I came across French cooking.. and I've ben enjoying the glories of French cuisine for forty years now. Having tasted, sampled and feasted my way through the colourful food markets and restaurants throughout France, the one ingredient that truly captured my imagination was the truffle. Ever since I was introduced to the black truffle of Périgord and its unique aroma in cooking, I was hooked!

Pébeyre is the name I identify with the black truffle. In the 1980's, I had the chance to meet Alain BORDMAN STYLE PORK CROQUETTES
WITH TRUPPERS

THE PORK CROQUETTES

THE P

Pébeyre and his son Pierre-Jean, France's legendary truffle family. The Pébeyre family embraced me and shared their intimite knowledge of the mysteries of the black truffle which have passed down to them since 1890. In the more than two decades of deepening friendship that followed, I absorbed the essence of the black truffle.

In this book, Pierre-Jean and I share our approach to using truffles that is mindful of French traditions and remains simple, direct and lighthearted. I incorporate various techniques and ideas from my Chinese culinary background. The result is this book: a meeting of East and West, a collaboration between Pierre-Jean and I to introduce recipes ranging from the simple to the elab-

orate -though not complicated- all of them featuring truffles as the star."

This book is more than a cookbook, it is an exploration of the culinary history, development, culture and cuisine of the black truffle. It is lavishly illustrated with the specially-commissioned images of acclaimed photographer Jean-Pierre Gabriel. These are some of the most stunning food photographs ever taken - and uniquely bring out the mystery and essence of the black truffle and its culinary uses.

Drawing on the long experience and special talents of two of the world's great food experts, this book brings this much sought-after and exotic of ingredients within the culinary reach and expertise of all lovers of good food. It fills an important gap in the kitchen bookshelf and stands apart from the mediocrity of so many of the cookbooks that we are overwhelmed by these days. It is a true celebration of France's great source of *Umami* - the wonderful black truffle.



UMAMI THE FIFTH TASTE

by Heston Blumenthal, Alexandre Bourdas, Michael Anthony, David Kinch, Pedro Miguel Schiaffino, Virgilio Martinez, Nobu Matsuhisa and Yoshihiro Murata Forewords by Thomas Keller and Harold McGee

This is THE book for both professionals and skilled amateurs..

Highly qualified food and nutrition scientists combine with some of the world's greatest chefs to produce this superbly illustrated revelation of the mysterious 'fifth taste' that has gained global recognition in recent years and has become such a key component in cooking.

How the book is organised...

After **Forewords** from Thomas Keller and Harold McGee and an **Introduction** from Chef Murata of the 3-starred Kikunoi restaurant in Kyoto, the book begins with an **exploration of umami and food preferences** with food scientist Dr. John Prescott. He identifies the nature of umami, its recognition and role and the nature of MSG. The **recipe section** follows, with 4 recipes each contributed by premier Michelin-starred chefs. Interspersed between each of the above regions are 4 spreads by

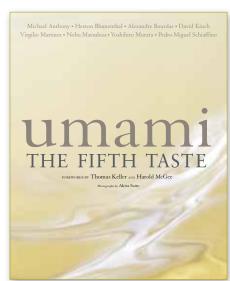
Prof. Ole G. Mouritsen on aspects of dashi and umami in nature and cuisine in the Nordic lands. The recipe section is concluded with 2 umami-rich dessert recipes each from Regis Cursan (London) and Keiko Nagae (Paris).

The final section of the book presents the fundamental practice: how to make the 3 kinds of dashi - Ichiban Dashi, Kombu Dashi and Shiitake Mushroom Dashi. This is followed by Dashi and Umami - Basic Information and Ways to Learn More: •What is umami? • Deliciousness and umami • What are the basic tastes? • Discovery of umami •

Properties of umami · Effects of umami on taste · What is dashi? · Foods high in umami · Training yourself to identify umami... Backmatter includes a **Glossary**, **Index** and contributors' **Restaurant List**.







£25 HB isbn 978-4-88996-391-5 Hardcover, 250 x 190 mm; 160 pages, all colour 36 recipes from leading chefs, glossary, index



THE VEGETABLE SUSHI COOKBOOK by Izumo Shoji

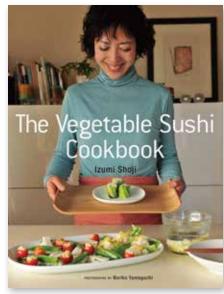
The Vegetable Sushi Cookbook is the brainchild of Izumi Shoji, a hugely popular blogger and widely published home cook in Japan, who shares her expertise in taking a wide variety of vegetables and turning them into delicious and healthy sushi meals. Each recipe has been chosen for its healthy ingredients and delightful taste, and is easy to make with basic cooking skills and no special tools. Alternatives are included for any ingredients that might be difficult to find in some areas.

The author covers the entire range of sushi dishes, from nigiri-zushi (the popular finger-rice style) to maki-zushi (rolled sushi), and chirashi-zushi (scattered sushi in a bowl). including the oshi-zushi (pressed sushi) style popular in the Osaka area. Also explained in detail, with many photographs, are the various styles of preparing the vegetables for use in sushi dishes, from grilling to steaming and frying. Each dish is photographed in full colour. There are additional chapters on making sushi bento, the popular lunch boxes that are changing many people's lunch habits, and how to prepare sushi for party events for both kids and adults.

KEY FEATURES:

- Over 100 different recipes, all featured in easy-to-follow, easy-to-master steps
- Covers all types of sushi: nigiri, gunkan, oshizushi, makizushi, chirashizushi
- Also includes how to prepare the various vegetables to use with the different types of cooking used in Japanese cuisine: Grilling, Simmering, Pickling, Frying, Steaming
- Includes a section on making Sushi Bento, for kids, picnics, or lunches
- Includes a section on party menus
- Illustrated with colour photos for each recipe
- A large number of other photos illustrate the preparation process in detail
- Includes a section on the tools, ingredients, and how to make sushi rice

Izumi Shoji is a Tokyo resident and cook widely considered the leading figure in the field. Her inspirational blog Veggie Dining: Yasai no gohan ("veggie dining: vegetarian meals") features new recipes every day and has made a huge impact on the blogosphere. Her unique daily users now average in the hundreds of thousands.



isbn 978-1-56836-570-1 **£17.99 PB**

251 x 191 mm; 112 pages; colour throughout: 100 photos 103 recipes; back-matter on tools & cutting techniques; index

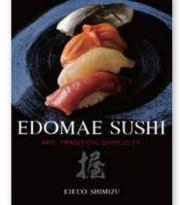
EDOMAE SUSHI ART, TRADITION, SIMPLICITY by Kikuo Shimizu

Top sushi master Kikuo Shimizu, reveals the secrets of Edomae sushi, the traditional sushi of Tokyo considered the standard. Its technique and soul have been passed down from chef to chef, maintaining its tradition while evolving through the decades.

This book includes dozens of types of sushi, explaining the ingredients and techniques of Edomae sushi. The essential accompaniments of sushi fish - wasabi, nori, and rice - are explained in detail, including how and when they are grown and harvested and how to best prepare them across the four seasons. The book fits into that rare happy medium of good, instructive text and fantastic, vivid photography. Most items have a double page devoted to them with a large picture of a completed piece of sushi on the left, with basic naming and preparation details, and to the right detailed discussion on the fish itself, appropriate seasons and preparation background. Herein lies the true value of this book: even if you never have any intention of getting your hands stuck into the rice and learning how to make sushi, you will never again be an uneducated diner!

The author relates the history of Edomae sushi, based on his own experience, under his mentor, legendary sushi master Shigezo Fujimoto. Edomae Sushi is a stunning, attractive record of the life and development of a traditional Japanese sushi artisan and an unrivalled resource for everyone £26 HB who loves this extraordinary native food of Japan.

isbn 978-4-7700-3145-7 Hardcover, 250 x 190 mm; 112 pages, 96 in full colour; 128 colour-, 32 b/w photos



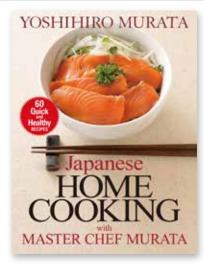












£17.99 PB ISBN 978-1-56836-555-8

Softcover, 250 x 190 mm 112 pages, 96 in colour 100 photographs

JAPANESE HOME COOKING WITH MASTER CHEE MURATA

Yoshihiro Murata

Yoshihiro Murata is one of the most accomplished and respected figures in Japan's culinary world, 3-star Michelin chef and author of the award-winning KAISEKI (p. 80). He is also head of the Japanese Culinary Academy, whose definitive multi-volume series Complete Japanese **Cuisine** is currently taking the professional world by storm [See p. XX]. Here he has combined his expertise and artistry with his enthusiasm for teaching Japanese cooking to beginners to create this exciting new

book. He presents over 60 healthy home recipes, from classic to modern, ranging from popular restaurant offerings like yakitori, tempura, and shabu shabu to typical home dishes like onigiri (rice balls), miso soup, and tonkatsu fried pork

All of the dishes can be made using Western kitchen tools and ordinary ingredients readily available from the supermarket; alternatives are suggested. Another important aspect of Murata's approach to home cooking is his emphasis on presentation. With vivid colour photographs, the book showcases his simple, beautiful

ideas for serving and plating the food... Murata is a very frequent visitor to Europe, and has made it his mission to educate and enlighten food lovers everywhere about his native cuisine, in all its variety.



ISBN 978-1-56836-481-0 £26 HB

vegetarian & vegan

MAYUMI'S KITCHEN

MACROBIOTIC COOKING FOR BODY AND SOUL

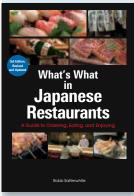
Mayumi Nishimura

Madonna's private chef introduces more than 100 delicious, healthy macrobiotic recipes. Everybody can enjoy these easy-to-make dishes, which are good for the mind and body.

"Mayumi makes beautiful, energizing food, which I have been lucky enough to enjoy many times over the years. I am thrilled that now everyone can have a chance to experience the effects of her meals, which are as healing and healthy as one can get! "

--Gwyneth Paltrow

Hardcover, 250 x 190 mm 160 pages. 128 in colour 150 colour photos, index



£14.99 PB 978-1-56836-412-4 Softcover: 256 pages; 188 x 132 mm dozens of photos and drawings

A life-saver for any Japanese restaurant in the world.

WHAT'S WHAT IN JAPANESE RESTAURANTS

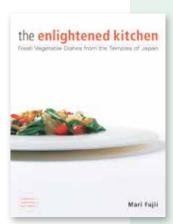
A GUIDE TO ORDERING, EATING AND ENJOYING By Rob Satterwhite

Food culture: what to eat, how to eat it, and in what order!

The world today abounds with Japanese restaurants. Many of them specialise, choosing to focus on one type of food and to serve it at a very high standard. All explore variations of flavour and ingredients and frequently offer seasonal dishes. But how do you know what to order... and in what order? How can you make sense of the menu? What if you miss out on a true delicacy?

This brilliant book supplies the answers to these questions and more, while providing a fascinating look at Japanese culture through a gustatory lens. Longtime food writer and enthusiast Robb Satterwhite delves into the intricacies of Japanese cuisine, restaurant etiguette, and regional food variations. He explores culinary history and furnishes precise sample menus in Japanese and English that allow anyone to decipher, order, and fully enjoy a wholesome Japanese meal.

There are many different types of Japanese cuisine available, from sushi and yakitori, to the traditional temple fare and tofu cookery which is so perfect for vegans and vegetarians. The nuances and pleasures of Japanese food can be endlessly fascinating - if you know how and what to order. For food lovers and diners alike, this amazing book is the perfect introduction to authentic Japanese cooking.



ISBN 978-1-56836-436-0 £22 HB



THE ENLIGHTENED KITCHEN

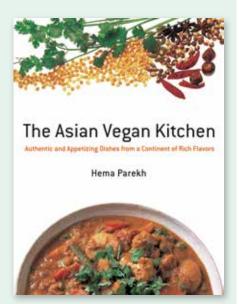
FRESH VEGETABLE DISHES FROM THE TEMPLES OF JAPAN Mari Fujii

Brimming over with delicious recipes based on the centuries-old vegetarian cuisine of Japan's Buddhist temples shoiin rvori, this book is a must for vegetarians, vegans, and anyone with an interest in healthy eating.

Stunning color photographs accompany more than sixty recipes for soups, salads, tofu and bean dishes, vegetables, rice and desserts. Easyto-follow instructions, and a wealth of information about the ingredients make it easy to bring the magic of Japan's temple cuisine into your own kitchen. The author is an acknowledged expert on shojin ryori and her book illuminates a vibrant new take on vegetarian cooking.

Hardcover, 258 x 198 mm 128 pages, 85 colour photos, glossary

of course you can enjoy wine with Japanese food! vegetarian & vegan



Softcover, 250 x 190 mm 192 pages, 32 in colour 50 colour photos, glossary, index

£17.99 PB isbn 978-1-56836-430-8

Hema Parekh's collection of recipes from across Asia, feature the spices and the many tasty ingredients that have made these cuisines popular world-wide. It offers the delicious vegetarian cuisines of Asia and brings vibrant flavours to the Western repertoire.

There is one big difference between this and many other vegan cookbooks. These dishes do not use replacement ingredients for traditional recipes. Instead, author Hema Parekh - a noted teacher of vegetarian cooking styles - has selected recipes that were traditionally vegetarian, and have been enjoyed by diners for decades, even centuries. As such, its appeal is to everyone: vegan, vegetarian or otherwise.

Over 200 dishes have been selected to cover a wide variety of tastes. *The Asian Vegan Kitchen* offers readers vegan-ready recipes for everything from Japanese sushi to northern Indian curries, from Vietnamese spring rolls, to Chinese red-hot tofu. Soups, noodle dishes and some desserts are also included.

Japanese Dishes for Wine Lovers Machiko China

JAPANESE DISHES FOR WINE LOVERS

by Machiko Chiba, with John Whelehan

Japanese food is not commonly associated with wine, yet many Japanese dishes may be perfectly paired with red and white, dry and sweet wines. Reflecting the increasing popularity of wine as an accompaniment to food in Japan, this is a great book for wine lovers seeking new ways to stimulate their palates and enhance the enjoyment of their favourite wines.

Best-selling cookery author Machiko Chiba provides easy-to-follow recipes for 58 mouth-watering recipes, such as *Pan-Fried Salmon with Lemon, Soy Sauce, and Thyme*, and *Beef with White Sesame and Sweet Sake*, all illustrated in full colour.

Leading wine expert John Whelehan explains how to pair wine with typical Japanese flavourings, such as soy sauce, ginger, sake, and sesame, and recommends the best wines to savour with each dish.

Hardcover, 254 x 190 mm; 112 pages, 128 in colour: 300 colour photos, 20 b/w

£22 HB isbn 978-1-56836-564-0

nobu - a food phenomenon

NOBU MIAMI THE PARTY COOKBOOK

by Nobuyuki Matsuhisa & Thomas Buckley

Inspired by the Miami restaurant, this is a cookbook with a fresh twist: while featuring a number of signature plates, it also turns its eye to party finger-foods, playing on the vibrant and festive atmosphere of Miami and the city's very particular style, founded very much in the glorious fruits of the sea.

70 recipes are offered with stunning colour photos, additional comments and columns on ingredients, and useful cooking techniques. The recipes include new dishes especially created for the book as well as a take on Nobu's classic and popular dishes that have been enjoyed by celebrities in his restaurants. Every recipe is woven with Japanese, Peruvian and now also Cuban-Latino influences, and features comments from Nobu and Buckley on their inspiration. A tropical and relaxing atmosphere keeps the recipes in this book simple and makes party cooking fun for all food lovers anywhere in the world.

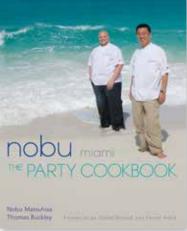
Hardcover, 260 x 210 mm; 192 pages, all colour, 100 photos ishn 978-1-56836-582-4 **£35 HB**

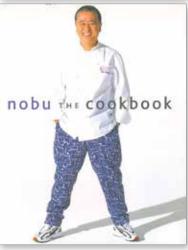
NOBU THE COOKBOOK by Nobuyuki Matsuhisa Preface: Robert De Niro

Nobu: The Cookbook is Nobu Matsuhisa's first cookbook in any language, and in it he reveals the secrets to his food and indeed the essence of all Japanese cuisine: the art of using very simple techniques to bring out the latent flavours in the very best ingredients that the world's seas have to offer. He presents more than 50 original recipes for fish and seafood that include all the signature dishes—Matsuhisa Shrimp, Octopus Tiradito, Squid Pasta, Black Cod, New Style Sashimi and Sashimi Salad. There is a chapter dedicated to sushi where readers can learn how to make Nobu's own highly original Soft Shell Crab Roll and House Special Roll. Eleven salad and vegetable dishes and four Nobu dessert recipes have been added so that anyone can challenge themselves to recreate that exclusive Nobu dinner in their own kitchen. There is also a chapter covering the best drinks to serve. An inspirational book that is packed with stunning photographs.

(NO RIGHTS U.K.)

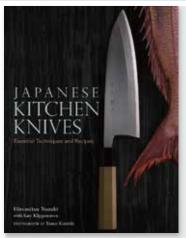
Hardcover; 267 x 219 mm; 200 pages: 192 in colour;100 photos





isbn 978-1-56836-489-6

£32 HB



JAPANESE KITCHEN KNIVES ESSENTIAL TECHNIQUES AND RECIPES by Hiromitsu Nozaki

Sales of Japanese kitchen knives are booming in Europe, for the simple reason that they are acknowledged to be the best But how many people have the skills to use these superbly-crafted tools to full advantage? Now, internationally renowned chef Hiromitsu Nozaki shares his expertise and insights in a book that will help anyone who owns or plans to own a Japanese knife to maximise its performance.

In Japanese Kitchen Knives, Nozaki teaches the reader how to use usuba, deba and yanagiba, the three main traditional types, by length and depth. He explains many essential techniques, such as the importance of understanding blade angle and point of force, and illustrates these lessons by working with ingredients familiar to western readers, like carrots and rainbow trout.

Colour photos and Nozaki's commentary further clarify the process, and the pictures are taken from the chef's perspective for easier understanding (most other books take photos from the reverse perspective). Each technique is accompanied by recipes to use for practice, and all recipes are very simple, using ingredients that are easy to come by. Other sections include a look at artisan Japanese knife-making and information on sharpening, storing / cleaning and identifying the variety of Japanese knives. Specialty knives are shown on location, from the unique unagi eel knife in an unagi speciality restaurant to the colossal tuna filleting knife used in Tsukiji fish market.

with its shape, colour, and taste.

they simply are the food.

THE DECORATIVE ART OF

JAPANESE FOOD CARVING

£26 HB isbn 978-1-56836-490-2 Hardcover, 250 x 190 mm; 160 pages, 128 in colour



Hardcover, 254 x 193 mm 112 pages, all in colour

£19.99 HB 978-4-7700-3016-0

COOL TOOLS COOKING UTENSILS FROM THE JAPANESE KITCHEN by Kate Klippensteen Japanese cuisine is flourishing all over the world, as are the cookbooks featuring recipes from a wide variety of styles. Cool Tools goes deep inside the kitchen, into the cupboards and the drawers, to the stove tops and wall hangers where a variety of unique utensils are stored. Here are the items seen used by the hands of the famous in their kitchens: and the not-so-famous in their homes. As with so many Japanese creations, these utensils are both functional and artistic, and the pieces that are the focus of this book are treated as both works of art and items of practical interest. The photography, by one of Japan's best, celebrates quality in materials and design. The text, by a long-time columnist on Tokyo dining and entertaining, celebrates the history, the usage and the people behind these tools, in brief and informative entries. It presents

- A SIMPLE ART

by Shizuo Tsuji



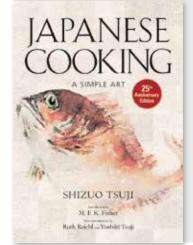


£22 HB isbn 978-1-56836-435-3

Hardcover: 250 x 190 mm

Each is introduced in full colour, with easy-to-follow, step-bystep instructions, sample food arrangements, further ideas and secrets, and insider tips for successful presentation. Most are simple enough for the amateur chef to master: some are there to offer a challenge to the more ambitious.

112 pages, 96 in colour 100s sequential photos



Author Shizuo Tsuji's encyclopedic and authoritative work is the acknowledged 'Bible' of Japanese cooking. Unrivalled in its comprehensive explanation of ingredients, tools and techniques, chef Tsuji guides the reader through recipes in lucid prose, while technical points are made understandable with deftly executed line drawings. Much more than a collection of recipes, the cookbook is a masterful treatise on Japanese cuisine. In his preface, the author (who was truly a Renaissance man of Japanese and world gastronomy) discusses the essence of Japanese cooking, with its emphasis on simplicity, balance of textures, colours, and flavours, seasonal freshness, and artful presentation. M. F. K. Fisher's introduction is a not-to-be-missed work of food writing. A new foreword by Ruth Reichl and an additional preface by Tsuji Culinary Institute president Yoshiki Tsuji provide culinary and historical context for the 25th Anniversary Edition. Eight pages of vibrant new colour photographs illustrate over seventeen finished dishes. After introducing ingredients and utensils, the twenty chapters that make up Part One consist of lessons presenting all the basic Japanese cooking methods and principal types of prepared foods - making soup, slicing sashimi, grilling, simmering, steaming, noodles, sushi, pickles, and so on - with accompanying basic recipes. Part Two features 130 carefully selected recipes that range from everyday fare to intriguing challenges for the adventurous cook. Together with the recipes in Part One, these allow the cook to build a repertoire of dishes ranging from the basic "soup and three" formula to a gala banquet. Still the unrivalled reference book of cooking concepts and recipes from Japan.

£39 HB

isbn 978-1-56836-388-2 Hardcover, 257 x 182 mm; 508 pages; 8 colour photos, 100s detailed line drawings

THE JUST BENTO COOKBOOK

EVERYDAY LUNCHES TO GO By Makiko Itoh

A leading light in the popularisation of *bento* in the west has been Makiko Itoh, whose blog, *Just Bento*, has thou-

sands of subscribers worldwide, all of whom love her delicious recipes and practical bentomaking tips. Here Itoh's expertise has been packaged in book form for the first time.

Bento fever is sweeping the world fuelled by its promise of superb food that is economical and healthy in these tough economic times. *The Just Bento Cookbook* contains 25 attractive bento menus and more than 150 recipes, all of which have been specially created for this book. Divided into two main sections: Japanese and Not-so-Japanese, the Japanese section includes classic bento menus such as Salted Salmon Bento and Chicken Karaage Bento, while the Not-so-Japanese section shows how Western food can be adapted to the bento concept with delicious menus such as Summer Vegetable Gratin Bento and Everyone Loves A Pie Bento. Each menu is accompanied by a full colour photograph of the completed bento, clear instructions for each recipe forming the benton the property of the completed benton the property of t

THE QUICK AND EASY

JAPANESE COOKBOOK

Katsuyo Kobayashi

and straightforward.

GREAT RECIPES FROM JAPAN'S

FAVOURITE TV COOKING SHOW

Katsuyo Kobayashi has been showing people how to make good food

with a minimum of fuss for 30 years

as Japan's most trusted and popular

television cooking personality, and

the best-selling author of 140 books. Here she presents recipes that any-

one can make. All the ingredients are

readily available outside Japan, and the cooking methods are kept simple

A large full-colour photo of each dish is shown opposite the recipe, and small photos of the cooking pro-

cess, also in colour, are in the right-

hand margin, with helpful notes from

Kobayashi Calories and preparation

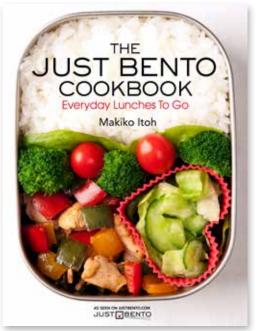
time are noted for each dish.

to, variation recipes, a timeline showing how bentos can be made

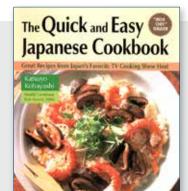
efficiently every morning, and time-saving tips. In addition to the recipes, Itoh includes sections on bento-making equipment, bento staples to make and stock, basic cooking techniques, and a glossary.



Softcover, 250 x 190 mm 128 pages 64 alternate colour spreads 100 photos, 25 menus, 150 recipes



isbn 978-1-56836-393-6 **£16.99 PB**



isbn 978-1-56836-447-6 **£17.99 HB**

Hardcover: 104 pages, 265 x 197 mm

full-colour step-by-step photos + illustrations

glossary, index This is real Japanese family-style foodthe kind that you won't find in restaurants but that people are really eating every day, at home. Japanese cooking today is made rich in variety by Asian and European influences, and this book reflects that diversity. K

IZAKAYA

THE JAPANESE PUB COOKBOOK by Mark Robinson

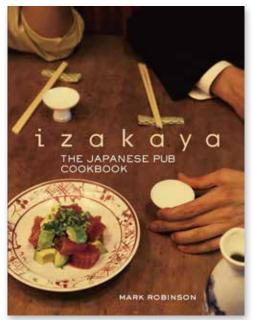
Japanese pubs *-izakaya-* are attracting a lot of attention in Japan and overseas. While Japan has many guidebooks and cookbooks, this is the first pub-

lication in English to delve into every aspect of a unique and vital cornerstone of Japanese food culture. A venue for socialising and an increasingly innovative culinary influence, the izakaya serves mouth-watering and inexpensive small-plate cooking, along with free-flowing drinks. Readers of this essential book will be guided through the different styles of establishment and recipes that make izakaya such relaxing and appealing destinations. At the same time, they will learn to cook many delicious standards and specialties, and how to design a meal as the evening progresses.

8 Tokyo pubs are introduced, ranging from those that serve the traditional Japanese comfort foods such as *yakitori* (barbequed chicken), to those offering highly innovative creations. Some of them have long histories; some are more recent players on the scene. All are quite familiar to the author, who has chosen them for the variety they represent: from the most venerated downtown pub to the new-style stand-bar with

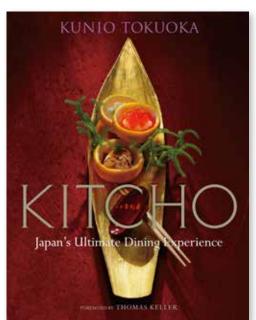
a French-inspired menu. Mark Robinson includes knowledgeable text on the social and cultural etiquette of visiting izakaya, so the book can used as a guide to entering the potentially daunting world of the pub. Besides the 65 detailed recipes, he also offers descriptions of Japanese ingredients and spices, a guide to the wide varieties of sake and other alcoholic drinks that are served, advice on ordering, and much more.

Hardcover, 250 x 190 mm 160 pages, 150 colour photos 80 alternate colour spreads 300 photos, 65 easy recipes



isbn 978-1-56836-432-2 **£22 HB**

large format



KITCHO JAPAN'S ULTIMATE DINING EXPERIENCE by Kunio Tokuoka

Restaurant Kitcho is regarded by many as Japan's top restaurant. With this book, readers will for the first time get a look behind well-guarded doors at the secrets, recipes, arrangement techniques, and philosophy of one of the world's premiere restaurants. Master Chef Kunio Tokuoka is a magician in the kitchen. Yet his approach to cooking is alarmingly simple. How can he draw the best flavours for a hearty stock? How can he cook a fish dish so that it becomes a transforming experience for even the most jaded diner? Answer: Simply by finding the optimum way to prepare or cook each ingredient so as to draw out peak flavour. Over and over again, he demonstrates how he reinvented an old technique or created new dishes to astonish loyal patrons.

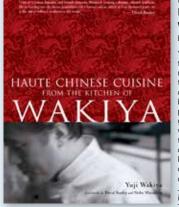
At Kitcho, a full-course meal is a multisensory experience to be savoured on many levels. It can be a revelation. It can change the way people think about food. This book will do the same. For the first time, the methods and thinking behind one of the world's greatest culinary traditions is unveiled from the source. From innovative cooking techniques to an artist's touch in food arrangement, this book reveals every aspect of entertaining in the Japanese mode through stunning photography, the chef's recipe notes, and an insider's focused essays on cooking, food arrangement, aesthetics,

food philosophy, and the exquisite Japanese art of entertaining at table.

Hardcover, 289 x 228 mm; 192 pages, 160 in colour; 250 photos, notes, glossary, index

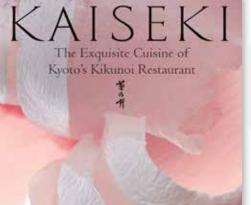
isbn 978-4-7700-3122-8

£39 HB



£30 HB isbn 978-4-7700-3072-6 Hardcover: 192 pages, 280 x 228 mm 160 colour pages, 120 photographss glossarv, index

of the dishes in small, individual plates over several courses, lending balance and sophistication to the dining experience that cannot be found elsewhere.



Hardcover, 289 x 228 mm; 160 pages, 100 colour photos; 80 alternate colour spreads; 300 photos, 65 recipes

YOSHIHIRO MURATA

Nobe Material and Ferrag Adda

£39 HB isbn 978-1-56836-442-1

KAISEKI THE EXQUISITE CUISINE OF KYOTO'S KIKUNOI RESTAURANT By Yoshihiro Murata



The specialised cuisine served at Kyoto's famed Michelin 3-star restaurant *Kikunoi* is a feast for the eyes as well as the palate, and Kaiseki, by owner / chef Yoshihiro Murata, is at once a cookbook and a work of art. This sumptuously illustrated volume features in seasonal format the style of cooking that began as tea ceremony accompaniment and developed into the highest form of Japanese cookery.

Kaiseki celebrates the natural ingredients of each season with a spectacular presentation. After a front section explaining the history and components of kaiseki cuisine, Murata introduces his establishment's impressive menu. With candour and insight, he shares his thoughts on ingredients, preparation methods and the philosophy behind his dishes. He explains how the cuisine has changed over the years and continues to do so. His professional and personal accounts are enlightening; ranging, for example, from how some dishes evolve in the search for the proper combination of ingredients to a description of a learning encounter with a zen master. Approximately twenty dishes from each season, chosen by chef Murata, have been lovingly and carefully photographed to convey the experience of being an honoured guest at his restaurant. Also included are the exact recipes direct from the Kikunoi kitchen, and a glossary of kaiseki terms.

This book is a Gourmand Award winner.

HAUTE CHINESE CUISINE FROM THE KITCHEN OF WAKIYA

By Yuji Wakiya

Yuji Wakiya's impressive creative talent in serving authentic Chinese recipes and ingredients has revolutionised the perception of Chinese cuisine. He has taken food that has been too often seen as a take-out staple steeped in artificial additives and given it layers of delicate, subtle flavour and a sophisticated and elegant touch, resulting in what can only be called 'Haute Chinese Cuisine'. Wakiva's unique style comes from the combination of his deep knowledge of Chinese food and culture, and his Japanese aesthetic for an always stylish, yet refined presentation.

The two most visually striking features of Yuji Wakiya's interpretation comes from the stunning marriage of the highest levels of Chinese cuisine with a *kaiseki* inspired seasonal approach, together the presentation courses lengting halance and sophis-

80

gardens / bonsai / cactus

THE BEAUTY OF BONSAL

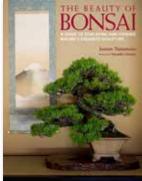
A GUIDE TO DISPLAYING AND VIEWING NATURE'S EXQUISITE SCULPTURE by Junsun Yamamoto

An amazing book that teaches the aesthetics of display. Most bonsai growers will be content to grow a beautiful tree, but the highest satisfaction actually lies a step beyond: in displaying the tree indoors to be viewed and appreciated. Bonsai are trees cultivated in compact form for indoor display. However, only when a tree is complete, combined with a suitable container, suitably displayed at the right time of year and viewed by others does it truly become a bonsai. Just potting and placing it does not make a display. The host arranges the bonsai in the style of a majestic landscape painting, with the aid of props such as accent plantings, suiseki stones, scrolls and tiny models or ornaments known as *tenpai*. These props possess specific meanings within such variables as season, climate, location and time of day, and positioned effectively bring a vivid clarity to the envisaged landscape.

This is the only book available that teaches these skills.



£25 HB isbn 978-1-56836-543-5 Hardcover: 112 pages; 267 x 197 mm: 40 colour, 90 b/w photos; tools appendix; index company the text, many in full-colour.



£26 HB isbn 978-4-7700-3126-6 Hardcover: 104 pages; 260 x 190 mm; 96 colour pages, 205 photos

THE SECRET TECHNIQUES OF BONSAI A GUIDE TO STARTING, RAISING AND SHAPING BONSAI by Masakuni Kawasumi II & Masakuni Kawasumi III

Japan's leading bonsai experts offer not only the basics for creating perfect bonsai, but also secret techniques the family has developed over generations of careful work and observation. It covers such skills as: taking a cutting for a new bonsai in winter while the plant still stores its winter nutrients, then wrapping and freezing the cutting until spring, when it will thrive; trimming branches in such a way as to eliminate swelling and scarring; the proper use of tools to ensure perfection...The book provides detailed, lucid information about growing bonsai from seedlings or beginner plants; expert advice on shaping, pruning, training, grafting and re-potting trees; and new techniques for using tools. The Kawasumi family is world-renowned for their bonsai tool design, and in this book they also show gardeners how to improvise with any readily-accessible bonsai tools, as well as gardening or even simple workshop tools. Step-by-step photographs ac-

Kaimook Chaweewanakorn loves and admires cactus plants. They are adaptable, easy to look after and can be kept in the home and/or outdoors (depending on local climate!). Petchtamsee cactus nursery was be-

gun by her as a place to grow her beloved cactus plants and, as she experimented with different species and genera, it quickly grew to become the biggest cactus nursery in Southeast Asia and the most famous in the world for one morphology: the colourful variegated form. Variagation is a naturally occurring or viral-induced mutation, which appears as stripes or whole sections of tissue that are without chlorophyll and take on multiple hues as a result. Variegated varieties are often prized for the attractiveness of the markings caused by the mutation as well as their shapes and Kaimook and her team have won countless awards all around the globe. In more than 200 colour photographs, this stunning book presents a huge range of the world's rarest hybrid cacti. The allure of variegated and Christata Gymnocalycium lies in their intriguing colour combinations and organic yet often eccentric appearance: they all possess an idiosyncratic aesthetic appeal.

The vibrant variagation and almost sculptural forms are captivatingly photogenic and are vividly brought to life under the glow of camera lights against the black backdrop in the hands of specialist photographer Visarute Angkatavanich. He first came to the world's attention as the photographer behind the amazing fighting fish wallpaper images for Apple's iPhone series, where

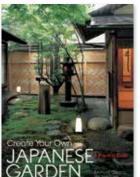
he employed similar techniques.

Very simply organised into 4 sections (Gymnocalycium Hybrids Gallery / Mixed Hybrids Gallery / Petchtamsee / Photography Index), this book is a showcase offering beautiful images, short texts explaining the nature of the nursery and the author's philosophy of cactus growing, and an index of thumbnails with scientific name and definition...

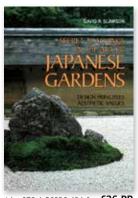
[All the cacti depicted can be ordered online from Petchtamsee as small, medium or large plants.]



Most books on Japanese Gardens rely on glossy photos and provide very little written content on the complexities of Japanese garden composition. What sets this work apart is its depth and focus on unraveling the underlying design principles and its intent on providing a deeper understanding into the art of Japanese gardening. This is not a picture book. However, if you seek a scholarly study in the design aesthetics of Japanese gardens, this book comes highly recommended. Slawson begins with his experiences as a master gardener's apprentice in Kyoto and ends with a complete translation of an ancient gardening manual. Each page overflows with background, detail and inspiration. He inspires you not to transplant an existing garden design, but offers the knowledge to evolve a plan reflective of your own individual location and taste. Essential for all with a serious interest in Japanese gardens.



isbn 978-1-56836-544-2 **£26 HB** 500 colour photos, 100 plans/illustrns tions for special touches and restoration.



isbn 978-1-56836-494-0 **£26 PB** Softcover: 220 pages; 254 x 178 mm; 31 b/w photos; 62 line drawings, index

CREATE YOUR OWN **JAPANESE GARDEN** A PRACTICAL GUIDE

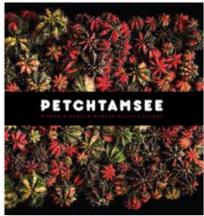
by Motomo Oguchi, with Joseph Cali

In this book, renowned garden designer Motomi Oguchi offers the reader a step-by-step, practical approach to creating Japanese gardens, drawn from a wealth of experience that covers thirty years and encompasses the design of more than 400 gardens. The author uses real examples from gardens he has designed, constructed, and photographed to illustrate his key points, approaching each work from the perspective of the home or building owner.

Within each chapter are general layouts and methods of developing the various gardens, which precede specific, step-by-step instructions. The author also offers practical and affordable variations on more ambitious designs and shows how they can be adapted to the readers home or building. In addition, Oguchi emphasises the Hardcover: 128 pages; 262 x 196 mm importance of proper maintenance and offers sugges-

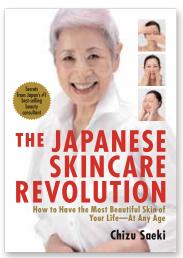
PETCHTAMSEE - THE WORLD'S RAREST HYBRID CACTI GALLERY

by Kaimook Chaweewanakorn; photographs by Visarute Angkatavanich



£55 HB: available isbn 978-1-932476-80-4 280 x 260 mm; 248 pages; 200+ colour photographs of rare hybrid cacti reproduced at highest quality





£17.99 PB

isbn 978-1-56836-406-3

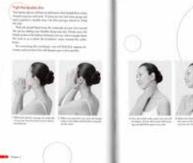
Softcover: 128 pages; 210 x 148 mm 2 colour, 165 b/w photos; 6 illustrations

THE JAPANESE SKINCARE
REVOLUTION HOW TO HAVE THE MOST
BEAUTIFUL SKIN OF YOUR LIFE - AT ANY AGE
By Chizu Saeki

This is the first guide for women of all ages and races who want to have beautiful skin but don't want to spend lots of money on cosmetics and treatments to achieve it. Author Chizu Saeki is a practising beauty consultant whose dream is to teach ordinary women how to become more beautiful. To achieve this, she writes books, teaches, and tours. Her books have sold more than 3 million copies, and the revolutionary ideas presented in this volume have won the approval of international dermatologists. Her key techniques are found between these pages. Readers are introduced to a unique lotion mask -a moisturizing treatment for keeping the skin fresh and lustrous; massages

for toning the muscles of the face; natural, no-nonsense remedies for wrinkles, sagging, oiliness, pimples, and blackheads; "warm care" and "cool care" for soothing the mind and body; water massages to energize the skin; and much, much more. With photos and step-by-step instructions, Saeki shows you how to use your own hands to massage your face like a professional aesthetician. She teaches you to use your eyes to judge what your skin needs, and not to overfeed it with too many cosmetics. She leads you toward a well-rounded, sustainable skincare routine, the results of which will amaze you.





WOOD BECOMES WATER

CHINESE MEDICINE IN EVERYDAY LIFE by Gail Reichstein New Forewords by Robert Rex, Jessica De Pete & Florence Patsy Roth

-20th Anniversary Edition-

This groundbreaking work is a practical exploration of how ancient Chinese medicine can be an integral part of our lives today. A best-seller that has helped countless people since it was first published, this is the 20th anniversary edition.

Does your back pain flare up in the evening? Perhaps your water element is weak. Allergies in the spring? Emotional outbursts? Perhaps your wood element is too strong. Using the five element system of Chinese cosmology as a key—wood, fire, earth, metal, water—Gail Reichstein unlocks the ancient mysteries of Chinese medicine and makes them available for the everyday health and well-being of modern readers. Each chapter includes:

- Lists of common ailments associated with each element
 Feng shui solutions for the home and workplace
 Acupuncture treatment
- Dietary therapy
- Qigong exercises.



Gail Reichstein (1965-2016), was an acupuncturist, author, and editor. A graduate of the University of Pennsylvania and the Tir-State College of Acupuncture, she had practiced Chinese medicine since 1995, first in New York and then in Vermont. She was also the author of Earth Acupuncture: Healing

the Living Landscape. Prior to her death, Reichstein lived in Lincoln, VT.

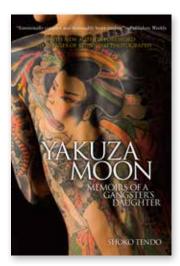
Wood
Becomes
Water
Chinese Medicine in
Everyday Life
Gail Rechstein
New Forewords by
Robert Rox
Jessica DePets, L.Ac., M.S.
Florence Patry Roch, L.Ac., M.S.

£18.99 PB isbn 978-1-56836-588-6

Softcover: 224 pages; 232 x 185 mm; b/w line drawings

Learn how techniques perfected over thousands of years can bring balance, harmony and well being to both your physical and spiritual being. Security of County and County and Security of Security of Security of County and Security of Security

Straightforward, easy-to-use, and practical, Wood Becomes Water links the physical, emotional, and spiritual forces at work in our lives, and provides a vital contribution to the study of the mind-body connection.



YAKUZA MOON

THE TRUE STORY OF A YAKUZA'S DAUGHTER by Shoko Tendo



This is a shocking, moving first-person account of one woman's experience of growing up in Japan's underworld. Born into the family of a wealthy yakuza boss, Shoko Tendo lives her early years in luxury. However, she suffers ostracisation by teachers and classmates at school, and her father's drunken rages at home. The family falls into debt, and Tendo falls in with the wrong crowd. By the 15 she is a gang member, by the age of 18 a drug addict, and her 20s are marked by a series of abusive and violent relationships.

After the death of her parents and her own attempted suicide, she turns her life around. A pivotal moment is the decision to get tattooed: an empowering act that helps her take control of her life.

This is the universally appealing story of a young woman's successful struggle to escape from a life of exclusion and abuse, and a rare glimpse into the heart of Japan's closed yakuza world from the inside.

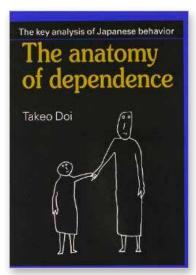
This book has been translated into more than a dozen languages. Tendo lives in Tokyo with her daughter.

Softcover: 208 pages 210 x 140 mm 16 pages of photographs



isbn 978-1-56836-438-4

£10.99 PB



Softcover; 192 pages; 189 x 132 mm

isbn 978-1-56836-551-0

£13.99 PB



THE ANATOMY OF DEPENDENCE by Takeo Doi

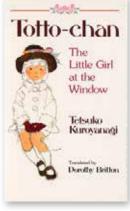
A classic study of the Japanese psyche, a starting point for a true understanding Japanese behavior....

The discovery that a major concept of human feeling-easily expressed in everyday Japanese- totally resisted translation into a Western language led Dr. Takeo Doi to explore and define an area of the psyche which has previously received little attention. The resulting essay, The Anatomy of Dependence, is one of the most penetrating analyses of the Japanese mind ever written, as well as an important original contribution to psychology which transcends the boundaries of cultures and nations.

Published in Japan as Amae no Kozo (The Structure of Amae), Dr. Doi's work is focused upon the word "amae" (indulgence) and its related vocabulary. Expressive of an emotion central to the Japanese experience, "amae" refers to the indulging, passive love which surrounds and supports the individual in a group, whether family, neighborhood, or the

world at large. Considering the lack of such words in Western languages, Dr. Doi suggests inherent differences between the two cultures-contrasting the ideal of self-reliance with those of interdependence and the indulgence of weaknesses. Yet, he finds that Western audiences have no difficulty in recognizing and identifying with the emotions he describes, and are even searching for a way to express this need.

While there is no doubt that the concept of "amae" is more developed in Japan and the feelings it engenders more profound, Dr. Doi's work is widely recognized as having a universal application. This translation of his most important essay has now been long welcomed as a major contribution-not only as an insight into the Japanese mind, but into the minds of men everywhere.



Softcover: 240 pages; 183 x 112 mm Many line drawings

isbn 978-1-56836-391-2

£9.99 PB

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TOTTO-CHAN

THE LITTLE GIRL AT THE WINDOW by Tetsuko Kuroyanagi

If you ask children what they are frightened of, they may well say they fear darkness or ghosts, or bullies, or tigers.. and how would you respond to that?

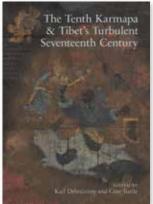
A headmaster of a school asked this question of children, then told them, "Having eyes but not seeing beauty; having ears but not hearing music; having minds, but not perceiving the truth; having hearts that are never moved and therefore never set on fire. These are the things to fear". He also added, "children you may not understand it now, but someday when you grow up you will understand these words".

The school was called Tomoe Gakuen and its extraordinary founder and headmaster was Sosaku Kobayashi. It existed in Japan during the Second World War when just outside the horros of war unfolded. Kobayashi kept these children protected from the war outside, until the day each child went on to meet his/her own destiny.

Tetsuko Kuroyanagi recalls her formative experiences at this wonderful school. She recounts the story of her own life and the lives of many children and how each one of them who survived created a future for themselves and their country during the darkest of times. She attributes it to the headmaster, his love for children and his educational philosophy. Kobayashi believed in freedom of expression and activity. Some of the methods in his school were very unusual. Everyday for lunch he asked the children to bring something from the hills and something from the ocean - to have a balance in what they ate. He allowed young children to swim naked in the pool so that they get over the curiosity over their bodies. He also wanted the handicapped children in the school to be more accepting of their bodies. On sports day he gave away carrots and cabbages so that children could earn a meal for their family. Tetsuko recounts "Even as I write I realise how many episodes that just seem happy childhood memories to me, were in fact, activities carefully thought out by him to achieve certain results." Readers may wonder how the authorities in wartime Japan allowed such a free school to exist. Kobayashi hated publicity about the school and its unconventionality, and this in a way kept it protected.

In 1945, the school burned down when American airplanes began dropping bombs from the skies. With the hope that this beautiful school could live on in the hearts of people a little longer and feed their hopes, Tetsuko presents this tale to the world.

In recounting this story and her childhood, she has given courage and inspiration to many educators across the world. And through her, one falls in love with this extraordinary old man who undeterred by the circumstances, gave a light that each child could carry in their heart to light the world.



£45 HB; isbn 978-1-932476-81-1 266 x 190 mm; 308 pp; 77 colour photos; essays by 10 scholars; footnotes; bibliography; detailed index

THE TENTH KARMAPA & TIBET'S TURBULENT SEVENTEENTH CENTURY Edited by Karl Debreczeny and Gray Tuttle





The religious and institutional shape of modern Tibet was decided in the turbulent conflicts and dramatic reorganisation of Tibetan society in the 17th century. With Mongol support, the Gelukpa (dGe lugs pa) tradition took control of Central Tibet and projected power far beyond Lhasa. The success of the Fifth Dalai Lama's leadership of the Gelukpa-dominated government in the late 17th century has been the subject of numerous studies. As is often seen in the writing of history the victor exerts its authority in its telling. Thus the preceding ruling polity and its leading lama, the Tenth Karmapa have often been neglected.

The Tenth Karmapa Chöying Dorjé (Chos dbyings rdo rje; 1604–1674) was leader of the Karma Kagyu (Karma bKa' brgyud) School of Tibetan Buddhism during this formative period, and his life, which is well documented in Tibetan sources, provides an alternative historical narrative of the tumultuous 17th century. The Tenth Karmapa was also famous as one of the most original and eccentric figures in the history of Tibetan art, and his life and works also provide a new perspective on Tibetan art history.



This publication brings together specialists in literature, history, and religion, as well as art to discuss the historical context of this seminal Tibetan figure from the standpoint of their various disciplines and areas of specialization, situating him and his life's work within the juncture of history, art and civilisation, and Tibet's place in the larger world of the 17th century.

We are pleased to be able to present current research by scholars taking different approaches and bringing a variety of perspectives to this fascinating, complex, and underdeveloped material. This book is the culmination of presentations and spirited discussion at the international conference *The Tenth Karmapa and Tibet's Turbulent 17th century* organised by the Rubin Museum of Art and "Institutional Landscapes and Intellectual Codifications in Tibet's Long Seventeenth Century" a workshop co-organised with Columbia University, both convened at the Rubin Museum of Art, New York, November 9–11, 2012.

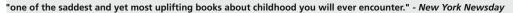
THE GIRL WITH THE WHITE FLAG A SPELLBINDING ACCOUNT OF LOVE AND COURAGE IN WARTIME OKINAWA by Ivan Morris

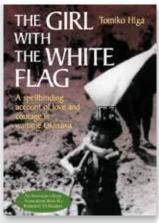
"The Girl With the White Flag" is the autobiographical account of Tomiko Higa's childhood on the war-torn island of Okinawa during World War II. She is the youngest of nine children, and her family is well-respected, being descended from samurai. Tomiko's mother dies in 1944, when Tomiko is just six: two of her sisters are married, while one brother lives on the mainland and the other is in the army in China.

Over the next year, her father rears her and teaches her how to farm, what plants she can eat, and so on. Tomiko gets along well with her two sisters, Yoshiko and Hatsuke, and plays with the older brother she calls Nini. After war reaches the island, father doesn't return and the children all decide to follow army advice and head south. Along the way, they encounter the horrors of war, from dead soldiers and dead civilians, to bombed-out houses and a shattered landscape. Nini is later killed while the children are asleep by the sea. On a road choked with refugees heading south, Tomiko becomes separated from her sisters and has to head off on her own, scavenging for food from vegetable plots and the haversacks of dead soldiers. She is almost killed by Japanese soldiers, but believes that God, her mother, her father, and her brother are watching over her nad have saved her many times throughout her ordeal.

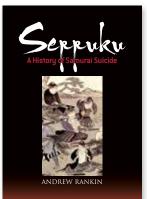
Eventually, Tomiko comes to stay in a cave with an elderly couple, she comes to call Granny and Grandpa. They help feed her, and she helps to care for them, for Granny is blind and Grandpa is a quadruple amputee. They tell Tomiko that she must go on and live a long and happy life. On June 25, 1945, the three hear the voices of Americans speaking in Japanese, telling the civilians to come out and that, contrary to what they'd been taught by the military, the Americans will not hurt them. The old couple make a white flag for Tomiko to carry out, and she comes across three American soldiers, one of whom is taking photos. She finds that the Americans are kind and friendly.

Years after the war, Tomiko comes across the photo of herself and a white flag in a history book. The photo is famous, and at her husband's urging, she writes about her experiences, and tries to find the soldier who took it. She tracks him down to Texas with the help of the soldier's unit commander, and a television film crew. The photographer, John Hendrickson, is overjoyed to see her, and takes another photo of her with the same camera that he had used so long before....





Softcover: 130 pages; 188 x 132 mm 978-1-56836-531-2 **£10.99 PB**



SEPPUKU A HISTORY OF SAMURAI SUICIDE by Dr. Andrew Rankin

The tradition of *seppuku* -the Japanese ritual suicide by disembowelment also referred to as *harakiri*- spans a millennium. it was revered as the most honourable form of death. This is the first book in English to chart the history of samurai suicide from antiquity to modern times. The author traces its origins in ancient myth, and leads us from the death of warrior Minamoto no Tametomo in 1170 to the celebrated ritual suicide of General Nogi in 1912. There are countless examples of heroic courage, loyalty, and sacrifice. Quoting from many previously untranslated sources, including battle chronicles, execution handbooks, private samurai documents, and rare eyewitness reports, Rankin also explains the protocols of the seppuku ceremony. This fascinating and accessible study will appeal both to the scholar and to the general reader.

"Behold! I am Prince Morinaga, second son of the divine Emperor Go-Daigo, who traces his lineage through 95 generations to the sun goddess Amaterasu. My men have fled. Now I shall destroy myself out of contempt for them and you! Watch carefully and you will learn how to cut your bellies, for your day will surely come."

-Taiheiki (c. 1375)

Hardcover: 256 pages; 189 x 132 mm; 20 b/w

photos; bibliography; index

£22 HB isbn 978-4-7700-3142-6



japanese course books

THE WORLD'S BIGGEST-SELLING JAPANESE LANGUAGE SERIES: ĸ Japanese for Busy People REVISED 3RD EDITION

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- Notes about Japanese culture
- A sleek, user-friendly design

VOLUME I teaches the basics for communication and provides a solid foundation for further study. It is available in 2 versions:

- -The Romanized Version uses Latin letters instead of Japanese script. It is intended for absolute beginners who don't want to learn to read straight away.
- -The Kana Version is exactly the same as the Romanized Version, except for its use of the scripts.

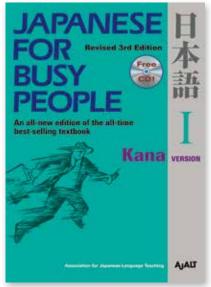
VOLUME II provides the basic language skills necessary to function in a professional environment. It will enable students to make a smooth transition from mid-beginner to intermediate level Japa-

VOLUME III expands vocabulary and structure to bring the student to the late-intermediate, early-advanced stage. In this final volume, students will learn all the grammar necessary to initiate, carry-out and conclude complex conversations in both casual and business environments.

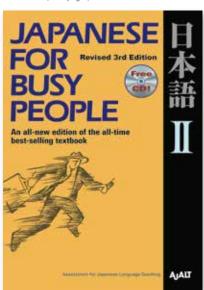
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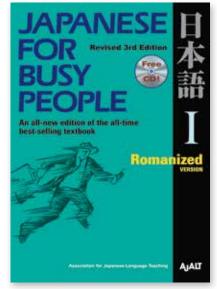
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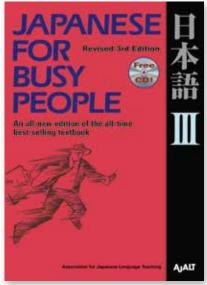
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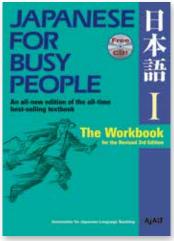
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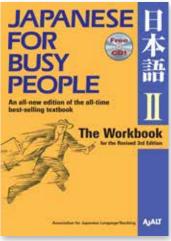
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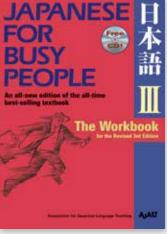
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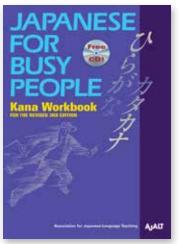
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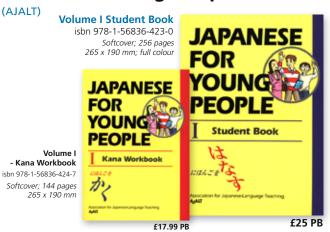
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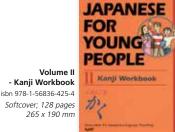
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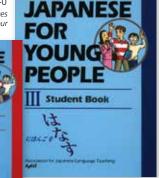
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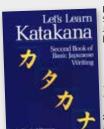
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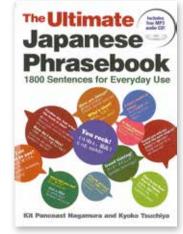
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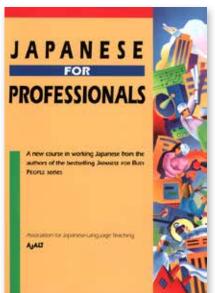
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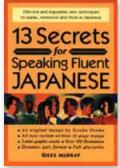
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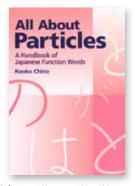
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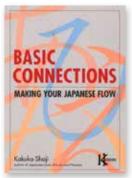
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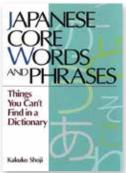


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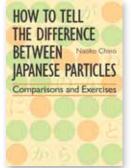
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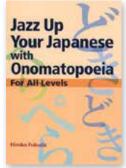
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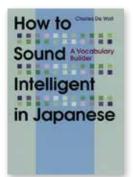
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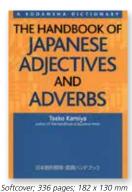
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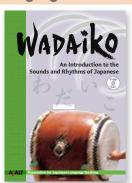
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liapanese: dictionaries



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by the Association of Japanese-Language Teaching ('AJALT')

Formulated and developed by AJALT, the body behind the worldwide bestselling language course Japanese for Busy People, this unique book offers learners a vital introduction to the way the language is supposed to SOUND. It does this in a structured, logical manner, getting the students' ears completely used to these sounds and rhythms until they become the most natural thing in the world. This is achieved through songs, poems, games... and lots of other fun ways of using and listening to the language without needing to fully understand everything. The accompanying CD means that students can practise and enjoy this book just as effectively at home as in the classroom.

This is the first book ever to introduce students to Japanese through its sounds and rhythms

£17.99 PB isbn 978-1-56836-558-9 Softcover, 96 pp. 255 x 180 mm; 64 colour pages 150 illustrations + photos: Free audio CD SUITABLE FOR ALL LEVELS



THE KODANSHA KANJI USAGE GUIDE AN A TO Z OF KUN HOMOPHONES Editor-in-Chief: Jack Halpern

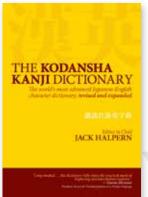
isbn 978-1-56836-559-6 **£19.99 PB**

One of many difficulties facing learners is that so many words sound the same, but mean something different. These homophones aren't Chinese loanwords, but are native Japanese words ("kun" words); furthermore, they may have more than 2 meanings, depending upon the Chinese character (or kanji) used to represent the sound. For example, hanasu can mean 'speak' 話 or 'release' 放 or 'separate' 離 ...

This is the first book to address this issue head-on, and offer the learner an easy-to-follow guide to what the different meanings for each sound are, as well as how these separate meanings are written in kanji. It is organised in the natural Japanese dictionary order a-ka-sa-ta-na-ha-ma-ya-rawa, and conforms to the preference for Japanese orthography in contemporary teaching, with all kanji also phonetically rendered. The entries are all numbered for ease of cross-reference, and their SKIP reference and numbering from Halpern's best-selling Kodansha Kanji Learner's Dictionary and Kodansha Kanji Dicitonary [below] are included to enable further research. Thousands of compounds and examples illustrate the 1,005 individual kanji entries: the kun- homophones within the standard joyo kanji. An essential 190 x 127 mm; 352 pages; 1,005 kun- homophone entries reference and learning tool for mastering written Japanese.

thousands of usage examples; two indexes and SKIP guide





THE KODANSHA KANJI DICTIONARY - REVISED AND EXPANDED

Editor-in-Chief: Jack Halpern

The Kodansha Kanji Dictionary is essentially a revised, updated, and expanded edition of The New Japanese-English Character Dictionary, previously published by Kenkyusha in Japan and by NTC/McGraw-Hill in the United States as NTC's New Japnese-English Character Dictionary. Unlike most kanji dictionaries designed primarily for word lookup, this book includes highly detailed information about the meanings and functions of the individual characters, making it indispensable for the serious learner.

Numerous features distinguish this book as the most authoritative and easy-to-use kanji learning tool available today. The Editor Jack Halpern is widely recognised as one of the world's leading authorities on the Japanese language.

£70 HB isbn 978-1-56836-408-7 **KEY POINTS**

- 5.000+ character entries
- Includes advanced features such as kanji synonyms, usage notes, etymologies, Chinese variant forms and readings, and rare or archaic words and meanings
- More than 42,000 words or word elements
- 6 lookup methods and 3 indexes, including the revolutionary SKIP lookup method for locating entries as quickly as A to Z
- Appendices give students instant access to a huge amount of useful information
- Foreword written by Shigeko Miyakazi, Chair of the Board of the Association for Japanese-Language Teaching (AJALT)
- Utilises the revolutionary System of Kanji Indexing by Patterns - 'SKIP' - for almost instant access
- Includes synonyms, etymology, Chinese variants, compounds, rare and archaic forms

THE KODANSHA KANJI LEARNER'S DICTIONARY - REVISED AND EXPANDED

Editor-in-Chief: Jack Halpern

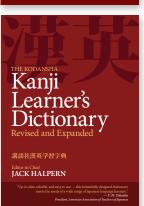
The Kodansha Kanji Learner's Dictionary answers the need for an easy-to-use kanji dictionary: compact enough to be easily carried around, yet detailed enough to satisfy the needs of the serious learner. Its basic goal is to give a thorough understanding of how kanji are used in contemporary Japanese by providing instant access to a wealth of information on the meanings, readings and compounds for the most frequently used. Thanks to the author's ground-breaking locator system SKIP (System of Kanji Indexing by Patterns), the user can locate characters as quickly and as accurately as in alphabetical dictionaries. Modern linguistic theory has effectively been integrated with sophisticated IT to produce a powerful tool that will benefit beginners, intermediate and advanced students of Japanese.

- 772 extra kanii included, making a total of 3.002
- kana used throughout, in accordance with modern teaching requirements
- 1000s of additional compounds / usages, including the latest vernacular
- expanded coverage of nanori, or kanji used only in names
- includes all alternative forms where acceptable to Joyo Kanji specifications
- 5 look-up methods: user-friendly layout
- covers all high-frequency kanji compounds compiled by Japan's National Language Research Institute

Hardcover, 2,000 pages, 210 x 146 mm; 6 look-up methods; 5,000 entries, 4,926 kanji; 600 usage notes for homonyms

£39 PB isbn 978-1-56836-407-0

Softcover, 1,296 pages, 228 x 152 mm; 2-colour (red+black); 3 indexes; 5 appendices; 3,002 kanji entries; 5 look-up methods



japanese: dictionaries

KODANSHA'S FURIGANA JAPANESE-ENGLISH DICTIONARY

by Kodansha

- More than 16,000 entries comprising the most commonly used words in Japanese
- Semantic and usage differences explained clearly
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KODANSHA'S ESSENTIAL KANJI DICTIONARY

A COMPACT CHARACTER DICTIONARY FOR STUDENTS

This dictionary covers all the kanji recommended

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• 1,945 essential (Joyo) kanji: perfect starter

The terminology of business, plus related terms and jargon, are clearly marked for easy reference. Simply look for the Yen sign. There

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value," "issue at market price," and a great

Hundreds of scientific and medical terms included

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Compact for handy reference

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- 30,000 entries includes all the most common words • Perfect for modern learning where 'kana' mastery is a must: furigana allows students to read ALL kanji
- Semantic and usage differences between words and expressions are explained in clear English
- 1000s of example sentences and phrases illustrate usage Copious information is provided on verb conjugations, honorifics, and other aspects of Japanese grammar The perfect dictionary for beginners!

isbn 978-1-56836-457-5 **£52 HB**

Hardcover; 1,318 pages; 189 x 144 mm



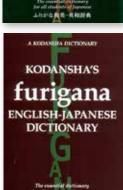
KODANSHA'S **FURIGANA ENGLISH - JAPANESE DICTIONARY**

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- and expressions explained clearly in English • 1000s of example sentences maximise usage ability
- Idioms, phrases, and common expressions help expand vocabulary and sentence building skills
- History and culture notes aid understanding of context • Fully up-to-date with contemporary vernacular terms
 - Hundreds of scientific and medical terms included

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Softcover; 728 pages; 182 x 130 mm



ふりがな英和諸義

nts and profe

Softcover; 160 pages; 182x 128 mm isbn 978-1-56836-397-4

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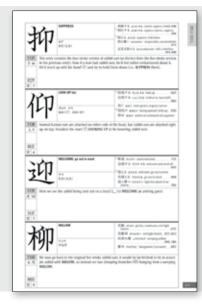
KODANSHA'S

A STEP-BY-STEP GUIDE TO MASTERING 2300 CHARACTERS by Andrew S Conning

This an innovative and highly effective system for learning and remembering kanji, or Sino-Japanese characters. It contains all 2,136 Joyo kanji (Japanese government designation for kanji in common usage) plus 164 of the most useful non-Joyo kanji, specially arranged to maximise efficiency of acquisition.

One of the book's key features is its mnemonic devices—original stories for each kanji that teach you to associate graphical components with images linked to the character's meaning. With these, students will find it hard to forget and easier to decipher the meanings of unfamiliar compounds that contain those characters. Another unique feature is the author's emphasis on comparing similar-looking kanji as a means of differentiating them. Most kanji dictionaries and textbooks arrange their entries in ways that do not address the needs of non-native learners, such as by traditional radical or by the grade in which the kanji are taught in Japanese schools. The Kodansha Kanii Leaner's Course uses a unique sequence that presents look-alikes one after the other, and presents the building blocks before the complex kanji they appear in.

- Includes 2,300 kanji entries; teaches the meanings, readings, and usages of all 2.136 government-prescribed Jovo Kanii
- Offers clear and systematic guidelines to help in visualising the meanings of the characters as they are encountered
- Introduces kanji components in a logical, step-by-step order, with related kanji grouped together
- Perfectly dovetailes with The Kodansha Kanji Learner's Dictionary (p.122). Includes full cross-referencing with kanji listed in the dictionary and incorporates core meanings, characters meanings, readings, and sample vocabulary from the dictionary
- 10 original appendices provide a wealth of useful information





isbn 978-1-56836-526-8 **£30 PB** 704 pages, 228 x 152 mm; 2,300 entries 10 appendices for beginners & intermediate

lencyclopedia / budo

ENCYCLOPEDIA OF JAPANESE MARTIAL ARTS

by David A Hall

David A. Hall, a foremost expert on Japanese combative culture, combines hands-on experience in a wide variety of martial traditions with an academic and religious background to produce this landmark work. It is an exhaustive, impeccably researched reference work covering everything from "adauchi" (a vendetta) to "zanshin" (state of focused vigilance before, during, and after executing a technique or combative form). The book opens with several introductory sections for effective use of the Encyclopedia: *Abbreviations*,

KEY ELEMENTS:

- The first scholarly, bilingual reference work on Japanese martial arts
- Provides clear, reliable information on terminology,

etiquette, history, weapons, spiritual traditions...

- Useful to beginning and advanced martial arts practitioners, scholars, researchers, libraries, Asian studies and language students & departments
- Over 4,000 headline entries
- 4 indices: (General, Chinese, Sanskrit, and English) Over 7.500 terms
- Other features include:
 - * extensive cross-referencing
- * source material not available elsewhere in English
- * information about both classical martial arts systems and modern cognates (judo, karate, aikido, kempo, kendo &c.)
- * information on the key figures in the field
- Vetted by several other Japanese martial arts scholars and prominent practitioners

refrective use of the Encyclopedia: Abbreviations, Quick Guide to Weapons and Systems, Historical Eras, guides to the Entries and Lineage Charts, and A Note on the Japanese Language and Communication Style. The A–Z runs for more than 625 pages and contains over 4,000 alphabetical entries with concise definitions. It includes entries on hundreds of classical martial arts schools and over 50 detailed lineages of these schools; over 300 combative systems; the master martial artists (both ancient and modern); and the roles played by Buddhism, Taoism, Shintoism, and Shugendo in shaping the spiritual and cultural lives of Japanese warriors.

David A. Hall's *Encyclopedia of Japanese Martial Arts* was 12 years in the making and is the only comprehensive A to Z on the market. The author is better qualified than almost anyone to compile a *opus magnum* of this kind, being both a master of several martial arts disciplines -principally in swordsmanship- and a PhD in Japanese Buddhism: the dominant spiritual underpinning of martial arts philosophy.

A must for the libraries of all martial arts practitioners and students



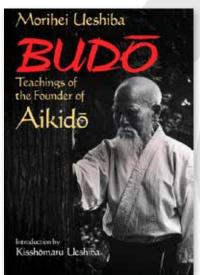
144 charts & lists, 4 indices; includes Japanese orthography

ENCYCLOPEDIA OF

JAPANESE

MART

£52 HB isbn 978-1-56836-410-0



Softcover; 132 pages; 258 x 183 mm 400+ historic b/w photographs

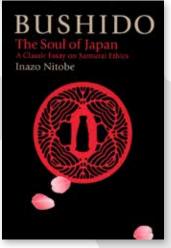
£17.99 PB isbn 978-1-56836-487-2

BUDO: THE TEACHINGS OF MORIHEI UESHIBA, THE FOUNDER OF AIKIDO Introduced by Kisshomaru Uesiba

Ueshiba is rightly known as the Father of Japanese martial arts, for his toal mastery of many disciplines, and for his creation of the remarkable Aikido, which he described as "a divine path, inspired by the gods that leads to truth, goodness and heauty"

Believing in teaching by example and oral transmission, Ueshiba sadly left few writings to explain his martial arts philosophy. Budo, written in 1938 as instruction and a statement of his aims and the spirit of his Aikido, was never intended to be available to the general public, containing the injunction "these techniques... should not be disclosed indiscriminately to the public", but in the light of the huge growth in popularity of Aikido, it should now be translated and made widely available.

This priceless work includes a biographical introduction by his son Kisshomaru, as well as a section of photographs of Morihei in aciton in 1951: 18 years before his passing



Hardcover; 160 pages; 196 x 138 mm 3 b/w photographs

£16.99 HB isbn 978-1-56836-440-7

BUSHIDO: THE SOUL OF JAPAN

A CLASSIC ESSAY ON SAMURAI ETHICS by Inazo Nitobe

Written specifically for a Western audience in 1900 by Japan's Undersecretary General to the League of Nations, *Bushido* explains concepts such as honour and loyalty within traditional Japanese ethics. The book is a classic, and as such throws a great deal of light on Japanese thinking and behaviour, both past and present.

This book is a classic to which generations of scholars and laymen alike have long referred for insights into the character of the Japanese people. All of its many readers in the past have been amply rewarded, as will be all those who turn to its pages in future decades

aikido

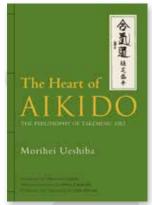
THE HEART OF AIKIDO

THE PHILOSOPHY OF TAKEMUSU AIKI By Morihei Ueshiba

"Aikido practice is purification of the body and mind on all levels."

"If people do not understand the principle of takemusu aiki [valorous unlimited-creativity], they will only think about winning, never wanting to lose, matching brawn against brawn, bullying the weak and powerless; in short, they take an aggressive attitude. To rid the world of aggression and contention is the purpose of Aikido." —Morihei Ueshiba

This book takes the reader on a spiritual journey to the essence of Aikido in the words of the Grand Master and Founder himself

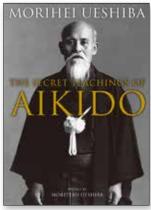


Hardcover; 144 pages; 189 x 132 mm isbn 978-1-56836-514-5 **£17.99 HB**

THE SECRET TEACHINGS OF AIKIDO

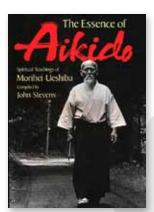
By Morihei Ueshiba Preface by Moriteru Ueshiba

This is a collection of the spiritual teachings of Aikido's founder. In the book, Ueshiba explains how Aikido is both the spirit of love and the study of that spirit. The author reflects on the rich and varied landscape of Aikido philosophy, discussing how Aiki is the marvellous functioning of breath, known as ki, and how through diligent use of Aikido's breathing techniques the practitioner can achieve true harmony. The author urges the reader to link to the universe through Aikido, to train, and ultimately to unify the divine and the human. The book also includes many rare photos of the author and contains 25 of Morihei's doka (spiritual Japanese poetry) in Japanese, English, and also in Romanisation.



Hardcover; 152 pages; 267 x 198 mm 100s rare b/w photographs

isbn 978-1-56836-446-9 **£30 HB**



THE ESSENCE OF AIKIDO

SPIRITUAL TEACHINGS OF MORIHEI UESHIBA By John Stevens

For the first time in English, The Essence of Aikido presents the profound philosophy of Aikido in Morihei's own words, disclosing many of the arcane secrets of Aikido's aims and methods. Considered by many to be the greatest martial artist and spiritual teacher of the twentieth century, Morihei provides a wealth of clues to the often puzzling nature of the inseparable link between the physical and spiritual aspects of Aikido, revealing the heart of the peaceful warrior's art.

Softcover; 200 pages; 258 x 183 mm 100s rare photographs of the Master

f21 PB isbn 978-1-56836-469-8

GOZO SHIODA MY SPIRITUAL IOURNEY

AIKIDO

MY SPIRITUAL JOURNEY

By Gozo Shioda; Afterword by Yasuhisa Shioda

In this first full autobiographical work, the legendary aikido grandmaster Gozo Shioda tells of his extraordinary life. He relates moving, personal anecdotes about Ueshiba, imparts what he learned from his mentor, and offers a concise overview of the key elements of aikido, including breath power, focused power, and the power of the centre line. About 20 rare photos of the author are also included, chronicling his life in aikido. An essential root text.

Hardcover; 204 pages; 226 x 152 mm 20 rare b/w photographs

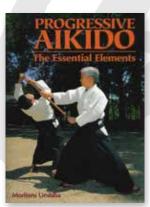
£30 HB isbn 978-1-56836-411-7

PROGRESSIVE AIKIDO

THE ESSENTIAL ELEMENTS By Moriteru Ueshiba

Moriteru Ueshiba, the grandson of Morihei, presents a systematic approach to mastering the basics of Aikido. He begins by outlining its most basic element—proper movement—and explains that with this as your base will you be able to approach the techniques in the correct order. He then goes on to emphasise a logical, step-by-step approach to mastering the techniques, so the student can progress toward Aikido's ultimate goals—forging of the individual spirit, and fostering harmony between oneself and nature, and the body and mind.

Richly illustrated with 900+ b/w photos.

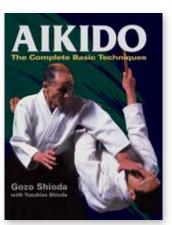


Hardcover: 196 pages: 267 x 198 mm 925 b/w photographs

£30 HB isbn 978-1-56836-455-1

AIKIDO THE COMPLETE BASIC TECHNIQUES By Gozo Shioda, with Yasuhisa Shioda

Gozo Shioda devoted himself to the study under Ueshiba and founded the Yoshinkan Aikido, here details all the most important basic techniques. This book primarily deals with the basic throws that form the early stages of Aikido practice. Each technique is presented in concise, comprehensive, and lucid explanations accompanied by detailed photographs that will serve as an essential study aid for the beginning student and also act as a valuable source of reference material for the more advanced practitioner. Shioda demonstrates how the Basic Exercises that comprise the core of Aikido teaching will assist the practitioner in focusing his or her strength, and how that strength can be harnessed for wider applications.



Hardcover; 224 pages; 267 x 198 mm 100s rare b/w photographs

isbn 978-1-56836-485-8

£30 HB

laikido / judo

TO TAL AIKIDO The Master Course Gozo Shioda with Yarushisa Shioda

TOTAL AIKIDO

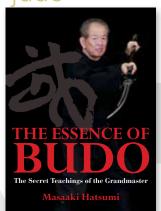
THE MASTER COURSE

by Gozo Shioda; with Yasuhisa Shioda

In the sequel to *Dynamic Aikido*, Gozo Shioda expands on the fundamental principles in finer detail. Comprehensive and fully illustrated, this covers the basic postures and movements, placing special emphasis on perfecting the key techniques for achieving maximum effect with minimum effort. To enable students to develop greater strength and control, they are shown how to increase their speed, shift their centre of gravity, and synchronise movements with those of their opponents.

Hardcover; 210 pages; 267 x 198 mm 100s rare b/w photographs

£26 HB isbn 978-1-56836-471-1



THE ESSENCE OF BUDO

THE SECRET TEACHINGS OF THE GRANDMASTER by Masaaki Hatsumi

Dr. Masaaki Hatsumi, the world-famous Ninja Grandmaster, explores the very soul of the martial arts, delving deep into their revered histories and hidden teachings to unravel some of their most arcane secrets. The essence, or *gokui*, is not something specific that can be attributed to a single school or method; rather it is a living phenomenon, in constant flux: only through patient devotion to the martial arts can one begin to glimpse its intricacies.

Hardcover; 208 pages; 260 x 190 mm 20 colour, 380 b/w photographs

£30 HB isbn 978-1-56836-462-9

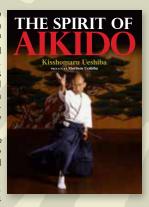
THE SPIRIT OF AIKIDO by Kisshomaru Ueshiba

by Kisshomaru Ueshiba Preface by Moriteru Ueshiba

Kisshomaru Ueshiba (1921-1999), is regarded as a man who embodied the spirit of aikido, as inherited from his father, the Founder. This is his masterpiece, and regarded as a seminal work on the discipline, and on martial arts in general. In this classic discourse, Ueshiba concisly explains the essence of aikido's philosophy and techniques.

Long available in paperback, *The Spirit of Aikido* is now also available in hardcover, with new photos and a preface by Moriteru, the third and present Aikido Doshu, and the author's son.

Hardcover; 138 pages; 189 x 132 mm **£30 HB** 90 b/w photos isbn 978-1-56836-409-4



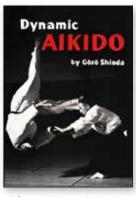


isbn 978-1-56836-483-4 £10.99 PB

DYNAMIC AIKIDO by Gozo Shioda

This introduction to aikido trains you to sense your opponent's intentions and turn his movements to your own advantage. Fully illustrated with photographs and line drawings, this is an excellent, practical course in all aspects of this uniquely spiritual discipline.

£14.99 PB isbn 978-1-56836-530-5



Softcover; 160 pages; 210 x 148 mm 100s photographs & drawings

KODOKAN UDO Nigoro (kano

Softcover; 264 pages; 257 x 182 mm 1,500 b/w photographs; glossary; bibliography

£21 PB isbn 978-1-56836-539-8

KODOKAN JUDO by Jigoro Kano

Judo, or the Way of Gentleness, an ideal form of physical exercise and a reliable system of self-defence, was created from traditional Japanese martial arts by Jigoro Kano. *Kodokan Judo* is uniquely comprehensive and the most authoritative guide to this martial art ever published. Covering everything from the fundamental techniques to pre-arranged formal exercises for both men and women, the book offers detailed explanations of how techniques are combined in two types of practice: *randori* (free practice) and *kata* (the practice of forms).



KODOKAN JUDO THROWING TECHNIQUES by Toshiro Daigo



MIND OVER MUSCLE WRITINGS FROM THE FOUNDER OF JUDO

WRITINGS FROM THE FOUNDER OF JUDO by Jigoro Kano; Foreword by Yukimitsu Kano

In 1882 Jigoro Kano founded Kodokan Judo from the ancient art of *ju-jutsu*. This book is a collection of his essential teachings, selected and compiled from a wealth of writings and lectures spanning 51 years. The circumstances surrounding the development of judo are described throughout this book, as are its underlying principles, which the author believes have universal applicability to everyday life.

Hardcover; 160 pages; 196 x 140 mm; 100s rare b/w photographs

£17.99 HB isbn 978-1-56836-497-1

The author was a 3-times Olympic Judo champion in his youth, and became the chief instructor of Kodokan - the official Judo headquarters. This hardcover book is the successor to the perennial bestseller "Kodokan Judo", by the founder Jigoro Kano, and contains full descriptions of all 67 throws, with variations and practice guides. In addition, the author details the origins of some techniques using old and rare photos of Kano in action. Destined to be a classic and a must for all judo practitioners.

£32 HB isbn 978-1-56836-577-0 Hardcover; 288 pages; 264 x 188 mm; hundreds b/w photographs

karate

KARATE-DO NYUMON

THE MASTER INTRODUCTORY TEXT by Gichin Funakoshi

Karate-do Nyumon literally means a passage through the gates of the Karate way—in other words, an introduction to the world of Karate. It is the result of Master Funakoshi's wish to clarify Karate thought and practice for those who know nothing about it. It comprises unpublished writings from the years before his death in 1957, together with simplified kata synthesised for beginners by Funakoshi from the traditional Okinawa Karate-do kata. "Karate-do is a noble martial art, and the reader can rest assured that those who take pride in breaking boards or smashing tiles, or who boast of being able to perform outlandish feats like stripping flesh

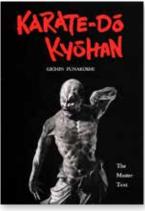
or plucking out ribs, really know nothing about karate.



Softcover; 120 pages; 258 x 185 mm; 100 b/w photographs isbn 978-1-56836-500-8 £17.99 PB

KARATE-DO KYOHAN THE MASTER TEXT by Gichin Funakoshi

This is the most comprehensive and authoritative book ever published, and was being revised by the author shortly before his death in 1957. 19 kata ('forms') of karate are presented here in complete detail. All have been selected by the great master and father of modern karate Gichin Funakoshi to give comprehensive core training. Fully illustrated demonstrations cover not only every technique of the kata but also the fundamentals and applications; how to make a fist; the correct form of the open hand; preliminary training in blocking, striking and kicking; the seven stances; and sparring. An essential text for every karate practitioner at whatever level.



Hardcover; 262 pages; 257 x 182 mm 1,245 b/w photographs

isbn 978-1-56836-482-7 **£35 HB**

KARATE-DO MY WAY OF LIFE

by Gichin Funakoshi

This is the autobiography of the Grandmaster who was direct lineage recipient of the arcane art of karate as it was practised in secret on Okinawa away from the eyes of the mainland Japanese for many centuries. He took the decision that the time was right for this art to be revealed, and single-handedly systematised it and co-ordinated its careful dissemination and propagation, earning himself the sobriquet 'The Father of Modern Karate'. This highly revealing book is his story, written in his hand.

Softcover; 144 pages; 182 x 110 mm 100s rare photographs of the Master **£7.99 PB** isbn 978-1-56836-498-8

Twenty Guidine

THE TWENTY GUIDING PRINCIPLES OF KARATE THE SPIRITUAL LEGACY OF THE MASTER

Gichin Funakoshi once said that "that ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants." To support this life-long stance and offer guidance to future practitioners, he penned his now legendary twenty principles. While the principles have circulated for years, a translation of the accompanying commentary has never found its way into publication—until now. A priceless treasure for all.

Hardcover; 128 pages; 196 x 140 mm Original calligraphy included

THE COMPLETE KATA

by Gichin Funakoshi

£15.99 HB isbn 978-1-56836-496-4

KARATE FIGHTING TECHNIQUES

THE COMPLETE KUMITE by Hirokazu Kanazawa

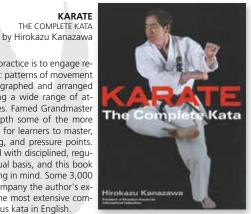
The world's top Grandmaster teaches all the various kumite ('sparring') techniques, and presents a systematic approach to applied kumite that is designed to provide essential information. He also writes with great affection of his experiences with Master Gichin Funakoshi, and offers insight into the true spirit and teachings of Shotokan karate.

With 700 photos of the author, his students, and some rare photos of Funakoshi and his famous Masatoshi Nakayama (author of the popular Best Karate series, p. 42), this is the first book to provide such a comprehensive guide to kumite and its role in Shotokan karate. It will be an indispensable resource for all karate practitioners.



Hardcover; 200 pages; 267 x 198 mm 800+ b/w photographs

ishn 978-1-56836-516-9 £30 HB A vital element to karate practice is to engage repeatedly in the art of kata: patterns of movement that are carefully choreographed and arranged in sequences, representing a wide range of attack and defence postures. Famed Grandmaster Kanazawa explains in depth some of the more difficult aspects of karate for learners to master, including steps, breathing, and pressure points. Kata need to be practised with disciplined, regular training on an individual basis, and this book is written with such training in mind. Some 3,000 dynamic illustrations accompany the author's explanations, making this the most extensive compendium of karate's various kata in English.

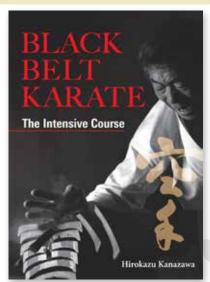


Hardcover; 240 pages; 260 x 190 mm 3,000+ b/w photographs

isbn 978-1-56836-517-6

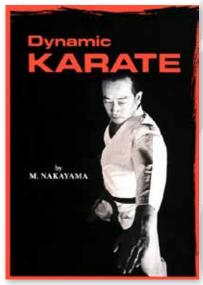
£30 HB

karate



Hardcover; 232 pages; 267 x 198 mm 500 b/w photographs

£30 HB isbn 978-1-56836-503-9



Softcover; 308 pages; 257 x 182 mm 1,000 b/w photographs

£26 PB isbn 978-1-56836-413-1

BLACK BELT KARATE

THE INTENSIVE COURSE

by Hirokazu Kanazawa Preface by Masatoshi Nakayama

Karate can be practised by anyone, regardless of physical condition or gender, and can be undertaken at any time during a person's life. It is a martial art with a wide range of applications and benefits, enabling the practitioner to develop physically, mentally, and spiritually. The training system employed in karate comprises three main areas: kihon (basics), kumite (sparring), and kata (forms).

In this book, Hirokazu Kanazawa, the most renowned karate master in the world today and founder of Shotokan Karate-do International Federation, offers the reader a systematic approach to basic karate, clearly and concisely guiding the reader through the 3 spheres of its application, and providing an intensive training course that can be undertaken by anyone seriously interested in mastering the basics of karate.

DYNAMIC KARATE

by Masatoshi Nakayama

Most books on karate usually do not provide complete, detailed instructions and illustrations that readers hope for. This masterpiece fills that gap. The late Master Masatoshi Nakayama, chief instructor of the Japan Karate Association, left this book as his testament. It reveals his great experience as a karate competitor and teacher, describing and illustrating in detail all the correct movements involved in the particular block, punch, or kick you want to perfect, as well as instructions on combining blocking techniques with decisive counterattacks. Also included is a glossary of all Japanese karate terms and a guide to their pronunciation. Due to the lightning speed of karate techniques, they are notoriously difficult to photograph. For this reason, many of the photo seguences found in Dynamic Karate were perfectly captured by using strobe flash techniques at 1/10,000 of a second: allowing the reader to follow each movement as it is actually performed.



BEST KARATE Series

(in 11 volumes) by Masatoshi Nakayama

All volumes softcover; 144 pages; 224 x 150 mm Diagrams, drawings; 100s b/w photos per volume

£15.99 PB (each volume)

This seminal series by the great teacher Masatoshi Nakayama is dedicated to his own teacher, Gichin Funakoshi. It contains a real treasure for all *karate-ka*: all the kumite and kata practised by the Japan Karate Association.

One of its huge benefits is that it allows practitioners to learn both the basics of karate and the

more advanced techniques at home i(n your own time. In many dojos around the world increases in class size makes it difficult for individuals to perfect their karate. Having resources like this unique series still available greatly adds to the learning experience.

All volumes are highly illustrated with sequential photos; the demonstrations are by Yoshiharu Osaka, one of the most senior sensei at JKA.

The BASICS, including kumite, are covered in Volumes 1~4, KATA in Volumes 5~8 and ADVANCED KATA in Volumes 9~11.

For anyone serious about gaining true proficiency in karate, this series is not only highly recommended: it is absolutely essential.

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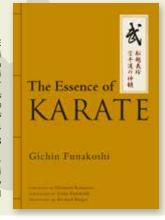
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THE ESSENCE OF KARATE

By Gichin Funakoshi Foreword by Hirokazu Kanazawa Afterword by Gisho Funakoshi Translated by Richard Berger Hardcover; 240 pages 189 x 132 mm 15 b/w photographs isbn 978-1-56836-524-4

£17.99 HB

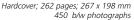
Karate's prodigious rise from obscure, secretive Okinawan self-defence techniques to one of Japan's most revered and recognisable martial traditions can be attributed to one man—Gichin Funakoshi. While its origins remain shrouded in mystery, Funakoshi worked tirelessly his whole life to spread his message of spirituality; the importance of winning without fighting. Karate today has devotees all over the world. In this book, Funakoshi creates in his own words a narrative of modern karate, from its clouded beginnings, through his systemisation, through to modern times. In doing so he captures its essence.

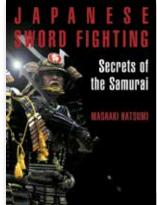


kyudo / bojutsu / ninjutsu

JAPANESE SWORD FIGHTING

SECRETS OF THE SAMURAI by Masaaki Hatsumi Dr. Hatsumi, the most renowned Budo and Ninja Grandmaster in the world, explores the venerable history of Japanese sword fighting, sharing with the reader his reflections on the hidden essence of this revered martial art. He covers a variety of classical techniques including Ninja kenpo, Yaqyu Shinkage-ryu, as well as two-sword techniques. Drawing on his deep knowledge, the author demonstrates advanced, practical applications of the art, using the stick, spear, naginata, and kusarigama. More mysterious, secret techniques are also discussed, including those involving armour, and the variety of renowned mutodori (no-sword) forms—the ultimate martial skill of the samurai.





£30 HB isbn 978-1-56836-461-2

UNARMED FIGHTING TECHNIQUES OF THE SAMURAL

The warrior traditions of Japan's ma Japan's various schools.

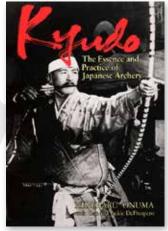
Hardcover; 240 pages; 267 x 198 mm 100s b/w photos; 6 colour pages

by Masaaki Hatsumi

history have long inspired awe and rest throughout the world, drawing generation devotees and admirers. Few would be able claim more knowledge and authority on th traditions than Dr. Hatsumi, the most fam Ninja Grandmaster alive. In this book he plores the essence of various unarmed to niques unique to the Japanese martial a known as Budo Taijutsu. These technic are highly specialised, drawn from a we of hidden teachings from the rich heritagi. This book takes the practitioner of bojut-

£30 HB isbn 978-1-56836-532-9 THE ESSENCE AND PRACTICE OF JAPANESE ARCHERY by Hideharu Onuma and Dan & Jackie DeProspero

Kyudo—the Way of the Bow—is the oldest of Japan's traditional martial arts and the one most closely associated with bushido. the Way of the Warrior. Kyudo Hanshi and 9th Dan Hideharu Onuma and his American co-authors, Dan and Jackie DeProspero, explain in detail both the spiritual and practical aspects of kyudo. Written with both novices and advanced students in mind, the book is presented in simple, straightforward language and features hundreds of detailed illustrations, supplemented by rare photographs of Master Onuma, clearly demonstrating the fundamental techniques and daily practice of this form of "standing Zen". Master Onuma was head of the ancient Heki Ryu Sekka-ha school; he passed away in 1990.



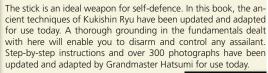
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KYUDO



148 pages; 210 x 148 mm; 300 b/w photos

isbn 978-1-56836-499-5 **£14.99 PB**

su to a higher plane of skill and under-

standing and reveals many of the more arcane elements of the martial art as well as its advanced techniques. Another classic by the Grandmaster of the Togakure-ryu school of Ninjutsu.

isbn 978-1-56836-553-4 **£25 HB**



Hardcover; 260 x 190 mm; 208 pages; 100's b/w photos

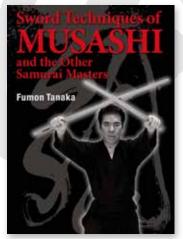
SWORD TECHNIQUES OF MUSASHI

AND OTHER SAMURAI MASTERS by Fumon Tanaka

Masaaki Hatsumi

Tanaka introduces the real Musashi: not the legend. By the age of thirty, he had fought and won 66 duels, proving himself a truly gifted swordsman. In his thirties he turned to the inner secrets and theories of kenjutsu to find a deeper meaning to life. He became a first-class painter and wrote Zen poetry. In 1643, when he was sixty years old, Musashi wrote his classic work, The Book of Five Rings. Musashi was a master of the two-sword fighting technique, although he didn't invent it, as is often thought. The author discusses his techniques and compares them with other styles and their proponents. In doing so he demonstrates how the mental, spiritual, and physical aspects of swordsmanship are inseparable – an exploration of traditional martial arts is also a look at the very essence of Japanese culture. Hardcover; 262 pages; 260x 191 mm

1.337 b/w photographs: historical mss.



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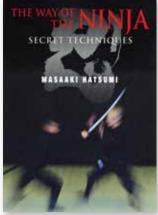
£30 HB

THE WAY OF THE NINJA SECRET TECHNIQUES by Masaaki Hatsumi

This is Dr Hatsumi's bestselling exposition of the secret techniques that helped create the feared and legendary status of these stealth warriors. In many ways the antithesis of the samurai ethic, ninja were normally recruited at a very young age from the ranks of the lower classes and taught to master a huge number of difficult disciplines in order to master their art of silent fighting, spying and assassi-

Of interest to the martial artist and historian alike, the author is a direct lineage descendant of a ninja 'family'.

Hardcover; 162 pages; 264 x 190 mm 4 colour + 86 b/w photos, 300 illustrations



isbn 978-1-56836-550-3

£30 HB

Iswords

THE COMPLETE The Secret World Revealed Masaaki Hatsumi

£30 HB 978-1-56836-547-3 260 x 182 mm; 176 pages 640 b/w photos

THE COMPLETE NINJA

THEIR SECRET WORLD REVEALED by Masaaki Hatsumi

The ninja were covert mercenaries founded in feudal Japan hired by the warlords principally for espionage, sabotage, infiltration and assassination; occasionally they were used in open warfare. Their covert methods contrasted with those of the samurai, who observed strict rules of honour in combat, and they developed in hidden 'clans' in remote locations, most famously in Iga and Koga districts. While their art was not considered respectable by the standards of the time, their skills were extraordinary, and their training regime long and arduous. The nature of their work meant that the art of *ninjutsu* was carefully guarded, and handed down only through the clan. The fact that they lived outside of normal society maintained the secrecy and nurtured the legend. Ninja Grandmaster Masaaki Hatsumi here creates a companion volume to his bestselling The Way of the Ninja. Like the earlier work, it features hundreds of historical illustrations, documents, and photos (including many of the

author demonstrating techniques) to explore the essence and wisdom of *ninjutsu* and reveal its hidden truths.



£35 HB 978-1-56836-583-1 Hardcover; 192 pages; 260 x 190 mm 160 b/w photos; 140 illustrations

sion of suriage / Detailed overview of inscriptions...

MODERN

£39 HB 978-1-56836-519-0 224 pages; 264 x 196 mm; 150 b/w photos; drawings; index

FACTS AND FUNDAMENTALS OF JAPANESE SWORDS

A COLLECTOR'S GUIDE by Nobuo Nakahara

This is an invaluable resource. Clear explanations and frank opinions enable readers to evaluate the condition of a blade, determine whether it is healthy or problematic, and easily recognise the fundamental elements that characterise works of enduring value. The book includes:

Summary of the historical development of blade shapes / Detailed explanations of the different parts of a blade / The effects of polishing / Instructions for sword maintenance and appreciation / Points to consider when buying a sword / Detailed explanations of blade grooves & engravings / In-depth discus-

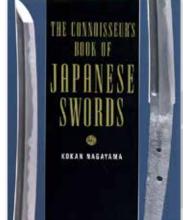
MODERN JAPANESE SWORDS AND SWORDSMITHS FROM 1868

TO THE PRESENT by Leon & Hiroko Kapp; Yoshindo Yoshihara

The most recent period of sword making, gendaito, began in the late 19th century during Japan's drive to modernise its military forces. The demand for traditional swords all but disappeared, and many schools and styles became virtually extinct. This authoritative new book describes this most recent period of sword history, and presents the work of key craftsmen active today. Through a detailed chronicle of major events, the authors illustrate the developments, its movement into artistic spheres, and the challenges swordsmiths have faced over the last century.

The authors present informative interviews with 22 modern smiths, who

demonstrate how the blade's aesthetic power derives from a symmetry of the sword's basic elements—steel, shape, and texture—and this harmony affords the blade a singular and delicate beauty. The book also includes comprehensive and intricate lineage charts of the major historical schools.



THE CONNOISSEUR'S BOOK **OF JAPANESE SWORDS** by Kokan Nagayama

This book is organised along historical lines for clarity, convenience and practicality. Discussions of the various kinds of jihada, hamon, boshi, and hataraki favoured in different periods and regions make this an invaluable reference tool. Each section closes with a reference chart summarising the distinctive features of the work of various schools and smiths. The chapter on terminology gives advice on what to look for when examining the different parts of a blade, again referencing each smith's idiosyncrasies. Richly illustrated throughout with more than 550 of the author's own painstaking oshigata illustrations (sword tracings onto which details are penciled in by hand), this is easily the most informative and comprehensive guide ever to appear in English.

Kokan Nagayama, widely recognized as the foremost living sword polisher, compiled the text for this book over many years. He is a designated a *Living National Treasure* of Japan.

Hardcover; 356 pages; 265 x 195 mm; 550+ hand-finished sword tracings

£65 HB isbn 978-1-56836-581-7

Japanese Sword Polishing

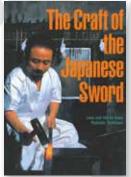
Hardcover; 192 pages; 267 x 198 mm 1,000 b/w photographs

£39 HB isbn 978-1-56836-518-3

THE ART OF JAPANESE SWORD POLISHING

by Setsuo Takaiwa, Yoshindo Yoshihara, Leon & Hiroko Kapp To understand Japanese sword polishing is to understand the Japanese sword. Down through the years, the great sword connoisseurs in Japan have been sword polishers. A swordsmith can spend a large amount of time forging a classic sword, but refining and bringing out its final shape, color, and texture so that all the details of the steel and hamon (the temper line) are clearly visible is the responsibility of another craftsman—the sword polisher.

This is the first book in English to examine in detail a skill whose apprenticeship is 10 years. It illustrates the methods, materials, and tools used for this process. But the book's true aim is to bring to readers an appreciation of the beauty of a well-crafted Japanese sword. As readers learn both how the sword polisher enhances the beauty of a blade and how he handles the problems of coaxing out its finest qualities through his polishing techniques, they will come to a higher understanding of the fine art of making a Japanese sword.



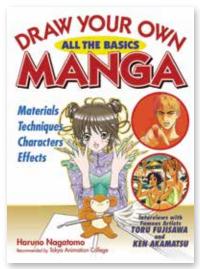
Hardcover; 168 pages 264 x 190 mm; 8 colour pages 120 b/w photos; index

£39 HB 978-1-56836-431-5

THE CRAFT OF THE JAPANESE SWORD by Leon & Hiroko Kapp, Y. Yoshihara

Four of Japan's leading sword craftsmen each have a role in the manufacture of a blade. Yoshihara, the swordsmith, takes raw steel made in a traditional charcoal-fueled smelter and folds and forges, slowly shaping it into a sword with hardened edge. Fujishiro then sharpens and polishes the sword to reveal the colour and texture of the steel. Miyajima makes the copper-andgold habaki collar that fits between blade and scabbard. Finally, Takayama carves the hilt and the scabbard out of a single piece of wood. Black-and-white photographs show every stage of the manufacture, while important information on history, metallurgy, and modern-day appraisal is presented in an extensive introduction.

A series of 3 books that teach budding manga artists the tricks of the trade... each £17.99 PB Draw Your Own Manga is by Tokyo manga artist Haruno Nagatomo, famous for her "boy's love" genre work

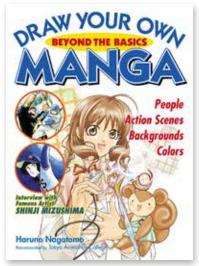


isbn 978-1-56836-501-5

Softcover; 96 pages; 260 x 190 mm; 8 colour pages; 100s of manga drawings + step-by-step illustrations; includes interviews with big-name manga artists

If you've ever wanted to draw manga but didn't know where to start, then this is the book for you. The text-book of choice at Tokyo Animation College (the leading school for manga artists in Japan), it covers all the basic information you need to get started.

- Which materials and tools are essential and how to use them.
- How to draw characters, and what proportions to use for bodies and faces.
- Techniques for creating simple but effective special effects in ink and screen tone.
- Easy rules for drawing in different perspectives.
- How to use photographic material for backgrounds. Famous artists Takeo Yaguchi and Toru Fujisawa share their thoughts on what it takes to be successful.



isbn 978-1-56836-502-2

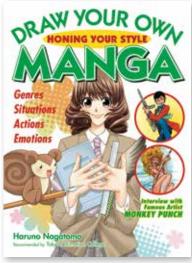
Softcover; 112 pages; 260 x 190 mm; 12 colour pages; 100s of manga drawings + step-by-step illustrations; includes interview with manga artist Shinji Mizushima

This book expands on some of the techniques explained in the first book and introduces new ways in to add personality and style to your manga.

- How to distinguish between male and female characters of all ages with physical features, facial expressions, and clothing.
- How to enhance your manga with a range of special effects, from flashes to sound effects.
- How to draw indoor and outdoor backgrounds from different perspectives, and how to use screen tone and ink to depict daytime and night scenes.
- How to use various types of colour ink, markers, and airbrushes to create stunning manga in colour.

 Record the Parise is the perfect part stop after you've.

Beyond the Basics is the perfect next step after you've got to grip with the basic techniques of the first volume.



isbn 978-4-7700-3045-0

Softcover; 96 pages; 260 x 190 mm; 8 colour pages; 100s of manga drawings + step-by-step illustrations; includes interview with manga artist Monkey Punch

How do I decide on characters and storylines? I still haven't got the hang of some techniques!

This volume offers more advanced ideas on how you can polish your style: the essential features of all the main genres: Schools and Shojo, Bishojo and Lolita, Boy's Love, Girl's Love, Ladies & "OL", Family, Pets & Animals, Sports, Martial Arts, Samurai & Ninja, Historical, Fantasy, Sci-fi and Horror. It also explains techniques used in common situations and actions: Arriving, Leaving, Running, Walking, Chasing, Jumping, Falling, Staircases, Sitting, Sleeping, Embracing, Sad, Laughing, Angry, Hostile, and Fighting. Includes advice and illustrations famous manga artists such as Ken Akamatsu, Makoto Kobayashi, Takeshi Kanda, Kosue Fujishima, Fumiya Sato, Waki Yamato, and Go Nagai.

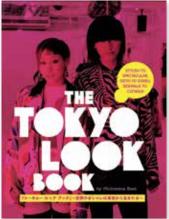


Kodansha Europe also handles Kodansha's English manga list *Kodansha Comics* in the U.K. & Ireland. The complete list of available titles can be found on our distributor Turnaround's website by clicking on the Kodansha link on the home page. Orders can also be placed directly with Turnaround.



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THE TOKYO LOOK BOOK

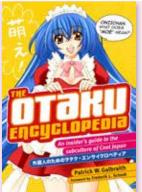
STYLISH TO SPECTACULAR, GOTH TO GYARU, SIDEWALK TO CATWALK By Philomena Keet

Tokyo is home to the most creative and stylish fashion in the world. This amazing book takes us on a dazzling journey through the streets, clubs, and boutiques of this trendsetting city to introduce us to the people who wear the latest fashions and the people who make them. Crammed with cool, full-colour photographs of Tokyo's trendy teen's and twenty-somethings captured candidly as they work and play, this is a comprehensive look at the richly varied fashion scenes that thrive in Japan's capital city... from the "gal" mecca of Shibuya, to the goths and cosplayers who hang out on Jingubashi bridge on Sundays, through the cutting-edge

kids on the Harajuku backstreets, to the stylish young professional men and women on Omotesando Boulevard. Insightful text from British anthropologist and fashion expert Philomena Keet is complemented by Yuri Manabe's revealing photos. Philomena offers witty and informative background information on each of the fashion scenes introduced, and a plethora of soundbites and guotes from the featured fashionistas.

In addition, there are interviews and spotlights on Tokyo's hottest fashion designers, magazines and boutiques, including:

SHIBUYA 109: Shibuya's iconic shopping mall; GLAD NEWS: one of 109s leading boutiques; KEIKO NAKANE: a former trendsetting charisma109 shop girl, now producer of her own fashion label; MANA: Japanese pop star and designer of Elegant Gothic Lolita brand, Moi-même-Moite; H.NAOTO: creator of the popular goth/punk brand; TAKUYA ANGEL: creator of the cult cyber-kimono brand; TEAM MESSAGE: designer of skate/streetwear brands; DOG: owner of a cult street-fashion boutique; SHOICHI AOKI: creator of the influential street-fashion magazine; FRUITS GARCIA MARQUEZ GAUCHE: the husband-and-wife team behind this stylish brand for young women; 5351 POUR LES HOMMES: a fashionable mens brand; TOKYO FASHION WEEK: a peek behind the scenes; MAN-NENYA: purveyor of traditional Japanese workmen's outfits.



Softcover; 248 pages; 188 x 132 mm half colour / b/w; 150 photos

£17.99 PB 978-1-56836-549-7

THE OTAKU ENCYCLOPEDIA AN INSIDER'S GUIDE TO THE SUB-CULTURE OF COOL JAPAN

by Patrick W Galbraith; Foreword by Frederick L Schodt

With over 500 entries - including common expressions, people, places, and moments of otaku history - this is the essential 'A to Z' of all the facts Japanese pop-culture fans need to know! Otaku: Nerd; geek or fanboy originates from a polite second-person pronoun meaning 'your home' in Japanese. Since the 1980s, it's been used to refer to people who are really into Japanese pop-culture, such as anime, manga, and videogames. A whole generation of people, previously marginalised with labels such as 'geek' and 'nerd' are now calling themselves 'otaku' with pride. The author, Patrick W. Galbraith, has spent several years researching deep in the otaku heartland and his intimate knowledge of the subject gives the reader an insider's guide to words such as moe, doujinshi, cosplay and maid cafes. Insightful interviews with key players - such as Takashi Murakami, otaku expert Toshio Okada, and J-pop idol Shoko Nakagawa - are interspersed throughout the book offering an even deeper look

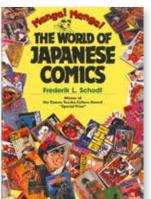
Yakuza Moon

YAKUZA MOON - The Manga Edition THE TRUE STORY OF A GANGSTER'S DAUGHTER by Shoko Tendo; Adapted by Seán Michael Wilson

into the often misunderstood world of Otaku. This is the definitive Otaku guide.

Born into the family of a yakuza boss, Shoko lives her early years in luxury. But she soon becomes the victim of bullying and discrimination from teachers and classmates, and of her father's drunken rages at home. As her family falls into debt and her father's power wanes, she falls in with the wrong crowd, and by the age of 15 she is a gang member, by 18 a drug addict. Shoko sinks lower and lower until the act of getting a vakuza tattoo seems to empower her, and she emerges a changed person. A gripping and moving true story.

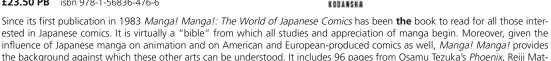
Softcover; 192 pp; 226 x 152 mm; Manga: Michiru Morikawa ishn 978-4-7700-3146-4



Softcover; 260 pages; 257 x 182 mm 8 colour pages, 185 b/w photos 96 pages of comics stories

MANGA! MANGA! THE WORLD OF JAPANESE COMICS

by Frederik L. Schodt; Introduction by Osamu Tezuka £23.50 PB isbn 978-1-56836-476-6



Frederik Schodt's meticulous research and personal anecdotes make this work truly irreplaceable. His translation genius shines through, it's his job to break the language barrier, and he does it so well one forgets that at the time he wrote it, nobody knew what a manga was. Be advised, this is classy stuff. There's no amateurish, media-studies fudging, no fancy guesswork about partially-understood titles, but an incredible introduction to the manga world, presented with stunning clarity. Schodt has no need to rely on what others translate, by going straight to the source he remains years ahead of the competition. This is still the best book on manga, and even now, the only serious contender is Schodt's own Dreamland Japan. After nearly 20 years of being plagiarised by lesser writers, Schodt's book is still effortlessly outshining them all.

"... a thoroughgoing exposition of the manga genre in text and pictures." - The New Yorker

sumoto's Ghost Warrior, Riyoko Ikeda's The Rose of Versailles, & Keiji Nakazawa's Barefoot Gen.

"An excellent historical guide to manga, as well as a fine introduction to various artists and major thematic concerns." - Variety

<u> বরুঝ বার্ব বোর ঝ খীবা</u>

JAMYANG KHYENTSÉ WANGPO'S

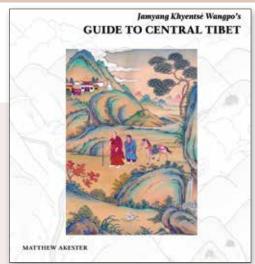
GUIDE TO CENTRAL TIBET by Matthew Akester

This beautifully illustrated book is a rare example of non-liturgical literature that has been superbly edited by Matthew Akester to offer the modern reader an insight into location and nature of the many sites of pilgrimage in central Tibet – so many of which have been destroyed in recent times.

The Ütsang Néyik (dbUs gTsang gNas yig - 'itinerary for pilgrims touring central Tibet') was composed in the 19th century as a guide. It is also valuable as a sourcebook of information on the many temples, monasteries and other buildings destroyed in recent times. It has now been in use for a century, consulted and cherished by literate pilgrims from all over the Tibetan world. It also gained the attention of the foreign pioneers of Tibetan studies in their search for non-liturgical literature, notably professor Giuseppe Tucci, who encouraged one of his students, Dr. Alfonsa Ferrari, to prepare an English translation. This was eventually published in 1958 with editing and annotation by professor Luciano Petech in consultation with the late Hugh Richardson, then recently returned from Tibet. It became the standard scholarly work on the subject, and something of a classic.

Matthew Akester has revisited the *Guide*, dividing the 200+ entries into 18 chapters in three main regions, each beginning with a translation of the relevant section of the *Guide* and then going through place by place. In each case the location is pinpointed, the history and folklore summarised and the buildings described as they were before the 1959 uprising against Chinese invasion and rule and the subsequent repression. Thanks to his considerable effort and dedication, this guidebook has been updated for the modern scholar, researcher, and traveller, and in particular for those interested to learn how Tibet was up to very recent times. As it is estimated that more than 95% of the edifices and monuments of Tibet were destroyed in the late 1950s and 1960s,

this book is priceless in allowing us accurate insight into that lost Tibet. The book contains innumerable Tibetan-style maps and routes, old black & white and more recent colour photographs of the various locations, sites and buildings. The orginal Tibetan text folios are reproduced with English translation and the phonetic Tibetan used in the author's text is transliterated for the indexes of place names and personal names.



SERINDIA.

isbn 978-1-932476-60-6

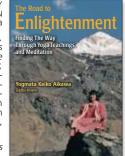
£110 HB

824 pages; 279 x 259 mm; full colour throughout; 100's of old and new photos, drawings and maps, reproduction of original Tibetan folios; English translation; phonetic Tibetan romanisation used, with complete transliteration list; copious footnotes: bibliography: index

THE ROAD TO ENLIGHTENMENT FINDING THE WAY THROUGH YOGA TEACHINGS AND MEDITATION by Yogmata Keiko Aikawa

"What is commonly referred to as yoga, or essential yoga, has become very popular because of the physical postures and poses.. that it involves, which are considered valuable tools for maintaining health and beauty. Actually, however, yoga is more concerned with mental and spiritual well-being than physical activity." After years of study, Keiko Atleava embarked on an austere and rigorous training programme in the Himalayas and achieved samadhi, which she describes as "the highest goal of life. It means to reach the essence of the source that brings success to all: health, natural balance and ultimately complete enlightenment."

Softcover; 228 pages; 216 x 140 mm; 4 pages colour photos isbn 978-1-56836-548-0 **£12.99 PB**



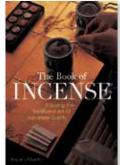
THE ESSENCE OF SHINTO JAPAN'S SPIRITUAL HEART by Motohisa Yamakage

Motohisa Yamakage was initiated into the mysteries of ancient Shinto and its various rituals and customs from an early age. Through years of dedicated study and practice, he has become one of the most famous and renowned writers on Shinto, with an unrivaled authority to explain its role in modern Japan and the world. Through thoughtful discussions and careful analyses, the author explores how the teachings of Shinto distinguish it from other world religions, from its lack of any all-encompassing doctrines or injunctions to its affirmation that any human being can acquire the noble characteristics of *Kami*—Shinto's highest spiritual being.

Hardcover: 232 pages; 189 x 132 mm; 15 b/w photographs isbn 978-1-56836-437-7 **£19.99 HB**



The extraordinary story of the hazing, intimidation and violence that forms part of Soto Zen training at Eihei-ji temple in Japan

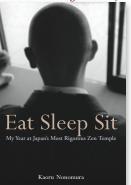


Softcover; 136 pages 188 x 132 mm

THE BOOK OF INCENSE ENJOYING THE TRADITIONAL ART OF JAPANESE SCENTS by Kiyoko Morita

Incense has a long history in Japan. Even today, Japanese incense is highly regarded for its subtlety and beauty. This is the first book in English to focus on the incense traditions of Japan: ingredients, blends and mixtures, traditional literary games involving incense, and *Koh-do*: ('The Way of Incense') — the incense ceremony still performed today.

With the current popularity of aromatherapy and other uses of scent for relaxation and pleasure, this great little paperback edition comes at a most opportune time. It is essential reading for anyone who wants to gain a new awareness of the importance of scent and its role in traditional and contemporary Japanese culture. It further offers a key insight into how to make optimal use of the sense of smell in our everyday lives.



 $\mbox{\bf EAT}, \mbox{\bf SLEEP}, \mbox{\bf SIT}$ my year at Japan's most rigorous zen temple by Kaoru Nonomura

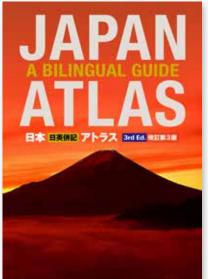
From the beginning, Nonomura and his fellow trainees are slapped, punched, kicked, and shoved down flights of stairs. Climbing back up only earns them more kicks and blows from monks, as does virtually any violation of protocol, however minor - even eye contact with a superior. A better question might be, "Why on earth would you stay?"

As described by Nonomura, such violence is pervasive and unrelenting in the lives of Zen initiates at Eihei-ji. It includes sleep and food deprivation so bad that trainees are frequently hospitalised. Having completed the first part of their initiation, Nonomura and his fellow trainees are expected to brutalise the newer recruits. Something has gone fundamentally awry in the traditional training of would-be monks at Eihei-ji. This is Buddhism?

Softcover: 328 pages; 189 x 132 mm **£14.99 PB** 978-1-56836-565-7

978-1-56836-572-5 **£12.99 PB**

Kodansha Bilingual Maps & Atlases - Leaders in the Field...



isbn 978-1-56836-480-3 Softcover; 120 pages; £21 PB

226 x 152 mm; 88 colour pages; 68 colour maps

JAPAN ATLAS - A BILINGUAL GUIDE 3rd Edition (Revised & Updated)

by Kodansha USA

This atlas, the only one of its kind to provide place-names in both English and Japanese, is an invaluable tool for foreign residents of Japan, and an indispensable, handy companion for travellers.

- 21 large-scale maps of the regions of Japan compiled using digital satellite images, including Greater Tokyo and the Kanto area, the Greater Osaka Area, and almost all of the officially registered Japanese cities, towns and villages. There have been major changes in recent years, following a government policy to have many cities, towns and villages merge. This atlas incorporates all the changes.
- 19 maps of major metropolitan areas, from Naha in Okinawa to Hiroshima, Kyoto, Nagoya, Tsukuba, Sapporo, and many others.
- 7 maps featuring notable tourist and resort areas, including Fuji-Hakone-Izu, Nara, Kamakura, Nikko and others.
- 8 transportation maps, including road and intercity railway maps, Tokyo and Osaka subway and rail maps, and even major domestic airline routes.
- 7 thematic maps, indicating natural parks, world heritage, special historic spots, Ramsar convention entry areas, ceramic kiln areas, and more.
- A comprehensive index.
- A list of embassies, consulates, and sister cities.

TOKYO CITY ATLAS - A BILIN-GUAL GUIDE 3rd Edition (Revised & Updated) by Kodansha USA

This is the updated third edition of an atlas first published in 1998. During the past six years, the transportation network of the metropolitan area of Tokyo has changed a good deal. In the case of the subway system,



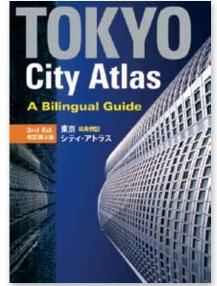
£12.99 PB

JAPAN BILINGUAL MAP - 3rd Edition (Revised & Updated) by Kodansha USA 1070 x 770 mm [wallet 264 x 138, laminated] isbn 978-1-56836-507-7

Complete fold-out map of the whole country, with detailed maps of Tokyo, Yokohama, Osaka, Kobe, Kyoto, Nara, Nagoya and Fuji-Hakone.

It consists of a wall map of showing all of Japan, plus 8 insets and detailed maps of major districts, island groups, cities, and surrounding countries. A great guick reference to keep on the wall or carry on trips. There has been a drastic change in recent years, following a government policy to have many cities, towns and villages merge. This map has incoporated all of the changes.

Uniquely bilingual, this allows users to easily communicate requests for directions or other advice to Japanese friends or strangers.



isbn 978-1-56836-445-2 Softcover; 124 pages; £21 PB

212 x 152 mm; 51 colour maps; exhaustive index

lines have been extended, and some rapid-transit lines have been added, so code numbers for each station are given in our atlas for foreign travellers to identify them easily. In addition, as a result of urban development in areas such as Roppongi, Shinagawa, and Shiodome, guite a few new company buildings, stores, and hotels have appeared. These developments are also covered in this updated edition.

- 21 area maps of Metropolitan Tokyo (42 pages) showing not only chome (area) numbers but also banchi (block) numbers.
- 18 detailed maps of Central Tokyo (30 pages) to guide the reader even to numbered subway station
- 7 maps of central Yokohama and Kawasaki and access maps to the three main U.S. military bases (Yokosuka, Yokota and Zama).
- Comprehensive index: More than 3,600 entries of town and station names, as well as major organisations and buildings, provide the user with easy access to all destinations.







POSTCARDS from CHINA by Ingrid Booz Morejohn

POSTCARDS FROM CHINA is a penetrating collection of texts and pictures: spontaneous, of-the-moment images that go straight to the heart of life. Counting down from Day 100 of her final 9 weeks of a long sojourn in Chengdu in Szichuan Province, the author / photographer takes on the modern city of Chengdu, observing her surroundings with a keen eye and sharp perspective gained from three decades of reflection on China. Her broad range of subjects include street fashion, pandas, food delivery men, bubble tea, baby split pants, garbage recycling, transport and habits of the mega-rich. Photographed with only a smartphone and originally posted on the popular social media app Instagram - #ChinaCountdown - Booz Moreiohn shared her great affection for China with an online global audience ranging from homesick Sichuanese to local expats to China travel wannabes.

Swedish-American photographer and writer Ingrid Booz Morejohn lived in Chengdu, capital of Sichuan Province, from 2006-2014. With just over three months to go before moving away, she began a photographic countdown to record her last 100 days. These quirky portraits of local inhabitants and their daily life affectionately describe Chengdu as she came to know and love it over a period of many years. She first travelled to China as a backpacker in 1985 and frequently visited Chengdu, 978-1-932476-74-3; 191 x 194 mm staying at the infamous now demolished underground bomb shelter Black Coffee Hostel for a dollar a night. Over the next 30 years she travelled to every province in the country, writing and photographing several books on Chinese culture. The insights and observations she offers in this book are priceless.



£18 flexi softcover 216 pages, all in full colour (NOT a postcard book!)

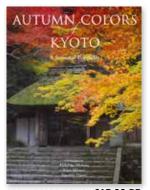
FOUR SEASONS OF

978-4-7700-3143-3 £13.99 PB Softcover: 104 pages; 250 x 190 mm 96 colour pages, maps

FOUR SEASONS OF MT. FUJI

Photos by Y. Ohyama, S. Yamashita

Mt Fuji has been revered by the people from ancient times. It is certainly an incredible sight to behold. Its expressions change by angle, by day or night, by season: it is never the same, yet it always appears breathtaking. This book introduces 40 images taken by two famous, award-winning photographers who have been shooting Mount Fuii for many years. Many beautiful objects of art that contain images of Mt. Fuji are also introduced, giving the book a deep cultural context that is admirably supported by the explanatory text. Back matter includes a cultural history of Mt. Fuji, popular climbing routes to the top, best spots to view the mountain, maps, and an accommodation guide.



978-1-56836-561-9 £15.99 PB Softcover: 104 pages; 250 x 195 mm 96 colour pages, intro text & captions

AUTUMN COLORS OF KYOTO

A SEASONAL PORTFOLIO

Photos by H. Mizuno, K. Mizuno & Y. Ogawa

Why are the autumn colours of Kyoto described as the most beautiful in Japan? The delicate, almost translucent autumn hues, which derive from the city's unique plant life and climate, are undoubtedly lovely to behold, but clearly that is not the only reason. The secret of Kyoto's autumn beauty lies in a perfect harmony of the natural and the man-made, the culmination of centuries of history. This book introduces 49 magnificent Kyoto locations - predominantly temples and shrines - ideal for viewing the season's fiery displays. It includes history and culture, 6 maps with access information, bilingual addresses and telephone numbers of the places listed.

CHERRY BLOSSOMS ОГ КҮОТО

photos: H. Mizuno K Mizuno, Y Ogawa

A companion to Autumn Colors of Kyoto (above right) this features 48 outstanding charry blossom viewing locations photographed by 3 Kyoto natives who have made it their mission to convey the unique beauty of their cityscape. Includes bilingual maps and address info for each location.



£15.99 PB 978-1-56836-560-2 104 pages; 250 x 195 mm 96 colour photos

SEEING JAPAN

by Charles Whipple

A gloriously illustrated introduction that showcasing the finest of Japan, in full-colour photographs and lively text. Everything from the natural beauty of the landscape to the ever popular traditional arts and customs is covered. including the technology for which Japan is renowned worldwide.

Part 1 presents landscapes and customs, while Part 2 looks at the arts and

country's history, language, and people.

tradition. Part 3 gives background information on the

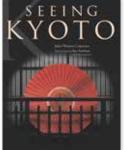
978-1-56836-443-8 £30 HB 104 pages; 304 x 235 mm 130 colour photos



by Juliet Winters Carpenter Kyoto is the heart and soul of Japan. The rich textures of 13 centuries of culture seem to have woven themselves into the very air. The ancient feel of the Gion guarter, where geisha still ply their trade.. the quiet dignity of the cobblestone back streets lined with traditional wooden houses

SEEING KYOTO

Seeing Kyoto captures all the elegance and charm of this beautiful city with dozens 978-1-56836-444-5 £30 HB of stunning images. With insightful text, long-time Ja-



96 pages; 304 x 235 mm 124 colour photos

pan resident Juliet Carpenter delves into the cultural history of Kyoto, as well as its treasures: artistic, culinary, and historical.

travel & travel writing



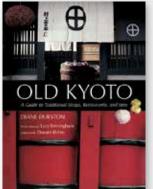
Travelling only along small back roads, Alan Booth traversed Japan's entire length on foot, from THE ROADS TO SATA A 2000-MILE WALK THROUGH JAPAN by Alan Booth, author of Looking for the Lost (below)

Soya at the country's northernmost tip, to Cape Sata in the extreme south, across three islands and some 2,000 miles of rural Japan. The Roads to Sata is his wry, witty, inimitable account of that prodigious trek. Although he was a city person-he was brought up in London and spent most of his adult life in Tokyo-Booth had an extraordinary ability to capture the feel of rural Japan in his writing. Throughout his long and arduous trek, he encountered a variety of people who inhabit the Japanese countryside-from fishermen and soldiers, to bar hostesses and school teachers, to hermits, drunks, and tramps. His wonderful and often hilarious descriptions of these encounters are the highlights of these pages, painting a multifaceted picture of Japan from the perspective of an outsider, but with the knowledge of an insider.

This is travel writing at its best, illuminating and disarming, poignant yet hilarious, critical but respectful. Readers will enjoy the wit and insight of a uniquely perceptive guide, and more importantly, they will understand why an often misunderstood nation can not be understood... Brilliant!

Softcover: 302 pages 214 x 142 mm

isbn 978-1-56836-187-1 **£13.99 PB**



OLD KYOTO

188 x 132 mm

Foreword by Donald Richie

A GUIDE TO TRADITIONAL SHOPS, RESTAURANTS AND INNS

by Diane Durston

Softcover: 248 pages 100 photos, 53 maps 50 shop logos & illustrations glossary, indexes

isbn 978-1-56836-545-9 £19.99 PB Revised Edition

When travellers emerges from Kyoto station into a bustling, modern city, the first guestion is "where are the temples, shrines, inns, tea-shops, merchant houses, centuries-old family craft businesses and ancient restaurants..?" The mass-market guide books have all the information you need for the temples and shrines - but this gem of a book is the only one that offers all the rest and a lot more. It is a

priceless guide to the relics of old Kyoto: so Japanese and hidden that they are almost impossible to find. Places like Nishiharu, a small tatami-room shop selling authentic Ukiyo-e prints whose owner greets you with a cup a tea and a smile, or Ippo-Do, a 140year old tea shop who's name ("One Promise") is an undertaking never to sell anything but tea, and Tawara-ya, an inn so beautiful

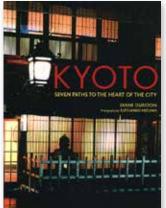
that lingering in its garden made the King of Sweden late for an official tour of the city. **Old Kyoto** divides the city into regions, showcasing all the many hidden treasures of each: crafts,

antiques, Japanese-style hotels, restaurants and food-sellers. .

LOOKING FOR THE LOST JOURNEYS THROUGH A VANISHING JAPAN by Alan Booth

A VIBRANT, MEDITATIVE WALK IN SEARCH OF THE SOUL OF

JAPAN... Travelling by foot through mountains and villages, Alan Booth found a Japan far removed from the stereotypes familiar to Westerners. Whether retracing the footsteps of ancient warriors or detailing the encroachments of suburban sprawl, he unerringly finds the telling detail, the unexpected transformation, the everyday drama that brings this remote world to life on the page. Looking for the Lost is filled with personalities, from friendly gangsters to mischievous children to the author himself, a British expatriate who found in Japan both his true home and a dogged exile. Wry, witty, sometimes angry, always eloquent, Booth is a uniquely perceptive guide. This is a technicolour journey into the heart of a nation. Perhaps even more significantly, it is the self-portrait of one man. Alan Booth, exquisitely painted in the twilight of his own life.



KYOTO SEVEN PATHS TO THE HEART OF THE CITY by Diane Durston photographs by Katsuhiko Mizuno

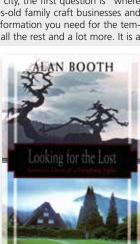
Softcover: 416 pages 214 x 142 mm isbn 978-1-56836-148-2 £13.99 PB

The author lived in Kyoto for nearly twenty years and knows the ancient capital intimately. In her photo essay / travel guide, she takes readers through several historic neighbourhoods of Kyoto, ranging from the popular (Gion District and Sannenzaka/ Ninenzaka) to the less-visited (Fushimi area and Uji District). Hand-drawn maps are included with each walk as well as directions on how to get to the starting points. Durston also included a few sections at both the beginning and end of the book that offer a brief primer on Japanese culture and architectural styles. The introduction focuses on the machiya, the traditional townhouse of Kyoto – its construction, its role in the community and its preservation. The appendix focuses more on a general overview of Japanese culture, with topics like tea ceremony, cuisine and festivals.



£22 PB

The book is written in a very readable style. Durston doesn't talk down to her audience but approaches Kyoto's history, culture and architecture in a way that even those new to the subject don't feel lost. Her walks on Gion and the Ninenzaka/Sanenzaka are fairly good and she covers other neighbourhoods that receive much less attention in the standard quidebook. For example, Arashiyama is frequently written up in mainstream guides, but the Sagano area just north of that is typically overlooked. The photos that accompany the walks, done by Katshuhiko Mizuno, play the important role of showcasing the best of each district and the shots are colourful and engaging. (Uncovering Japan)



000-Mile Walk Through Japan

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